

These are not days when children will honor their parents unless the latter have striven to do their duty. There can be no holier sight than to see an aged father surrounded by a circle of proud and affectionate children, who in the full bloom of manhood remind him of what he was thirty or forty years before, when it was June not November with him. There is no spectacle more distressing than to look on men and women whose tottering feet are pausing on the brink of an unhonored grave. Their children with neglected minds, evil passions, and unhealthy bodies, stand indifferently around, thinking to themselves that they have reason to despise the unhappy beings who gave them birth, and who failed to train them up properly. It is hard to decide whether the old man, who has wasted his life, squandered his opportunities, failed in his duty to his offspring, or the neglected ill-trained, unhappy, diseased children, are the more pitiable. Fortunately, He who has to judge cannot go wrong, and His rewards and punishments will be tempered with justice and mercy.

No. V.

Few seem aware how easily some of the blessings, which careful attention to and patient study of the laws of health have it in their power to confer, can be brought within the reach of all classes. Better days are coming. Before long some fruit will reward the patient and disinterested labors of the hundreds of medical and scientific men, now earnestly at work trying to prevent what can so seldom be cured.

Were curative medicine a strong and sure defence it would still be far easier to prevent suffering than to call in the resources of the physician's art to restore health which ought never to have been endangered. But since curative measures are generally uncertain, and only delude those who rely on them, it becomes ten times more important to call in the assistance of that noble branch of medicine which appears to have boundless power for good, and which, when carried wisely into practice, is almost free from any admixture of evil.

In the splendid triumphs of preventive medicine in the past is a promise of what the future will certainly bring. In the lessened mortality, the longer and healthier lives—the pri-