your life will be beautiful as gold. One Sunday a long time ago we had a lesson about a man, eighty years old, who said, "I am strong to go out and strong to come in because I have wholly followed the Lord" (Caleb. in Josh. 14. 11).

Friday. Talk of verse 32. Repeat the Golden Text. In our last less-on we talked of being strong. David said that God was his strength, but Solomon says that there is something better than strength. What do you think it is? It is being able to keep the temper and not be quick to become angry. It is a greater thing to have strength to hold our own spirit, and to be able to control our hearts and lips and hands, than it is to be able to take a whole type for our own. The same God who helped David and Solomon to be strong will help us to be strong and wise and thoughtful.

Nature Work. Talk of the honeycomb and its sweetness. The bees are busy these early autumn days getting honey from the last of the flowers. They will put it into their little storehouse, called honeycomb, Talk of the habits of bees, and have the children observe the perfect geometrical figures of the honeycomb.

ART WORK. Sing songs and play games about bees. The first gift may furnish flowers for the little bees.

HAND WORK. The small children may make bee-cells with parquetry paper, and with sticks and rings they may build beehives. These may be modeled in clay also.

The Transition Class may color the lesson card, which shows us that together we may follow Jesus, and learn how to be gentle and good.

Science at Home with Mother. Talk of industry. It is the little industrious child that accomplishes much, and the pleasant words which the heart has taught the lips to speak go with little acts of loving service so prized in the home. The old rhyme of the busy bee improving "every shining hour" is a good one for us to remember.

"Pleasant words are as a honeycomb."

THIRD QUARTERLY REVIEW.

Golden Text. "The name of the Lord is a strong tower; the righteous runneth into it, and is safe" (Prov. 18, 10).

Primary Notes.



Did you ever hear the wind blow hard? Sometimes it is pleasant to feel the wind, and you are glad of it; but can you tell me how the wind may do harm? There is a wind that is called a cyclone, and this

kind of a wind blows down trees and houses, and sometimes people are killed. In the West cyclones come often; what would the people living there need? A place where they can run for safety, and so they dig what are called cellars or holes in the ground; when they see the big wind clouds coming toward them they run into these cellars and are safe, for the wind blows over them and passes by.

[Tell about the Cities of Refuge, and how the man who was in danger could run inside the gates and be safe.]

Many years ago, when there was more fighting in the world and people lived farther apart because there were not so many, men used to build for themselves strong eastles or towers; then, when the owner was in danger, he could run into this tower and be safe.

Who was the man that from the time he was a shepherd boy was often in danger? Who always helped and saved him? David must have been thinking of these dangers and how he had been kept in safety when he wrote many of his psaims; one begins (Psalm 18. 1, 2). He must have told Solomon about these dangers and who his Helper had been, for in the book Solomon wrote he said. (Repeat Golden Text.) That means, the Lord is able to keep those who go to him in time of need safe from all kinds of dangers and enemies.

Let us make a tower of twelve stones on the board; each stone will stand for a lesson we have had this last quarter, and in each we will find a reason why the Lord is such a helper. [Uncover the tower and put number 1 on the lowest right-hand block.] Review the first lesson, bringing out the thought that God reigns over the word, and so we may feel safe. [Print in No. 1 "Reigns."]

[Review second lesson, numbering second block.]
Why did David grow great! David nover feared
as long as God was with him, nor need we. Jesus
said (Matt. 28, 20). If the Lord is with us we
are safe. [Print "With us."]

What did King David bring to Jerusalem with great joy? [Number and review the third lesson.] As long as the ark was in Obed-edon's house, what came to the house? The heart where God dwells is always blessed. [Repeat Golden Text, and print "Blessed to trust."]

What did David want to build for the Lord! Though he was not allowed to do so, God gave him some beautiful promises about his kingdom and his Son; these must have made David very happy, and made him feel safe in God's hands, We, too, may feel happy and safe because there are many promises in the Bible that are meant for us [Repeat one or two and print "Promises precious."]

To whom did David show kindness? Whyt David's love makes us think of whom? How did Jesus show his love? If Jesus loves us so much, he will surely keep safe those who go to him. [Print "Loves us."]

In David's battles who won the victories!
Why? The Lord showed him what to do and saved him from harm; so David said, [Repeat

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