# PRAISE THE LORD.

BY MRS. P. ALDERMAN.

I THANK thee, Father, for the hour Of daylight's freshest smile. With rising sun I see thy power In corded leaf and opening flower; All these my heart beguile.

Is is, dear Lord, thy opening hand That feeds the birds and me; Nothing so small in all the land Thy wondrous skill and love hath plann'd But thou dost always see.

Sure he will watch and care for me; He fashioned all my frame; I know his love would have me be From every sin forever free, And triumph in his name.

So sweetly he invites to come, I'll reach to him my hand, And let him lead me day by day By his own will, in his own way, To heaven's blissful land.

# LESSON NOTES.

## FIRST QUARTER.

OLD TESTAMENT HISTORY.

[January 28. LEBRON IV. BO. 2848.]

GOD'S COVENANT WITH NOAH.

Memory verses, 11-18. Gen. 9. 8-17.

### GOLDEN TEXT.

I do set my bow in the cloud, and it shall be for a token of a covenant between me and the earth.—Gen. 9. 13.

### OTITLINE.

1. The Covenant, v. 8-11.

2. The Token, v. 12-17.

#### EVERY-DAY HELPS.

Mon. Find out why God sent a flood upon the earth,-Gen. 6. 1-7.

Tues. Read about the great flood.-Gen. 7. 17-24.

Wed. Read lesson versos.

Thur. Learn the Golden Text.

Fri. Find a beautiful promise.-Gen. 8. 22.

Sat. Learn why we think God will keep

his covenant.-Dent. 7. 9. Sun. Think how dangerous it is to forgat God.

## DO YOU KNOW-

How long had Abel been dead? How many years make a century? Why did God say he must punish the people ? How did he punish them?

What good man lived then? What did God tell him to build? What did he tell him to take into the ark? How many men and women went into the ark? Eight. When did Noah and his fam 'y come ons of the ark? What was the first thing they did ? Who came and talked with

Noah ? What did the Lord say he would What What is a covenant? make ? promise did the Lord make? What is the sign that God remembers his promise ? Of what does the rainbow remind us?

I WILL TRY TO REMEMBER-

That God wants to make a covenant with ma.---Heb. 8. 10.

That Jesus is the mediator of this covenant.-Heb. 12. 24.

OATECHISM QUESTIONS.

Where is God! God is everywhere. What can God do! God can do whatever he will.

B.O. 1922.] LESSON V. [February 4.

BEGINNING OF THE HEBREW NATION.

Memory verses, 1-8. Gen. 12. 1-9.

## GOLDEN TEXT.

I will bless thee, and make thy name great; and thou shalt be a blessing .-- Gen. 12. 2.

#### OUTLINE.

1. God's Call, v. 1-8.

2. Abram's Faith, v. 4-9.

# EVERY-DAY HELPS.

Mon. Read God's call to Abram.-Gen 12. 1.9.

Tues. Learn the promise God made to Abram Golden Text,

Wed. Learn how old Abram was when God called him.

Thur. Learn from the lesson where God met Abram.

Fri. Find when Abram's name was changed, and to what .-- Gen. 17. 1-5.

Sat. See how many times Abram is mentioned in Galatians.

Sun. Learn Jesus's call to you.-Matt. 11. 28, 29.

### DO YOU KNOW-

Who lived in the land of Ur? How long after Adam did Abram live? How long before Christ came?

Whom did Abram worship? Who spoke to him one day? What did he tell him to do? What promise did he make them? Did Abram know where his new home would be? Why did he obey God? Because he believed him.

Who went with Abram? What did he take along? To what land did the Lord bring them? To what city did Abram first come? What did he build there? Where did he next stop? What did he build there? What did the altar stand for? Worship.

I WILL TRY TO REMEMBER-

That God calls me to leave sin and come to him -2 Cor. 6. 17.

That if I obey him he will make me his child.-2 Cor. 6. 18.

## CATEOHISH QUESTIONS.

Does God know all things? Yes, God | Gem.

knows all things; every thought in man's heart, every word, and every action.

Will he call us to account for all we think and do f At the last day God shall bring every work into judgment, with every secred thing, whether it be good or whether it be evil.

# WHAT ARE YOU GOOD FOR!

"CHILDREN," said Mr. Brown, "what is my watch good for ?" "To keep time," the childron answered.

"But suppose it can't be made to keep time, what is it good for ?

"It is good for nothing," they replied.

"And what is this pencil for i

"To mark with," said the children. "But suppose it has no lead, and will not mark, what is it good for ?"

"Good for nothing.

"Well," said Mr. Brown, "what is the use of my knife?"

"To cut with," answered the little oncs. "Suppose it had no blade," he asked

again, "then what is the knife good for ?" "Good for nothing."

"Tell me now," said Mr. Brown, "what is a boy or girl good for? What is the chief end of man?"

"Oh that's catechism," said Willie Brown. "'To glorify God and enjoy him forever.'"

"Very well. If a boy or girl does not do what he or she is made for, what is he or she good for ? '

And the children all answered, without seeming to think how it would sound, "Good for nothing."

Dear boys and girls, if you are not seek-ing "to glorify God and enjoy him for-ever," is it not just as if you were "good for nothing ?" for nothing?'

# LITTLE BLOSSOM'S WIT.

THE quick wit with which some children are gifted is illustrated in the following :

" Mamma," said little Gracie, whom we call little Blossom, as she tossed asido her dolls, "may I go over and see Mrs. Lonnis?"

"No, dear, not to-day," replied her mother, who, knowing how often Gracie ran over to "see Mrs. Lonnis," was afraid she might become troublesome; "some other time you may."

Gracie gathered up the rejected dolls, but sat for a time in deep thought. At last her face brightened, and springing up the mamma and you are my little girl." ' Very well," smiled the unsuspecting mamma, surious to amuse her little daughter; " now what must I do?"

"Ask me if you may go to see Mrs. Lonnis?"

"Well, mamma, may I go and see Mrs. Lonnis?"

"Yes, my dear," came the quick reply from Mrs. Blossom, "and get my bonnet and I'll go, too."

It is needless to say they went ---------Ohild'e