

**"Meat Prices Will Not Come Down"** is the cheerful news from the Department of Agriculture. Meat prices will not worry the man or woman who knows that a **Shredded Wheat Biscuit** will supply more real body-building nutriment than beefsteak or eggs and at much less cost. Shredded Wheat remains the same price, the same high quality, supplying all the nutriment a man needs for a half-day's work. Two shredded wheat biscuits with peaches and cream or other fruits make a complete, nourishing meal at a cost of not over five cents.

Made in Canada

**THE BUBONIC PLAGUE.**

Disease is identical with the "Black Death" of the Middle Ages.

It is a remarkable fact that many physicians who have devoted considerable labor to the study of a particular disease have themselves died of that disease.

One of the most interesting examples is that of John Daniel Major, born August 16, 1834, in Breslau, a physician and naturalist of no mean ability. Bitten by wolverine, he studied at Wittenburg, took courses at many of the schools in Germany and finally went to Italy, where he received the degree of doctor of medicine at Padua in 1860. Returning to his own country, he resided for a short time in Silesia, Margaret Dorothy, a daughter of the celebrated Sennert. The following year his young wife was stricken with plague and died after an illness of eight days.

Disappointed by his loss, Major wandered up and down Europe, studying plague wherever he found it, in the hope that he might discover a cure for the disease which had bereaved him. Spain, Germany, France and Russia were visited by him. He settled in 1865 in Kiel, where he was made professor of botany and the director of the botanical gardens. He made frequent voyages, however, always in quest of the remedy for plague. Finally, in 1893, he was called to Stockholm to treat the queen of Charles XI, then ill with plague. But before he could render her any service, he contracted the disease and died on the third of August.

The bubonic plague of to-day is identical with the "black death" of the Middle Ages. Primarily a disease of rodents, caused by a short, dumbbell-shaped microscopic vegetable, the pest bacillus, it occurs in man in three forms: The pneumonic, which has a death rate of almost 100 per cent.; the septemic, which is nearly as fatal, and the bubonic, in which even the most modern methods of treatment the mortality is about 50 per cent. It is a disease of commerce, spreading around the globe in the body of the ship-borne rat. It is estimated that every case of human plague costs the municipality in which it occurs at least \$7,500. This does not take into account the enormous loss due to disastrous quarantines and the committal paralysis which the fear of the disease so frequently produces.

The disease is now treated by a serum discovered through the genius of Yersin. This is used in much the same way as is diphtheria antitoxin.

Plague is transferred from the sick rodent to the healthy man by fleas. This sick rat has enormous numbers of plague bacilli in its blood. The blood is taken by the flea, which, leaving the sick rat, seeks refuge and sustenance on the body of a human being, to whom it transfers the infection. Since plague is a disease of rodents and since it is carried from sick rodents to well men by rodent fleas, safety from the disease lies in the ex-

clusion of rodents, not only exclusion from the habitation of man, but also from the ports and cities of the world. Those who dwell in rat-proof surroundings take no plague.

**BLAME ON AUSTRIA.**

Looked Upon as the Cause of All Germany's Misfortunes.

A Russian officer arriving in Paris from the eastern front states that the difficulties experienced by the Austrians in transporting troops from the Italian front to Galicia in order to meet the Russian offensive are very great. The Germans had to do the bulk of the work during the first three weeks of the Russian offensive.

Before Kovel and on the road to Lemberg the resistance is made by the Germans. Indeed, had the Austrians been left to themselves during this period they would have been unremediably lost, since they were unable to bring up to the battlefield more than eighty or a hundred thousand men.

The anger of the Germans against the Austrian command can therefore be easily imagined. Austria's attack on the Trentino, which ended in a formidable check, is made the subject of derision by the Boches, who also see in it the cause of all their misfortunes.

**THE ROAD TO HEALTH**

Lies Through Rich Blood and Strong Nerves.

Debility is a word that fairly expresses many ailments under one name. Poor blood, weak nerves, impaired digestion, loss of flesh, no energy, no ambition, listless and indifferent. This condition is perhaps the penalty of overwork or the result of neglected health. You must regain your health or succumb entirely. There is just one absolutely sure way to new health — take Dr. Williams' Pink Pills. These pills will bring you new life, fill every vein with new, rich blood, restore elasticity to your step, the strength of your health to your cheeks. They will supply you with new energy and supply the vital forces of mind and body.

There is not a corner in Canada where Dr. Williams' Pink Pills have not brought health and hope and happiness to some weak debilitated person. If you have not used this medicine, you will tell your neighbors and your friends that you are suffering from some ailment which has been restored to health and strength through using Dr. Williams' Pink Pills. One who has always a good word to say for Dr. Williams' Pink Pills is Mrs. Luther Smith, of West Hill, Ont., who writes: "I feel it a duty as well as a pleasure to tell you what Dr. Williams' Pink Pills have done for me. I had an operation for tumors. The operation in itself was quite successful, but I was so badly run down and anemic that I did not gain strength, and the incision did not heal, until I weighed only eighty-six pounds and could scarcely walk across the floor. I had got so sick of doctors' medicine that I would vomit when I tried to take it. A good friend urged me to try Dr. Williams' Pink Pills, so I bought a box. Before they were gone I thought I could feel a difference, and I got a further supply. By the time I had taken five boxes the wound ceased discharging and commenced to heal. I took in all and commenced an am-to-day enjoying the best health of my life and weigh 140 pounds. I sincerely hope anyone suffering as I did will give Dr. Williams' Pink Pills a fair trial, and I feel sure they will not be disappointed."

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**HUN SAVAGERY OUTDONE.**

Terrible Story of Austro-Hungarian Outrages in Serbia.

Many people are inclined to dissociate the Austro-Hungarians from the charges of lustful savagery which have been proved against the Hungarians. They will be unpleasantly made aware of the truth by a glance at the official report upon the atrocities committed during the Austro-Hungarian army during the first invasion of Serbia. Dr. R. A. Reiss, professor at the University of Lausanne, has collected evidence of what actually happened. His report is a thorough examination of facts, verified on the spot.

Dr. Reiss's pictures are photographs of horrors. They alone prove "that the charming Austrian people" and the "proud and gallant Magyar race" have had the doubtful honor of surpassing, if possible, their German friends in beastliness.

The Austrians are convicted out of their own mouths. Explosive and dum-dum bullets were freely used; this, with the bombardment of open towns and the mere shooting down of civilians, must be considered the minor cruelties of which they were guilty.

At the instigation of Austrian officers men and women were killed and mutilated with knives in ways which it is impossible to describe.

Dr. Reiss comments on the fact that "the Serb peasants are very reserved indeed, and I am convinced that they are more inclined to say too little than too much. I think there are many more victims than appear in the lists. In many of the villages almost all the women from the very youngest to the very oldest, have been violated."

There are two sides to every story and some have four sides and a ceiling.

We always admire a man who says just what he thinks—about other people.

**TRAPPERS!**  
Send your **RAW FURS** to **JOHN HALLAM**

and receive highest prices. We send you the best fur market in Canada. Charles no longer pays you for your furs. He sends you a check for the amount of your furs. You can see the amount of your furs on the check. You can see the amount of your furs on the check. You can see the amount of your furs on the check.

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**JOHN HALLAM Limited**  
202 Hallam Building, Toronto.

**FROM OLD SCOTLAND**

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What is Going On in the Highlands and Lowlands of Auld Scotia.

Women cabdrivers are stated to be a success in Glasgow. One city firm has about 40 women driving cabs. It was decided at a meeting of the Edinburgh and Leigh Millers' Association to raise the price of flour by 24 cents per sack.

Edinburgh accounts show an actual surplus of \$210,000. Over \$55,000 of the surplus will be available for the relief of the rates.

The burg of Montrose had loans outstanding at the end of the year to the amount of \$288,590, which is \$32,440 less than at the beginning of the year.

The gardens in Kirkcaldy and district have been greatly damaged by the long continued rainfall. In many instances fruit of all kinds is a total failure.

An interesting function occurred in the village of Newtyle, when the Earl of Strathmore presented the D.C.M. to Company Sergeant-Major Beverley, a local Territorial.

The need for an imperial policy regarding trade after the war was advocated at a meeting in Glasgow under the auspices of the British Empire Producers' Organization.

The Ayer Town Council agreed on the motion of Provost Mitchell to confer the freedom of the burgh on Sir Edward Morris, Premier of Newfoundland, when he visits Ayer.

To provide houses for the rapidly increasing staff of workers at the Clyde Torpedo Factory, Greenock, the Admiralty purpose to take ground near Cove Farm, Gourcock, and place groups of cottages on it.

The death has occurred at Kelso of Mr. John Brown, in his 78th year. He was a justice of the peace for Roxburghshire, and for a long period a member of the Kelso Town Council.

There was formed at the military hospital at Craigleith a recreation hut for wounded soldiers, the gift of the Edinburgh Committee of the Red Cross Society, erected at a cost of \$6,750.

The first motor fishing boat built in Kincairdineshire was recently launched from the building yard of Mr. A. Clark, Cowie, Stonehaven, to the order of Messrs. James Burnett & Sons, sawmillers.

An order has been issued declaring that portion of Scotland north of the Caithness Canal to be a special military area, to which no person will be allowed access without a special permit.

During the flag-day recently held in Glasgow in aid of the Princess Louise Hospital for limbed sailors and soldiers, a sum of over \$11,000 was collected.

The Rt. Hon. Atholl Monson, 26th Baron Forbes, premier lord, and chief of the peerage of Scotland, and chief of the clan Forbes of Castle Forbes, Aberdeen, has left an estate valued at \$29,750.

**THE CAT'S WHISKERS.**

The Reason That They Are Still in Style.

Although hirsute adornments of all kinds, whiskers included, were once the real and indispensable thing, modern sanitary practice has made such inroads on unshaved beards and long hair that only a few scattered humans such as musicians and soap-borers still retain their hairy luxuriance. Notwithstanding this, however, the house cat has grown and nurtured its crop of whiskers or feelers for the last million years or so without bothering about hygiene.

The fact is that the cat's whiskers are absolutely necessary to it. The whiskers are as long as the cat's head is wide, and the head is as wide as the body, so wherever the whiskers go there may be cat go also.

The tiny, delicate hairs grow from a gland and are served to the utmost sensibility. No matter how light the touch of the hair against an obstacle it is instantly felt by the cat.—Popular Science Monthly.

**DODD'S KIDNEY PILLS**

FOR ALL KIDNEY DISEASES

BRANDS OF KIDNEY PILLS

DR. J. C. DODD'S KIDNEY PILLS

23 THE PRUDENTIAL



**Guard Your Baby's Health**

Cheerful, Chubby Children Make the Home Happy

Weak, puny babies are a constant care to tired mothers and are subject to many diseases that do not affect healthy children.

Keep your children in good health. See that their bowels move regularly—especially during the teething period. This is a distressing time in the life of every child and the utmost precaution should be taken to keep them well and strong.

By the consistent use of

**Mrs. Winslow's Soothing Syrup**

It is possible to avoid many childish ills now so prevalent.

It is a corrective for diarrhea, colic and other infantile ailments. It soothes the fretting baby and permits the child to sleep well and grow healthy. It brings comfort and relief to both child and mother.

**Mrs. Winslow's Soothing Syrup**

Makes Cheerful, Chubby Children

It is absolutely non-narcotic. It contains no opium, morphine nor any of their derivatives. It is soothing, pleasant and harmless. For generations mothers in all parts of the world have used it and millions of babies have been benefited by it.

Buy a bottle today and Relieve and Protect Your Children Sold by all druggists in Canada and throughout the world.

**Losing Ground.**  
"My wife is in a fix about her garden party."  
"What's wrong?"  
"Declinations are coming in about as fast as she can send invitations out."

**Minard's Liniment Cures Dandruff.**  
Gave Him a Pointer.  
"I'd like to see Mr. Jones," said the lady caller.  
"Mr. Jones is engaged, ma'am," replied the new office boy.  
"The engaged, fiddleticks," exclaimed the lady. "He's married, and I'm his wife."

This is to certify that I have used **MINARD'S LINIMENT** in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.  
(Signed) **W. S. PINEO.**  
"Woodlands," Middleton, N.S.

**Who Cashed it?**  
"I sent a check to that fund, but I don't believe in parading my charity."  
"Well?"  
"So I signed a fictitious name to it."

**Minard's Liniment Cures Burns, Etc.**  
Sir William Robertson.  
Sir William Robertson and General Haig are exercising a rigid discipline in dealing with the higher commands. In dealing with the lower commands, there is no efficiency in dispensing with generals who are not up to their work. Home they go. Sir William Robertson is a man of few words and strong views. Officers' words and strong views regarding messes are full of good stories regarding him. The following may be taken as typical. An important military proposal was being discussed at a conference. Many lengthy speeches had been delivered. Then Sir William's opinion was invited. He responded with, "Gentlemen, it won't do. We can't have it."

**Dyeing Materials in Brazil.**  
Brazil is said to be capable of furnishing a profusion of materials for dyeing purposes seldom found in one country. The list ranges from black to faint yellows and rose. Of the old-time vegetable dyes Brazil possesses an almost endless variety.

Many a bluffer has a wife that he is unable to bluff.

**INVASION OF WOMEN.**

Many New Occupations Are Being Opened Up to Them.

Before the war there were five million, five hundred women wage earners in Great Britain; to-day there are said to be over ten million. Five million men have enlisted for active service, and a woman has taken the place of every able-bodied man who might have been engaged in peaceful occupations. England has never been so busy a manufacturing and industrial country as she is in 1916, but this would never have been possible if women had not stepped into the breach.

In Canada there is not the same supply of surplus available women, so that in this respect Canada has not experienced so great a revolution in industrial life, but many new occupations are being opened to Canadian women, and the demand for women workers in factories and in the great industrial life of the railways is steadily on the increase.

If Sir Robert Borden is to secure his 500,000 Canadian soldiers, 100,000 women must temporarily step into the shoes of men so that the latter may be released for service, as the limit of available men seems almost to be reached. Women are already working alongside of men in sacking and hauling of grain at the Canadian Pacific yards, in the Canadian Pacific yards and shops where they are cleaning cars, in the telegraph services and in many clerical positions hitherto held by men. They are acting in some places as Station Agents with satisfaction to their employers. But Canadians who visit England are surprised to find women ticket inspectors and guards, women as chauffeur attendants, women as chauffeurs, and train conductors, women as red caps, porters and ticket clerks, women as locomotive cleaners and track greasers.

**SANG UNTIL KILLED.**  
German Soldier's Baritone Enjoyed by Friend and foe.

Now and then a "close up" shows in the big war drama in France. An English officer returning wounded to London told the story of Paul.

At a point where the opposing lines were so close the enemies caught occasional glimpses of one another. Paul's rich baritone entertained the British German comrades and the British Tommies alike.

During a lull in the fighting, to a mournful accompaniment, Paul sang favorite tunes from light operas. He always drew a generous hand from the British soldiers.

One day the British "went over" for a charge. When the lines were reformed they called for a song.

"Tell Paul to sing," yelled a Tommy. There was silence for a moment. Then a German called back, "You had shot Paul; he sings no more."

**Sore Eyes**

Granulated Eyelids. Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by **Murine Eye Remedy**. No Stinging, Just Eye Comfort. **Murine Eye Remedy** is a 50¢ per Bottle. **Murine Eye Remedy** is a 50¢ per Bottle. **Murine Eye Remedy** is a 50¢ per Bottle.

**Had To Be Cold There.**  
The following is told by a young bride-elect who was ordering her trousseau in England before going out to New Zealand to be married. The dressmaker suggested only very warm clothes, and when the young lady declared at this, asserting that the climate of New Zealand is a beautiful mild one, she was immediately informed—"I assure you, madam, you are mistaken, for that, of course, is where the frozen meat comes from."

**Minard's Liniment Relieves Neuralgia.**  
A Peaser For The Teacher.  
"Now, remember, children, the tares represent the bad people and the wheat the good ones," observed the teacher of the Sunday School class. "Why, Miss Mason?" exclaimed a rosy cheeked boy, who had been listening through the lesson with deep interest. "Did you say the tares are the bad folks and the wheat the good ones?" "Yes, James," replied the teacher, pleased at the lad's interest. "Well, that's funny, I think," remarked the matter-of-fact child. "It's the wheat that gets thrashed; the tares don't."

Between the men who used to do things and the men who are some day going to do things are the men who are actually doing the work of the world.

**MOTHERS**

**REMEMBER!** The ointment you put on your child's skin gets into the system just as surely as food the child eats. Don't let impure fats and mineral coloring matter (such as many of the cheap ointments contain) get into your child's blood! **Zam-Buk** is purely herbal. No poisonous coloring. Use it always. 50c. Box at All Druggists and Stores.

**ZAM-BUK**

FOR CHILDREN'S CURES

**Machinery For Sale**  
Whcclock Engine, 150 H.P., 18 x 42, with double main driving belt 24 ins. wide, and Dynamo 30 K.W. belt driven. All in first class condition. Would be sold together or separately; also a lot of shafting at a very great bargain as room is required immediately.

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Best for quality, style and value. Guaranteed for all climates.

**Ask Your Dealer**

**Like Father, Like Daughter.**  
Mr. Stockton—So Mr. Bonds proposed to you, eh? Well, he's worth a cool million. Did you accept him?  
Miss Stockton—Not exactly, papa but I secured a ten days' opinion on him.

**Minard's Liniment for sale everywhere.**  
Fully two-thirds of the talk people hand you is blank.

**SEED POTATOES**  
**SEED POTATOES, IRISH COBBLERS, Delaware, German.** Order at once. Supply limited. Write for quotations. H. W. Dawson, Brampton.

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**PROFIT-MAKING NEWS AND JOB OFFERS** for sale in good Ontario towns. The most useful and interesting of all businesses. Full information application to Wilson Publishing Company, 73 West Adelaide Street, Toronto.

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**CANCER, TUMORS, LUAPS, ETC.** Internal or external, cured without pain by our home treatment. Write us before too late. Dr. E. L. M. Medical Co., Limited, Collingwood, Ont.

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**DOG DISEASES** And How to Feed. H. CLAY GLOVER CO., Inc. 118 West 34th Street, New York.

**When buying your Piano insist on having an "OTTO HIGEL" Piano Action**

**ABSORBINE STOPS LAZINESS** from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar trouble and gets horse going sound. It acts mildly but quickly and good results are lasting. Does not blister or remove the hair and horse can be worked. Page 17 in pamphlet with each bottle tells how. \$2.00 a bottle delivered. Horse Book 9 M free.

**ABSORBINE, JR.**, the antiseptic liniment for mankind, reduces Painful Swellings, Enlarged Glands, Wounds, Blisters, Varicose Veins, Itch, Sore Throat, Allays Pain. Will tell you more if you write. \$1 and \$2 a bottle as ordered or delivered. Liberal trial bottle for 10c. W. F. YOUNG, P. O. 516 Lynden Bldg., Montreal, Can. Absorbine and Absorbine, Jr. are made in Canada.

**SOLVE THIS** Puzzle AND WIN A LOT

To make better known our Summer resort in the heart of the Laurentian Mountains, North of Montreal, we will "FREE" give a bundle to anyone who solves this puzzle. Put a figure (no two alike) in each of the 9 squares above so as to make a total of 100 by adding them up and down and crossways.

Send solution with 10c in postage for copy of Prospectus to THE SHAWMUT LAND CO., W. L. Bead Bldg., Montreal, Can.

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