

## Spring is Here

So is "Spring Fever"—that heavy, sluggish, upset feeling, which indicates a disordered system and impure blood.

### Dr. Wilson's HERBINE BITTERS

is an excellent regulator and blood purifier, and an ideal spring tonic.

At your store—35c. and \$1.00.

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## Teachers' Union Formed at Canning

A Local Teacher's Union—a branch of the Nova Scotia Teachers' Union—has been formed by the teachers of Canning and the surrounding districts, with Canning as centre.

V. L. Pearson, Principal of Canning schools, is President of the Local Union and Miss G. M. Chase, Canning, Secty.-Treas.

The teachers of Lower Canard, Pereau, Habitant, Kingsport, Medford, Church Street, and Scott's Bay Road, now form the Union, and the teachers of other districts are expected to join with these at an early date.

The teachers of Nova Scotia are awaking to the fact that a change is needed—a change which only will come when the teachers unite and work together for many improvements, along educational lines.



"What's the child's name?" asked the priest of the grandfather at the christening.

"I dunno," the grandfather replied, and turned to the father and whispered horasely. "What's the name?"

"Hazel," replied the father. The grandfather threw up his hands in disgust. "What d'ye think ay that?" he asked the priest. "With the calendar av the saints full av gurl's names an' him namin' his after a nut!"

One never knows how foolish some men can act until they break into the father class.

The first six-cylinder car was produced in England.

## Annual Meeting of "The Big Store"

The annual meeting of the well known firm of Wentzells Limited was held at Halifax on the first instant, an unusually large number of shareholders being present. The company is in a strong position financially, its total assets approximating \$800,000.00. Sales for the year ended Feb. 29, 1920 exceeded one and a half million dollars. Net profits after deducting all operating expenses and providing for depreciation and probable Federal taxes were equal to about two and one quarter per cent on the turnover, showing that "The Big Store" has been doing its share toward keeping down the cost of living. The usual dividends on the preferred and common shares were declared.

The directorate consists of the following: Hon. R. Moulton, John W. Regan, F. P. Ronnan, J. J. Penny, G. F. Ring, of Halifax, and Donald S. Hart, of Wolfville. Mr. Moulton is President, Mr. Penny, Manager, and Mr. Hart Secretary of the board.

"Can any of you tell me what the late ruler of Russia was called?" asked the teacher. "The Czar," roared the class. "And what was the Czar's wife known as?" Only two voices answered this time. "The Czarina." "Ah!" said the teacher, eyeing his flock fondly, "that is very good. Now, who will tell me what the Czar's children were called?" "Cardines!" yelled one little boy.

In addition to the few in hospital, there are still 10 German prisoners of war in England. One is a U-boat captain named Rucker, three are flying officers, and six non-commissioned flying officers. They are detained, at a special camp at Oswestry, and although no specific charge has been made against them, it is understood that they are required in connection with war crimes.

The assignment of The Toronto World, "with a view to reorganization," has been brought about largely by the high cost of paper and wages, says the Toronto Globe. "The paper manufacturers appear to be determined to kill the geese that have been laying golden eggs for them."

There is so much flour on hand in Canada that all the great flour mills in the Winnipeg district are closed down. Yet it is expected that the price of flour will be advanced. Try to figure that out on the supply and demand theory of prices, says The Toronto Globe.

Music Teacher: You should pause there. Don't you see that it is marked rest?

Yes, teacher, but I aren't tired.

## Tons of Potatoes And Meat Destroyed in Montreal

Montreal, April 7.—Sixty bags of potatoes, which had rotted in a warehouse during the winter, waiting for higher prices, were dumped on Commissioners Street last night, too far gone to be of use even for hogs. It has been impossible to learn where the potatoes came from but the Health Inspector is continuing to make inquiries. During the last two weeks of March over ten tons of meat and other food was condemned by the City Health Inspectors.

## Be Young in Body Mind and Looks Despite Your Years

Many a man, even in his middle forties, has a vague feeling that he is "getting old"—and right at a time when he should be at his best physically.

And he is growing old, not in the sense that the years are pressing heavily upon him—but in the sense that his vital forces are wasting away faster than Nature replaces the worn out tissues.

Thousands—yes millions—of people find themselves in this condition early in life. And there is no excuse for it. You can check that tendency to grow old. You can carry your youth with its joys and enthusiasm into your 70's and 80's. But you must give nature all the help you can. The best assistance you can find—assistance of a sound, constructive character is in the use of

## PHOSPHONOL THE GREAT GENERAL TONIC

It enriches the blood—greatly stimulates heart, liver and kidneys to normal activity—brings back your pep, punch and mental vigor—chases away that tired, worn-out feeling and replaces it with a spirit of buoyancy.

Phosphonol is a distinctive preparation, scientifically correct in its combination of medical ingredients, and there's nothing more invigorating, more strengthening or more rebuilding. Especially beneficial for invalids, convalescents and run-down people of all conditions. Get a box from your druggist today—tomorrow you will feel better for it.

Price \$3.00 a box, or 2 for \$5.00. The Scobell Drug Co., St. Catharines, Ont.

The minister in making an announcement for the evening meeting said:

"Elder Jones will present a paper on 'The Devil.'" Then he added earnestly, "Please be prompt in attendance, for Brother Jones has a carefully prepared paper, and is full of his subject."

Its ASSAM quality gives it that rich flavor

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We always consider that any money you pay us for shoes is still your money until you've satisfied yourself that you like the shoes you've bought.

G. D. Jefferson  
Wolfville, N. S.

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