

# THE GREAT BLOOD PURIFIER

## "Fruit-a-tives" Cleans, Purifies, Enriches

Fruit Juice is Nature's own remedy. "FRUIT-A-TIVES," the famous fruit medicine, keeps the blood pure and rich because it keeps the whole system free of impurities. "Fruit-a-tives" improves the Skin Action; enables the stomach to digest food properly; makes the bowels move regularly; and relieves the strain on the Kidneys.

By its cleaning, healing powers on the eliminating organs, "fruit-a-tives" rids the system of all waste matter and thus insures a pure blood supply.

Doc. a box, 6 for 2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

### White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

BADGE.—A knot of White Ribbon.

WATCHWORD.—Agitate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.

President.—Mrs. L. W. Sleep.

1st Vice President.—Mrs. G. Bryant.

2nd Vice President.—Mrs. J. D. Chamers.

3rd Vice President.—Mrs. Geo. Fitch.

Recording Secy.—Mrs. W. Mitchell.

Cor. Secretary.—Mrs. Geo. DeWitt.

Treasurer.—Mrs. H. Pines.

SECRETARIES.

Poace and Arbitration.—Mrs. L. Reid.

Evangelistic.—Mrs. Geo. Bishop.

Temperance in Sabbath-schools.—Mrs. (Dr.) Brown.

Scientific Temperance in Schools.—Mrs. G. Cullen.

Lumbermen.—Mrs. J. Kempton.

Willard Home.—Mrs. M. Freeman.

U. B. Bulletin.—Mrs. Langille.

Press Work.—Miss Margaret Barnes.

Parlor Meetings.—Mrs. J. Kaye.

L. T. L.—Mrs. Howe.

### The Bar is Abolished by Law in Saskatchewan.

Saskatchewan will be the first province in Canada to completely abolish the bar. On July 1st not only was the retail sale of all intoxicating liquors brought to an end, but the wholesale trade will be taken over by the government and operated as a government monopoly under a system of dispensaries. Later, even these dispensaries may be abolished, if by a referendum vote the people of the province so decide.

### The Passing of King Alcohol.

The breast of old King Alcohol is torn with harrowing fears, His face is seamed with furrowed lines of care, Into the coming future lie in consternation peers, For he sees his ignominious finish there, For ages he has filled the land with agonizing pain, Euchained young manhood as besotted slaves, And through the many clouded years of his despotic reign Has strewn the country with dishevelled graves, The wrecks of homes and broken hearts are blown along his trail Wherever he has blown his blighting breath; The pleading of the stricken sore have been of no avail To shield beloved ones from mortal death, He mocks at wily prayers, treats with scorn the mother's tears, As he binds their loved ones in his deadly chains; The voice of press and public treat he with contemptuous sneers As to his coffers flows the golden

### AILING WOMEN OF MIDDLE AGE

Mrs. Doucette Tells of Her Distressing Symptoms During Change of Life and How She Found Relief.

Belleville, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctors called Change of Life. I was so weak that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dizziness, palpitation of the heart, spots before the eyes, irregularities, constipation, variable appetite, weakness and impatience, and dizziness, are promptly relieved by intelligent women who are approaching the period in life when women's great change may be expected.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female system and builds up the weak and nervous system. It has cured many women safely through this crisis.

If you need relief, write to Lydia E. Pinkham Medicine Co., (Incorporated) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Keep a good table and don't forget the ladies.—Napoleon L.

gain. But his power soon will vanish, gone will be his blighted reign, Coated over will his sceptre be with rust; Wiped from our fair escutcheon every alcoholic stain, And his tottering throne will crumble into dust. Wakened into public conscience to the national disgrace, And when victory has at last been nobly won The trailings of the serpent rum will nevermore deface The fairest land 'neath heaven's gleaming sun.

Dr. Anet, a protestant Belgian minister, in an address delivered in Belfast, stated that all that had been published by the Belgian authorities regarding German atrocities was not the least exaggerated. Drunkenness was responsible for a good deal of the vandalism of the German soldiers and officers, and one of the greatest lessons the Belgian people had learned from the war was the lesson of temperance. Dr. Anet paid an eloquent tribute to the British soldiers who were fighting in Belgium. He heard testimonies from all classes in Belgium to the fighting qualities, the coolness, and the excellent behavior and sobriety of the British troops. In contrast to the drunken spirit manifest among the Germans the Belgian people were astonished to see the British refuse not only spirits and wines but all kinds of intoxicants, and drinking only milk and water. Dr. Anet related an instance which occurred before the fall of Antwerp, when a Belgian gentleman offered a glass of wine to a British soldier who declined it. When the British persisted the British Tommy took from his pocket Lord Kitchener's printed message and said, "I cannot disobey that."—British Weekly.

MINARD'S LINIMENT CO., LIMITED.

DEAR SIR.—This fall got thrown on a fence and my chest very bad, so I could not work and I had to breathe. I tried all kinds of Liniments and they did me no good. One bottle of MINARD'S LINIMENT, warmed on a fire and applied on my breast, cured me completely.

C. H. CONNOR, ROXBURY, DIGHTY CO., N. B.

### Fell in a Faint.

Mrs. Edwin Martin, Ayer's Cliff, Que., writes: "Before using Dr. Chase's Nerve Food I was in a terrible condition. Dizzy spells would come over me and I would fall to the floor. I could not sleep without fainting. Dr. Chase's Nerve Food has built up my system that I can wash and do my household work. Your medicine cured me when doctors had failed."

### When Submarines Go Under.

Many people have the idea that as soon as a submarine sees an enemy the officer in command gives a sharp order, and almost before it has left his lips, the submarine is diving beneath the waves.

As a matter of fact, the very latest submarine, of the 'P' class, takes a clear five minutes before they can become submerged. Many of the older submarines took ten minutes to a quarter of an hour to sink.

The reason that a submarine cannot dive quickly, like a fish, is because the water, which must be let into her tanks to make her heavy enough to sink, must be let in comparatively slow. If it were let in with a rush the chances are the vessel would not go down on an even keel, but would heel over and be in great danger of disaster. If water, too, were let in too quickly, there is a great danger of letting in too much and in that case the submarine would sink like a stone to the bottom of the sea.

The depth at which a submarine travels under the sea is regulated by horizontal ridges. The water that is let into the ballast tanks is just sufficient to balance the vessel in the sea, without rising or sinking.

It is not a bit surprising that the man who is diving some new front in advertising always seems to get the trade; he who spends no money telling other people what he's selling, never will have the chance of selling of the fortune he has made. If your business is not gaining, but seems always to be waning, though your every nerve is straining trying hard to make it go you can quickly start it rising by a little advertising—that's been proven long ago. Lots of business men are waiting that their trade is surely falling and they're thinking now of selling up the short time on the door; but the man who keeps going, advertising, what he's showing soon will find his business growing, more than ever it grew before.

### Children Cry FOR FLETCHER'S CASTORIA

The total casualties in the South African war, among the Canadians, were 507, made up of 94 killed, 79 deaths from disease, 278 wounded and 55 missing or taken prisoners. Among the officers, 7 were killed, 3 died, 23 were wounded and one was killed, 76 died of disease, 255 were wounded and 54 were reported as missing or taken prisoners.

### Children Cry FOR FLETCHER'S CASTORIA

The Albany Theatre in London offers two boxes nightly for the price of no valetant wounded soldiers from the front.

### Submarine Nets.

An officer on a ship recently in port from Harve says that the greatest shipping zone in the world today is that narrow stretch of water, the Strait of Dover, which separates England from the coast of France. The waterway is fairly packed with vessels passing to and fro, mostly transports, hospital ships and steamers carrying munitions of war. Every day witnesses the arrival at Harve from England of from six to twelve transports laden with troops, and this fleet is more than equalled by ships carrying war munitions and material for the soldiers at the front. The steamers ply through a narrow net guarded space where the strait is not more than a third of a mile wide.

Only naval officers know of the open spaces between the nets, and it is absolutely necessary that a vessel should be piloted by a naval man to go through safely. This has been done to set traps for submarines, and it is the first time that any open water, like the English Channel, has been so guarded.

Many of the most important harbors are guarded by nets and traps, particularly naval bases. A few weeks ago a submarine was found in one of these nets on the Firth of Forth. All on board were dead and among the bodies were those of two Scotch fishermen, who presumably were taken by the Germans to pilot the submarine through the nets, but who had sacrificed themselves in order to destroy a vessel of the enemy. A few weeks ago, too, a French submarine was caught in a net on the Adriatic. This was the Saphire. After trying until they were nearly exhausted to liberate the vessel the sea were compelled to abandon the submarine and come to the surface, where they were captured by the Austrians.

The object of these nets in the English Channel is particularly to protect the main transports that are crossing the Channel every day, taking soldiers and supplies to the British base at Harve.

The nets are made of links of steel. They are similar to those formerly used to guard battleships and large cruisers, but which have now been discarded because a torpedo will puncture the net and the second torpedo, which is fired only a second or two after the first, will reach the hull of the vessel.

These chain nets are moored very securely and have buoys at the upper edges to hold them in a position. Often they are set just as a fisherman sets his nets. When the submarine, like a fish, gets in the pound it cannot get out and those in the vessel must either die there or take chances on reaching the surface and swimming to shore.

It takes very little to disable a submarine. The hull is of comparatively thin steel which is easily punctured and the propeller when caught is absolutely useless. Even an ordinary fisherman's net will disable a submarine, and should one get foul of such a net the chances of getting clear are very slim.

A submarine when submerged is hauled mechanically. Those in charge cannot see where the vessel is going. The officer in charge steers according to the ranges he has taken when on the surface, and it is absolutely impossible to see obstructions that may be ahead, it is impossible to see another submarine unless the two are floating near the surface and in bright daylight. For this reason it is impossible for one submarine to fight another when submerged.

The nets will keep the German submarines from reaching the open sea by way of the Channel and force them to go around Scotland to force the seven British merchantmen. This long voyage would be a severe tax on the fuel supply, except with a very few of the modern crafts which can carry fuel for a voyage of about 2,000 miles.

### Tired-out Kidneys.

Kidney troubles are so frightfully common because the kidneys are so easily upset by overwork or excess of eating and drinking. Care is effected not by whipping them on to renewed effort, but by awakening the action of liver and bowels by the use of Dr. Chase's Kidney-Liver Pills. This restores the kidneys, makes them well, backache and urinary disorders disappear.

The only son of the family was rather refractory, and his mother finding gentle words of no avail, sought to reprove him by means of sterner measures. A lively chase ensued between mother and son, and the latter, as a last resource, darted under the bed, where he was safe from pursuit. His father, arriving home shortly afterwards, on hearing of this, set off to punish the young rascal. Stopping down to look under the bed he was greeted with an excited inquiry: "Hallo, 'dad, is she after you, too?"

"I have just been reading the Constitution of the United States."

"Well?"

"And I was surprised to find out just how many rights a fellow really has."

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# Five Roses Flour

Not Bleached Not Blended

FOR SALE BY WM. C. BLEAKNEY

Peep again in your oven. See those loaves, those pleasing loaves you've made. How fat—rounded—substantial. No, they won't fall when colder. Because the Manitoba strength that is in FIVE ROSES will hold them up till eaten. This sturdy elastic gluten has kept them from dropping flat in the oven. No unsightly holes 'twixt crust and crumb—never. All risen evenly—to stay risen. Never heavy—sodden—soggy—indigestible. Yours are the FIVE ROSES loaves—Crisp and appetizing of crust. Golden brown and tender. Showery of crumb—light as thistledown. FIVE ROSES helps a lot. Try it soon.

Millions Spent on Fortress. After the War—Distress. The Local Paper. Uses For Salt. Much Adler-ka Used In Wolfville. Bulls and Blunders. Pointed Paragraphs. "It is an ill bird that betrays its own nest."

FOR SALE BY WM. C. BLEAKNEY

Millions of dollars have been spent by Germany on Helligoland, that little island made over as a sort of 'Great gift' by Great Britain.

When the island was ceded in 1890, it was crumbling away fast, and was being speedily eaten into by the waves of the North Sea.

The Germans strengthened its red sandstone cliffs with great granite buttresses 16 feet thick and 240 feet high. All cracks and fissures in the crumbling cliffs were filled in with ferro cement, so that now the sea battles in vain against the walls of the little island, which is only a mile in length by some one-third of a mile in width.

To the south of the lower part of the island was made a shelter for torpedo boats, submarines and small cruisers, at a cost of more than \$10,000,000. It was to this shelter that the German ships fled when attacked and defeated in the battle of Heligoland.

A high cliff separates this low lying part of the island, the 'Uterland,' as it is called, from the high land, or 'Oberland.' The whole length of the top of this cliff is heavily protected by barbed wire, and apart from a small elevator, the only way by which any one can go from the 'Uterland' to the 'Oberland' is by means of a zigzag road leading up to the top of the cliff.

This road up the cliffs leads almost directly to a little town. This little town, complete with its church and school, contained at the commencement of the war, only a few hundred inhabitants, chiefly workmen employed in the fortifications, and the garrison, with their families.

Further north are the newly built zeppelin sheds and aeroplane hangars. It was from these sheds that the two zeppelins came to attack the torpedo boats and submarines who convoyed the seven British merchantmen in their daring dash to Cuxhaven.

To the left of the town, standing near the edge of the cliffs, is a large monument, which was erected in memory of the famous German poet, Fallersleben, who wrote Germany's most popular war song or hymn, 'Deutschland, Deutschland Ueber Alles.'

Since the war started a large number of buildings have been razed to the ground, and every person not actively required for the defence of the North Sea fortress has been sent away from the island. The island itself is connected by a number of cables with Cuxhaven, and would there be cut there is a powerful wireless apparatus installed.

All over Helligoland there are powerful searchlights by which any vessel can be detected at night, no matter from what direction it approaches.

Many parts of the island, and all of the buildings, have been heavily armoured, and some of Krupp's biggest 12-inch and, it is also stated, 16 inch guns, mounted on disappearing platforms, and cunningly hidden, guard all approaches from the sea.

The ocean for some miles around is lit up with searchlights, each gun having its square of squares upon which it can be instantly trained in fire, should an unucky hostile ship be in that little square of sea.

There are 82,000 barrels of herring on one dock in Hamburg. All are from Norway, and practically the entire 1915 catch is there. The herring all intended for consumption by the Russian prisoners of whom there are now almost 500,000 in Germany.

Customer—Walker, this is the best steak I've ever had in your shop.

Waiter—My goodness! You must have got the germs.

I am sorry I invited that woman to my lodge last night.

Why so, my dear?

"I thought she had worn white, and I'd brought her a white dress."

"And now she won't believe in Satan."

The local paper should be found in every home. No children should grow up ignorant who can be taught to appreciate the home paper. It is said to be the stepping stone of intelligence in all those matters not to be found in books. Give your children a foreign book which contains not a word about any person, place or thing which they say, or perhaps ever heard of, and how could you expect them to be interested. But let them have the home paper and read of people whom they are familiar, and soon an interest is awakened which increases with every arrival of the local paper. Thus a habit of reading is formed and those children will read the paper all their lives and become intelligent men and women, a credit to their ancestors and strong in the knowledge of the world as it is today.

Uses For Salt.

Salt puts out a fire in the chimney. Salt in solution inhaled cures cold in the head. Salt in whitewash makes it stick. Salt and soda are excellent for stings. Salt as a gargle will cure soreness in the throat. Salt used in sweeping carpets keeps out moths. Salt thrown on a coal fire which is low will revive it. Salt and vinegar will remove stains from discoloured teacups. Salt thrown on soot which has fallen on the carpet will prevent stains. Salt put on ink when freshly spilled on a carpet will prevent stain.

Pointed Paragraphs.

A gossip headed man may be weak minded. A stomp is the ammunition used in the guns of knackers. A man who buys a blind horse should also consult an oculist. Nothing worries some women like troubles that fall to develop. It were not for politics lots of lazy people would starve to death. Man proposes, woman accepts—and the neighbors all say: 'I told you so!' After a woman has been married five times, you can't tell her anything about men. If a young man is really in love he never hesitates to propose because the girl has money. It's difficult to convince a woman that gambling is wrong if her husband keeps ahead of the game. In all matters except a little matter of the tongue, a woman can hold her own.

There are some things a girl is richer for remembering and the poorer for forgetting. Here they are, and it is possible for most of us to acquire them without much expense; in some instances without any outlay at all.

Every girl should know how to sew and make dresses.

To cook and clean.

To mend her own and the household things.

To dress neatly and becomingly and daintily.

To keep a secret and respect confidences.

To be self-reliant and not helpless.

To keep a house tidy and have a place for everything.

To respect old age.

To be above gossiping or listening to slanders.

To control her temper.

To care for the sick and the young.

If she has these accomplishments, then she need not trouble very much if fate has denied her the chance of acquiring some others that may be a little more fashionable, but are certainly not so delightful and useful.

In the second battle of Ypres the Canadian loss alone exceeds the entire loss of the American army and navy in the Spanish-American war.

To the man on the side lines there seems to be a heap more sinking of neutral ships in this year than of enemy ships.

### DOMINION ATLANTIC RY

STATIONERY DEPT.

WOLFVILLE TIME TABLE

Corrected to Jan. 15th, 1915.

Express for Truro and Halifax 6.15 a.m.

Accom. for Halifax 12.35 p.m.

Express for Truro and Halifax 1.30 p.m.

Express for St. John and Yarmouth 9.51 a.m.

Express leaving at 9.51 a.m. connects at Kivi with O. V. Branch train for Kingport.

ANALYSIS

Express from Kentville 6.15 a.m.

Accom. from Annapolis 12.35 p.m.

Express from Yarmouth and St. John, N.B. 4.15 "

Express from Truro & Halifax 9.51 a.m.

Accom. from Halifax 1.30 p.m.

Express from Halifax 5.54 "

These trains only run on week days.

Express train leaving at 9.51 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing Wednesdays, and Saturdays for Boston.

R. U. PARKER  
General Passenger Agent,  
P. Giffins, Manager,  
Kentville, N. S.

### Cash Store.

Purity Flour,  
Regal Flour,  
Banner Flour,  
Grass Seeds  
Peas, Beans and Corn Seed,  
Small Seeds in pkgs., and bulk.  
Oranges, 25, 30, 35, 40 and 50c.  
Moir's XXX Chocolates, 35c. lb.

### C. W. STRONG

Wolfville.

### WENTZELL'S Spring and Summer Catalogue is ready

That's the best news careful housekeepers have had for many a long day. Recognizing the efforts of the "Big Store" to serve the interests of the people, particularly at the present time, such an overwhelming demand was received for our last catalogue—Fall and Winter—that we ran short of them considerably earlier in the season than usual. The result was that for a short time past we have been unable to supply copies to the hundreds of new names requesting it. However, the new catalogue is ready. If it is possible, it is more complete than ever. A bigger range is listed and the greatest care has been taken in the pricing. If your name is not on our mailing list and if you desire a copy just cut out, fill in and mail the coupon below.

WENTZELL'S LIMITED,  
THE "BIG STORE", HALIFAX

Without any obligation on my part please send to the address below a copy of your Spring and Summer Catalogue

Name.....

Address.....

Wolfville Acadia

### Building Repairs.

We manufacture and keep in stock building finish necessary for repair work or new buildings.

Ask for our prices on soft and hardwood flooring, sashes, doors, verandah stock, sheathing, gutters, mouldings, frame stock, shingles and lath.

Ask for our Furniture Catalogue.

### J. H. HICKS & SONS

Furniture and Builders' Materials  
Factory and Warerooms, - BRIDGETOWN, N. S.

### Professional Cards.

#### DENTISTRY.

Dr. A. J. McKenna  
Graduate of Philadelphia Dental College  
Office in Kentville Block, Wolfville,  
Telephone No. 43.  
E7 Gas Administration.

#### C. E. Avery deWitt

M. D., O. M. (McGILL)

One year post graduate study in Europe.

Office hours: 8-10 a.m.; 1-3, 7-9 p.m. Throat work a specialty.  
Tel. 81 University Ave.

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A. B., M. D. (Harvard)

Office at residence of late Dr. Bowler,  
Telephone 53.

Office Hours:—8-10 a.m., 1-3, 7-9 p.m.

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Consultation Hours: 10 a.m.—12 noon  
8 p.m.—4 p.m.

Monday Excepted. Telephone 163.  
Westward avenue, Wolfville, N. S.

#### W. R. ROSCOE & ROSCOE

BARRISTERS, SOLICITORS,  
NOTARIES, ETC.

KENTVILLE, - - N. S.

#### REWARD.

Town of Wolfville.

A reward of \$10.00 is offered by the Town of Wolfville for information that will lead to the conviction of any person or persons committing any of the following offences:

Theft, breaking into houses or buildings, trespassing, destroying public or private property, the use of profane or abusive language on the street, or in public buildings, the illegal selling of intoxicants, indecent exposure, or any criminal offence.

W. H. BROWN, Town Clerk.

Minard's Liniment for sale every-

### COALI COALI COALI

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

Burgess & Co.