## E E E E E E E E E Salads

by sowing a few secds at intervals of a fortnight or three weeks from March until August; the sowing in that month is for winter supplies. Lettuce plants are liable to run to seed in hot weather unless they are grown on rich ground and kept moist at the root. From May onwards it pays best to sow seeds thinly where the plants are to remain; they are less likely to "bolt" than transplanted seedlings. Dig a little decayed manure into the soil, keep this moist, and choose a partially shaded spot for the summer sowings, then Lettuce will offer no difficulty. Tom Thumb is a splendid little Cabbage Lettuce that takes up very little space, and can be planted in any odd corner. Webb's Wonderful is an excellent larger variety. Jumbo is a first-class Cos Lettuce. For the winter crop Black Seeded Cos and All the Year Round (a Cabbage Lettuce) are suitable. In growing Lettuce for winter it is advisable to sow in a position where protection can be given by a frame or handlights in case of severe weather; in cold districts it is advisable to lift the plants and transplant them to a bed of soil made up in a frame.

Endive is not a very popular salad among amateurs, but it is useful in autumn and winter. The best time to sow seed is late in July or early