

Welcome Back!

l'express

We invite you to try our
SELF-SERVE SALAD SERVICE (2 salad bars with a selection of 12 gourmet salads daily)

DELI SANDWICHES

(Montreal smoked meat, turkey breast, corned beef, black forest ham, egg, tuna, salmon salad, roast beef, etc.)

HOME BAKING

(croissants, muffins, cinnamon buns, nanaimo bars, tarts & cakes)

In our beautiful new restaurant

MAIN FLOOR S.U.B.

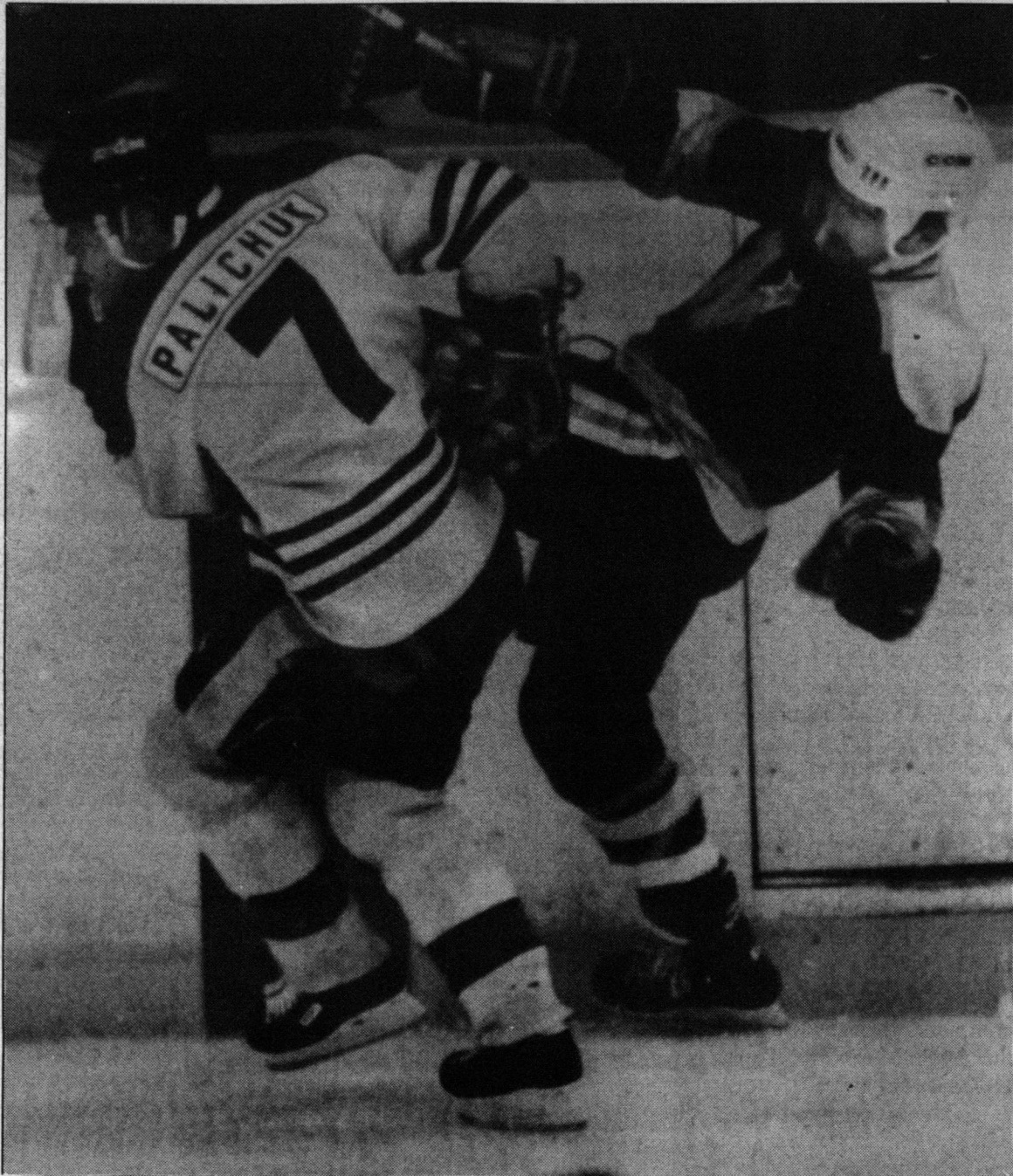
Enjoy our larger
SMOKE FREE AREA.

We Can't Wait to
See You Again

l'express

MAIN
FLOOR
SUB

Park top jrs. — Bears lose two



Rob Galbraith

The Sherwood Park Crusaders won the Junior Invitational with a 6 - 4 win over Grande Prairie

by Alan Small

The Sherwood Park Crusaders won the Golden Bear Junior Invitational last weekend with a 6 - 4 victory over the Grande Prairie North Stars.

The North Stars advanced to the final with a 5 - 4 victory over the Golden Bear juniors. What is more remarkable about that game is that it finished 4 - 4, but the northerners won the shootout 2 - 1, giving them the victory.

The Golden Bears lost their first game 5 - 4 to the Fort Saskatchewan Traders on Thursday night.

The Bears play their next game on Wednesday night, as they take on the Camrose Lutheran College Vikings at Varsity Arena. The Vikings play in the Alberta Col-

leges Athletic Conference against the likes of NAIT, Mount Royal, and SAIT. Bear goalie Blair MacGregor played two years with the Vikings before joining the U of A.

FELDENKRAIS

Awareness Through Movement

Improve your posture,
your ability to move, your vitality.

Jacqueline Ogg

Feldenkrais practitioner, will lead this intriguing course based on the work of Moshe Feldenkrais

Mon. & Wed. 1500-1615
Starting 26 September

Twenty lessons fee \$53.00 Staff \$41.00 Students

Register at Campus Recreation
W1-08 Van Vliet Centre
Phone
432-5607

FORT CHIPEWYAN/FORT VERMILION BICENTENNIAL CONFERENCE

We are commemorating the happy occasion of the 200th anniversary of Alberta's two oldest continually inhabited communities with a major conference and exhibit.

Come join us at the conference as we celebrate the past, present, and future of these two settlements with a program that both includes and transcends traditional academic borders with people from all areas of community life such as band chiefs, trappers, pioneer farmers and many others. Presentations include "How the Chipewyans found the White People" and "Passion for Granite."

Of special interest to students in human history, economic and cultural geography
(the conference is free for students, but please phone and register)

SEPTEMBER 23 - 25 at the Provincial Museum

Registration and Reception Thursday evening, Conference sessions Friday and Saturday)

For Information and Registration, please call Simonne Rogiani
at the Boreal Institute (432-4999)

Organized by:
The Boreal Institute for Northern Studies
& Alberta Culture and Multiculturalism

In Cooperation with:
The Fort Chipewyan Bicentennial Society
& Fort Vermilion & District Bicentennial Assoc.

S.O.S Student Ombudsperson Service

Need Help?
Consult the Ombudsman...

- If you require information or assistance in appealing a grade, academic decision, or admissions decision.
- If you feel that you have been unfairly treated or discriminated against by a University or Students' Union employee.
- If you require information on the Writing Competence Test.
- If you are unsure about which University policies, procedures, or regulations apply to your situation.
- If you want advice on any other University related manner.

Room 278 S.U.B.

432-4689

(24 hours)

Yair Leibovitz
T, R
9:00 - 1:00

Sanhita Roberts
M 3:00 - 5:00
T 1:00 - 4:00
F 3:00 - 6:00

If you are unable to meet during these times, please leave a message to set a convenient time.