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This Beautiful Switch

16 inches long and made of the finest quality hair for

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Eyeight Can Be Strengthened, and Most Forms of Diseased Eyes Successfully Treated Without Cutting or Drugging.

That the eyes can be strengthened so that eyeglasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina." "Actina" also relieves sore and Granulated Lids, Iritis, Cataracts, etc., without cutting or drugging. Over ninety-three thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is a reliable. The following letters are but samples of hundreds we receive:

F. W. Brooks, Beauchene, P.Q., Canada, writes: "I was having severely strained my eyes writing and checking at night, my eyes became very painful, and I could not bear the light. After using 'Actina' less than four months, I can read and write as well as ever."

Amanda G. Dumphy, Narhwaak Village, N.B., Canada, writes: "I have used 'Actina' as directed, and I can truly say it has done more for my eyes than I expected. I wore glasses for five years and suffered much pain. Since using 'Actina' I can sew or read without glasses and my eyes do not pain me."

John Krahmer, Ricketts, Pa., writes: "Several years ago my eyesight began to fail. Oculists prescribed glasses but I received little benefit from them. After several months' use of 'Actina,' I could read and write by almost any kind of light. I would not take one hundred dollars for my 'Actina.'"

"Actina" can be used with perfect safety by every member of the family for any form of disease of the Eye, Ear, Throat or Head. Send for our free trial offer and valuable free book. Address: Actina Appliance Co., Dept. 84N, 811 Walnut Street, Kansas City, Mo.

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Give Now to Your Chance to Obtain Free a Hand some Blouse Doll.

Do you want to receive FREE a beautiful Doll? We have them for you. Our large handsome Dolls are all done; fold its arms, turn its head, shut its eyes, and go to sleep. It is a beautiful baby, the best kind of a Doll. It is a baby doll, with long curly hair, and very lovely. Hand some turning around hand, its painted body, pearl eyes, very stylishly dressed, fancy accessories, with hat, shoes, stockings, etc. Dressed completely from head to toe. FREE to you if you will send only 25 packages of our Famous Marvel Blouse Dolls at only 10c per package. We will send you a beautiful Gold finished Doll. Thousands of people have received these dolls. Write to us today. Address Dept. 80 THE MARVEL BLUING CO., Toronto, Ont.

POULTRY

and Almanac for 1912 has 224 pages with many colored plates of fowls true to life. It tells all about chickens, their prices, their care, diseases and remedies. All about incubators, their prices and their operation. All about poultry and how to build them. It's an encyclopedia of chickenhood. You need it. Only 15c. C. C. SHOMAKER, Box 985, Prospect, Ill.

beauty of simplicity, draperies are soon dusty and unsanitary. Moreover, they give a small room an air of stuffiness. The best treatment of a doorway is to hang portieres straight down from a brass rod. There should be single or double curtains, according to the width of the door. A piece of cord attached from a nail in the of the top beading of the doorway to the centre of the curtain, about a foot from the floor, will lift the curtain as the door is opened and shut. The cord should match the colors of the curtain so that it is hardly discernible. Window curtains may be either hung with or without a valance. The inner curtains of lace fall either to the end of the window or floor, while outer ones of silk, velvet, or cotton materials hang in straight strips at each side. With heavy curtains the valance is often plain and shaped, being lined to give extra stiffness. Lighter weight curtains have the valance either pleated to the curtain-rod or laid to a cornice with flat pleats. The old-time gilt cornices are once more fashionable, and the housekeeper who has had a set put away for years will do well to bring them out and hang her curtains to them. A valance is either

"As Good as New."

By rubbing a fresh lemon thoroughly into a sponge which has become silmy, and rinsing it several times in luke-warm water it will be as nice again as when it was new.

For Tender Skins.

A little borax added to the water in which a baby is bathed has a very good effect upon the tender skin of a small child. Oatmeal is excellent for the same purpose, and also for dusting the child's skin after the bath.

The Care of the Hands.

A pinch of powdered borax added to the washing water will help to soften it. The water should be just tepid, as if too cold or too hot it will coarsen the skin.

When doing housework, the hands should be protected with gloves, so that they do not become too grimy. If the hands are very red, a good skin cream

"JUST ACROSS ON BOYHOOD'S SHORE."

I am gazing through the twilight
Of a day that's soon to close,
And the busy world around me
Seems to join me in repose;
I can see the golden sun shine
Of my youth now gone before
And my playmates calling to me
Just across on boyhood's shore.

I am roaming through the woodland,
Where the leaves are gold and brown,
I can hear the children singing
London Bridge is falling down;
I can see their happy faces
As they played when school was o'er,
How my heart aches to be with them
Just across on boyhood's shore.

As the twilight turns to darkness
And my eyes begin to fill,
As I gaze upon a cabin
Over yonder on the hill,
Where a loving voice is calling
As it called in days of yore
The voice of my dear mother
Just across on boyhood's shore.

Yes I'm gazing through the twilight,
And the sun has died away,
And my lonely heart is aching
And my hair has turned to grey.
I am dreaming of my childhood
That has gone for ever more
As I gaze across a life time
To the joys on boyhood shore.

—Christopher James Bryce

lived on the bottom and left plain or it can be finished with narrow ball or tassel fringe. The plain valances, particularly those of velvet, look well when finished with dull gold braid.

Live for Others.

How little it costs if we give it a thought
To make happy some heart each day;
Just one kind word or a tender smile
As we go on our daily way.
Perchance a look will suffice to clear
The cloud from a neighbor's face,
And the press of a hand in sympathy,
A sorrowful tear to efface!

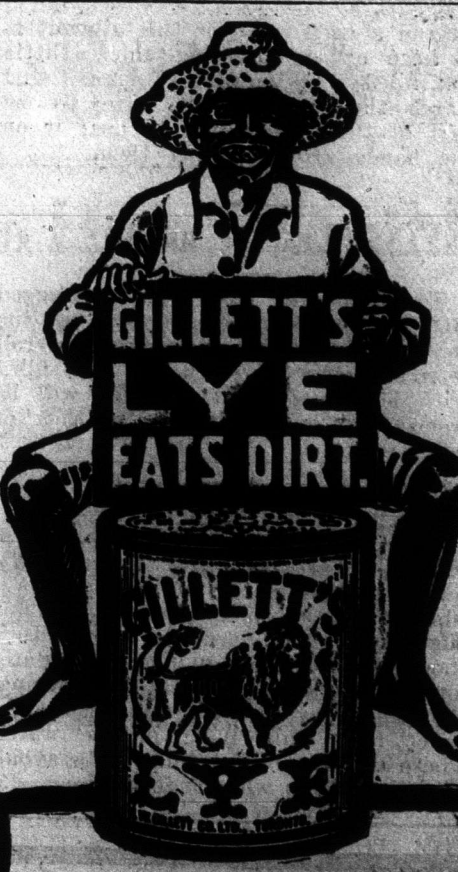
One walks in sunlight; another goes
All weary in the shade,
One treads a path that is fair and smooth,
Another must beg for aid.
The cost is small; I wonder why
One gives it so little thought?
A smile, kind words, a glance, a touch,
What music with them is wrought!

should be applied at night and gloves worn, from which the tips have been removed. It is important, however, to see that the gloves are quite clean inside, otherwise the dirt from them will be drawn into the hands. Oatmeal water also acts as a softener to the hands, and is prepared as follows:

Pour a pint of cold water over a tablespoonful of oatmeal. Let it stand for an hour, and then boil up. When nearly cool, wash the hands in this, using no soap.

It is a wise precaution to rub a little powdered oatmeal over the hands after they have been dried, as the fine powder absorbs any suspicion of moisture that may remain, and is also good for perspiring hands, which many girls complain of. Talcum powder sprinkled inside gloves will help to prevent them getting stained, and to cool and dry the hands a few drops of eau-de-Cologne rubbed into the palms will be found beneficial.

Some people, however, suffer from damp hands, not only in the summer months, but also during the cold weather.



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SYNOPSIS OF CANADIAN NORTHWEST LAND REGULATIONS.

Any person who is the sole head of a family, or any male over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-agency for the district. Entry by proxy may be made at any agency, on certain conditions by father, mother, son, daughter, brother or sister of intending homesteader.

Duties.—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre.

Duties.—Must reside upon the homestead or pre-emption six months in each of six years from date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties.—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.00.

W. W. CORY,
Deputy of the Minister of the Interior.
N.B.—Unauthorized publication of this advertisement will not be paid for.

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