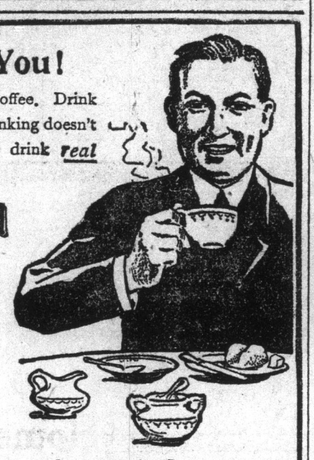
Don't Worry! USE SUNLIGHT SOAP the purest soap your money can buy

18

Can't Hurt You!

Get Rideau Hall—just pure coffee. Drink *all* you want of it. Coffee drinking doesn't hurt anyone—providing you drink *real* coffee like



Rideau Hall Coffee

Its delicious aroma and gratifying flavor are delightfully invigorating. Sold only in sealed tins, 45c per pound. Smaller tins, 25c.

Rideau Hall Coffee

Gorman, Eckert & Company LIMITED

LONDON and WINNIPEG

42

A Nourishing, Laxative Food for Growing Children

It solves mother's food problem. Roman Meal is much more nourishing than wheat or oats used alone, and is twice as nourishing as corn; it is so thoroughly and easily digestible that even a baby of eight months or over thrives upon it. It keeps the liver active, prevents indigestion and relieves constipation.

Dr. Jackson's

Roman Meal

is nothing but a simple, absolutely drugless combination of entire berries of wheat (30%), whole berries of rye (35%), flaxseed rendered tasteless and odorless by electricity (25%), and 10% wheat bran. That's all. This simple mixture is porous because it is granulated, thus letting the digestive juices reach every particle and preventing indigestion.

Flaxseed is the most nourishing seed known. In Roman Meal it prevents the irritating effect of bran on the lining of the bowel, and lubricates the digestive tract. It is laxative and keeps the skin clear.

The bran in Roman Meal provides the natural waste without which the muscles of the digestive tract positively will not act. The digestive system was fashioned for the express purpose of dealing with coarse, waste-containing food. Roman Meal is such a food; it relieves constipation; or money refunded. Ask your doctor.

You notice that entire berries of wheat and rye are used—important. Modern cereal foods are light in color because they are mostly starches, which so often ferment and cause trouble. Roman Meal retains the dark parts of the grains because they build up muscle, brain, nerves, organs and blood. These dark parts also contain the salines which keep the blood non-acid. They contain the flavor, too—the sweet, nutty flavor of the grains!

Roman Meal is an ideal food for children; it takes the place of drugs, keeping little folks healthy and strong. What delightful porridge it makes; when you follow directions it is delicious, but when you stir it while cooking you spoil it. Do not stir except while mixing meal and water. It also makes all kinds of delicious baked products. At all grocers.

Roman Meal Company, Toronto, Canada; North Tonawanda, New York; Tacoma, Washington. 18

INFANTS-DELIGHT TOILET SOAP

Personal Daintiness is reflected in the healthy glow that follows the daily use of INFANTS-DELIGHT. The pure, white, borated tablet is fragrant, soothing and cleansing. 131-C

A Page of Interest to Women

SOCIAL AND PERSONAL

Our readers are invited to phone all news of this kind to the Society Editor, Phone 3670.

Miss Alma Robson, Ailsa Craig, has been visiting her aunt, Mrs. Andrew Robson, 289 Oxford street.

* * *

Mrs. George Wright was in Wallaceburg on Saturday attending a meeting of the Win-the-War Association.

* * *

Mr. and Mrs. Elmer Berdan have returned to Frome after a short visit with friends in town.

* * *

Mr. and Mrs. James McLandress of West Lorne have moved with their family to this city. Mr. McLandress conducted a grain business in West Lorne, and will continue in the same business here. His many friends wish him success.

* * *

Mr. Jarvis and Miss Ethel Jarvis were recent visitors in Yarmouth with Mrs. William Hill.

* * *

Mrs. Gordon Wright is in Chatham, the guest of Mrs. G. W. Cowan.

* * *

On Wednesday next Mrs. (Dr.) McCrae will address a meeting of women in connection with the Y. W. C. A. in St. Thomas.

* * *

Mr. Rowntree of this city has returned from a brief visit in Shedden.

* * *

Capt. Barclay has returned from a visit in Aylmer.

JIMMY COON STORIES

By Dr. Warren G. Partridge.

JIMMY COON'S COUSIN MAKES HIM A VISIT.

Jimmy Coon had never seen his Big Cousin of the Great Wood, Mr. Black Bear. But he had heard his parents speak so much about that dear Big Cousin Bruin, that Jimmy felt very proud of his wonderful Cousin. And Jimmy told all of the little folks of the Great Forest about his famous relative who was coming in to make them a visit.

And one day when Jimmy Coon was quarreling with Teddy Possum, Jimmy cried out, "You'd better look out what you say to me, for when by Big Cousin Bruin comes he could swallow the whole Possum family at one bite!"

And Jimmy saw the shivers run down the backbone of Teddy Possum, and he shuddered and stopped teasing Jimmy Coon. And one day the little people saw a big giant, dressed in a beautiful long black fur overcoat, which reached to his feet, walking on his hind legs like a man. And he walked up to the veranda of the Hemlock Apartments and stood looking up to the windows of the Coon residence, on the twentieth floor.

Mrs. Coon was very much ashamed that their front door was so small.

And Cousin Bruin put his immense arms around the trunk of that big tree and began to climb. When the monster was half-way up to the Coon residence, the neighbors saw him, and they were almost scared to death.

All the Possom family stuck their heads out of their windows, and they all yelled, "Bloody Murder!" And they began to climb out of their front windows, and to scamper, screaming, in every direction.

When this racket was heard the Coon family came to their window, and when they saw Cousin Bruin climbing their front stairs, to make them a visit, they shouted with joy.

And Father Coon stuck his head out of the window and called out, "Welcome, Cousin Bruin. Come right up and right in. We are expecting you, and dinner will be ready in a few minutes."

And Cousin Bruin smiled a very broad smile, indeed, when he reached the Coon plazza, and showed all his very long teeth, and answered: "Cousin Coon, I'm delighted to see you; but I had no idea you were such high-livers. Why, I never saw any of our relatives live in such high life as you do! I'm afraid you'll put on too many airs for me!" And Cousin Bruin chuckled in a very low, big, bass voice. And at his loud voice, all the little Coons shivered, and hid behind their mother's skirts.

And you would have been tickled if you could have seen Cousin Bruin shake hands with Father Coon, and trying to get into the door! And all he could possibly do was to stick the end of his nose in the door!

Mrs. Coon was very much ashamed that their front door was so small, and she made many excuses. But all the little Coons were still afraid of this big black shaggy giant; and they all ran and hid under the bed.

Cousin Bruin was so tired after his long journey that he had to lie down, and he began to stretch himself out on the porch to rest. But the veranda cracked and seemed about to fail. So Father Coon came out and suggested, with many blushes and excuses, that they all go downstairs to their summer dining-room.

And it was a funny sight to see Big Cousin Bruin and all the Coon family backing down the Big Hemlock. When they reached the first floor they went to the lawn to have dinner. Mrs. Coon soon set the table and all sat down to a fish dinner.

Mrs. Coon had never met Cousin Bruin, and she did not know that he was such an immense giant. Of course, Father Coon helped the guest to fish first, and Cousin Bruin said, "You will excuse me, but I had no time to get a lunch on my trip here, so I'm awfully hungry."

And all the family opened wide their mouths to see Cousin Bruin eat. And they were so astonished to see him take such big mouthfuls. And he passed his plate so often that before you could say "Jack Robinson!" everything on the table had disappeared down Cousin Bruin's throat.

And Cousin Bruin said: "I'm not feeling very well today, and my appetite is not as good as usual."

Tomorrow: Jimmy Coon Shows Off His Big Cousin.

Cynthia Grey's Mail-Box

Division of Property.

"Country Housewife" offrs to send her method of canning pork and beef if any reader wishes. She asks these legal queries: 1. Can a wife rent or sell her own property without her husband's signature?

2. If husband dies without a will what share of property can wife claim, there being no children?

Ans.—Re the recipe, there's no doubt someone will find "Country Housewife's" way of practical help. I hope she sends it. Answers to the legal queries are: 1. Yes.

Wife only: Net value of estate not exceeding $1,000 to wife absolutely; excess over $1,000, half to wife and half to next of kin, in equal degree to intestate, or their legal representatives (or if not next of kin, to the crown).

Wife, mother, brother, sister and nephews or nieces. Half to wife, residue to mother, brothers, sisters and nieces, but nephews and nieces take per stirpes.

Wife and father—Half to wife, half to father.

Wife, mother, nephews and nieces—Two-fourths to wife, one-fourth to mother and one-fourth to nephews and nieces.

Wife, brother or sister and mother—Half to wife, half to brothers, sisters and mother equally.

Wife and mother—Half to wife and half to mother.

The Flower Family.

Dear Miss Grey,—It is a long time since I wrote you, but I see where "Aunt Nannie" got "stung." If she had put on a plantain leaf, and when she got home, put on some spirits of ammonia (a 10-cent bottle will last quite a long time, it's good for all kinds of bites and stings), it would have relieved the pain. For those who suffer from throat or asthma, try a teaspoonful castor oil and a teaspoonful honey. We do not want to think of colds this lovely weather, but the cold comes. I have had a tickle in my throat and honey set it all right.

I was reading where you said the cosmos was your fancy flower. Every flower is so sweet to me I cannot tell which I like the best. There are sweet peas, rose of Sharon, lily of the valley, Christmas rose, primrose, tea rose, sweet william, tulips, asters Johnny-jump-ups, maid of the and sympathizing tear. All are very lovely. The summer is gone, the flowers are faded, the song birds are gone, the mists have gathered, the vale is chilly. That just puts me in mind of Kilworth. It is lovely, but give me dear old London. The dearest and best years of my life were spent in dear old London. This London is lovely, too. I must close, with best wishes to all readers of C. G.'s Corner, and Miss Grey, AN OLD FRIEND.

Ans.—I do not think I said the cosmos was my favorite flower, but rather one of my favorites. I am like you, "Old Friend," fond of so many members of the flower family it is difficult to set one on a pedestal above all the others. We love one for sweetness, another for purity, another for coloring, and some, perhaps the dearest of all, because of tender memories associated with them.

Now, don't stay away so long next time, please.

Women As Hog Raisers.

Dear Miss Grey,—Here I come for the second time. You didn't invite me back, but you didn't kick me out, so here I am back again, though under a different pen name.

I saw in yesterday's paper where the food controller has been making a speech and has asked the men of Canada to get their women folks to raise hogs. Oh joy! I think he and some of the big guns down at Ottawa are going to set the example in hopes that we will follow suit, and so we will if they make the start. Wouldn't it be fun to step along some day about 10 o'clock, when they have been disturbed in their beauty sleep, have donned their, ahem—double-barreled skirts and are proceeding to her— sweep and dust the pig house. Really, Miss Grey, they have as much right and much more time than we have. They will be feeding the pigs by the war menus and probably serving it up in courses. What pleasure it will afford them to watch the porkers daintily munch it down. Mr. Food Controller has evidently forgotten what pigs require in the form of eatables. You know they dearly love grain, and one reared without grain (bless its soul) will surely feel, when its short life is drawing to a close, that it has lived in vain. And so it has. Mr. Hanna will agree if he happens to get a slice on one of his meatless days. I dare say some of those people never saw a whole pig all at once, and have derived their knowledge of hogology from the piece they saw on their plate one day at dinner. For their benefit, should they chance to read this, let me say that the salt and pepper is applied while cooking and the diet is just grain, plain, ordinary grain. Oh! ye brewers, woe is yours when we Canadian women start our piggeries.

Well, Miss Grey, I tried a recipe from your page for orange marmalade, part pumpkins, and it is just fine. Don't anybody be afraid to try it. And say! If I ever come back to the Box I will try to write something sensible. With best wishes for the page, I am X. Y. Z.

Ans—Oh please don't! Don't make an effort to be sensible, I mean. For you are too interesting and original just as you are, and it'd be a shame to spoil a bright letter by being too proper!

I also read the suggestion of Mr. Hanna re the women of our land raising hogs. What do our country sisters think of the idea? You know I don't believe even the Hon. Food Controller, to say nothing of the sanitary inspector, would favor C. G. housing one on The Advertiser premises!

Now X. Y. Z., you are invited to call again.

Their Christmas Tree.

Dear Miss Grey,—We are getting started with our Christmas tree practice and I am on the committee to get the dialogues. I see in last Saturday's paper where Nadine has some dialogues on hand and I would be pleased to get them. I will leave my address with you so she can send them as soon as possible; also a stamp for postage. Yours, A SUNSHINE GIRL.

Ans.—Two or three requests for Nadine's concert material had already been sent her, but no doubt if aught remains she will be pleased to let you have them.

ADVERTISER PATTERNS

A SIMPLE DRESS FOR SCHOOL AND HOME WEAR.

2176—This style is good for gingham, serge, cashmere, hvvn, voile, batiste, organdy, repp, poplin, silk or percale. The guimpe may be of the same material as the dress, or of contrasting goods. The pattern is cut in four sizes: 8, 10, 12 and 14 years. It requires 1¾ yards of 27-inch material for guimpe and 3¼ yards for the dress, of 36-inch material, for a 10-year size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below:

Name .....

Town .....

Province .....

Age (if child's or misses' pattern).....

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' of child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

DAILY BIBLE QUESTION CLUB

SUGGESTIVE QUESTIONS ON THE SUNDAY SCHOOL QUESTION.

By Rev. T. S. Linscott, D.O.

A Psalm of Thanksgiving: Psalm 103. Golden Text—Bless Jehovah, O my soul, and forget not all his benefits.—Psalm 103, 2.

1. Verse 1—It reads well in type, to call upon our soul to bless the Lord, but is it wise, and devout, and in good form, to literally do this out aloud, either privately or in public? Why?

2. Verse 2—What is the benefit of the habit of frequently meditating in the wonderful goodness of God to us?

3. Verse 3—Why is it not possible for God to forgive a part of our sins without forgiving all of them?

4. Many persons claim to have been cured of dangerous diseases by God without any human aid. Would you say, or not, and why, that it is God's plan for all sick people to be so cured?

Pillow Cases, Towels

Plain, Scalloped and Hemstitched Linens at Sale Prices

This Is Economy Week for the Wise Housekeeper

Cottons and Linens are higher than ever before. Indeed, they are difficult to obtain at any price. It means much to have the goods, it means more to have the goods at these special prices.

Our purchases of previous months alone permit of the following price cuts.

Hundreds of Embroidered Pillow Cases

A SPLENDID SELECTION AT PRICES TO SUIT ALL PURSES.

Scalloped or Hemstitched Embroidered Pillow Cases, imitation of madeira. Price ..... $1.00 pair

Dainty Embroidered Hemstitched Pillow Cases, five designs to choose from. Price ..... $1.25 pair

Plain Scalloped Cases for embroidering or initialing, at ..... $1.35 pair

Embroidered Pillow Cases, in very pretty new odd scalloped designs. Price ..... $1.39 pair

Hemstitched Embroidered Day Slips.. ..... $1.50 pair

Initialed Embroidered Pillow Slips, to be had in almost any initial. Price ..... $1.50 pair

Embroidered Union Pillow Cases, in small dainty patterns, scalloped or hemstitched. Price ..... $1.69 pair

Plain Scalloped Envelope Slips. Price ..... $1.69 pair

Hemstitched or Scalloped Embroidered Linen Pillow Cases. Price ..$1.95 pair

Plain Hemstitched Linen Pillow Cases. Price ..... $1.95 pair

Embroidered Envelope Pillow Cases, in three pretty designs, at .... $1.98 pair

Embroidered Day Slips, scalloped or hemstitched, at ..... $1.98 pair

A large assortment of Embroidered Linen Pillow Cases, at..... .....$2.50, $3.50, $4.00 pair

Huck Towels in Great Variety

Plain Hemmed Huck Towels at 25c pair

Fancy Bordered Linen Huck Towels at ..... 59c each

Plain and Fancy Hemstitched Linen Huck Towels, extra large size. Price.. ..... $1.25 pair

Linen Huck Towels. Special, 25c each

Plain Hemmed Huck Towels, at .... 29c pair

Fancy Bordered Linen Huck Towels at ..... 50c each

Pure Linen Towels, beautiful patterns. Worth $1.00 each. A special bargain at ..... 75c each

Plain Hemstitched Linen Huck Towels at ..... 50c each

Plain Hemmed Huck Towels at 35c pair

Linen Huck Towels, semi-bleached, at ..... 39c pair

Fancy Bordered Huck Towels, scalloped or hemstitched, Price.... $1.00 each

Our Best Quality Huck Towels, scalloped, beautiful rose patterns. Price ..... $2.25 pair

Here Are Bath Towels for Adding Crochet, Lace and Insertion

Plain White Hemmed Towels. Special ..... 25c each

Bath Towels in pretty pink, gold and blue borders, also fancy blue check. Very special value at .....50c each

Plain White Hemmed Bath Towels, extra heavy quality. At ..... 50c each

Bath Towels, with colored borders, in pink, blue and gold, pretty rose, Greek key and wreath designs; extra fine qualities. At ..... 75c each

Plain White Hemmed Towels, large size, very special value, at ...69c pair

Bath Towels, fancy check and colored borders, at ..... $1.25 pair

Very fine quality All-White Towels at ..... $1.25 pair

Bath Towels with fancy stripes, bordered, fringed and designs. Extra special at ..... $1.95 pair

Plain White Hemmed Towels, extra nice quality, at ..... 89c pair

Colored Borders, fancy stripe and plain Bath Towels, at .....$1.35 pair

Fancy Bordered and Plaid Bath Towels, five dozen to sell. At.....75c pair

Novelty Bath Towels, in fancy plaids, blue, gold and pink, extra large size, our best quality. Price .....$1.50 each

Plain Scalloped and Plain Hemstitched Linens

FOR STAMPING AND EMBROIDERING—TRAYS, STAND COVERS, DRESSER AND BUFFET SCARFS.

Plain Scalloped Pure Linen Pieces. in following sizes: 18x29 inches 18x36 inches, 18x45 inches, 18x54 inches, 8x18 inches, 30x30 inches, 36x36 inches.

Plain Hemstitched Pure Linen Pieces: 18x27, 18x36, 18x45, 18x54, 20x63, 18x72 inches; squares, 20x20, 30x30, 36x36, 45x45 inches.

Damask, Embroidered or Plain Linen Doilies, with finished edges for adding lace, in following sizes, round doilies only, sizes 3, 4, 5, 6, 7 and 9 inches.

INVEST IN VICTORY BONDS

Our advertisement will not appear Wednesday, as this space is donated to Canada's Victory Loan.

INVEST IN VICTORY BONDS

Gray's Limited

Agents for the Ladies' Home Journal Patterns. 140 DUNDAS STREET. Phones 115, 116.

Gray's Limited

DAUGHTERS OF THE EMPIRE

The officers in charge of the Western Ontario unit at Bramshott Camp, England, have built a recreation hut, and are endeavoring every way to make things comfortable for the men and keep them contented within camp grounds. Some of our chapters have already contributed to this purpose, and another sum of $125 will be forwarded this week. The following extract from a letter written by Capt. Galbraith will give an idea of how some of the money is being spent. He says: "We are giving lunches and cigarettes to the men going to France or back to Canada. We also buy a lot of fruit for the men's meals, as that is not supplied with the rations. We are also going to arrange card parties once a week, and give prizes. Some of the poor fellows are badly broken up, and we try to make things as comfortable for them as possible. We took some of the money you sent and bought some coal for the recreation hut before the coal for heating was issued; and the men crowded in to the warmth. You know how cold and raw it is here, even in summer, and this last one has been very cold and wet." Anyone wishing to help with this good work can send their subscription to Mrs. Cl. T. Campbell, 327 Queen's avenue.

Contents of bales packed and shipped November 16 by the I.O.D.E., London—

Bale 466—122 terry towels.
Bale 467—162 terry towels.
Bale 468—148 terry towels.
Bale 469—162 terry towels.
Bale 470—216 huck towels.
Bale 471—276 huck towels.
Bale 472—108 pairs socks.
Bale 473—107 pairs socks.
Bale 474—24 suits pyjamas, 6 hospital shirts.
Bale 475—24 suits pyjamas.
Bale 476—16 flannel shirts, 13 pairs bed socks, 1 convalescent suit, 8 pairs hospital slippers, 18 washcloths.

The convener of the soldiers' comfort committee acknowledges the following contributions for the bales—Lord Roberts Chapter: 77 pairs pillowcases, 114 trench towels, 5 hospital shirts, 204 huck towels, 4 sleeping caps, 27 suits pyjamas, 11 pairs bed socks, 8 pairs hospital slippers.

7th Regiment Chapter—16 suits pyjamas, 206 towels, 43 pairs socks.

Trafalgar Chapter—13 grey flannel shirts, 1 convalescent suit, 10 suits pyjamas, 16 pairs socks.

Hamilton Gault Chapter—13 pairs socks.

Campbell Becher Chapter—27 pairs socks, 46 towels.

Hugh Niven Chapter—91 towels, 6 pairs socks.

Mary Armstrong Chapter, Strathroy—210 pairs socks, 378 towels.

The Bethel Ladies' Aid has forwarded through the Lord Elgin Chapter the following articles, representing their September and October work—48 pairs socks, 82 pillowcases, 13 suits pyjamas; also $7 for maple sugar. The boys and girls of Mrs. Ironsides' class saved their pennies to buy sugar, and made up four boxes of candy, which are now on their way to the soldiers. Other boys and girls might follow their example.

During the first week in December the C.E.F. Chapter, I.O.D.E., will hold a bazaar to raise money, and will doubtless be as successful as the cause and the workers deserve. This chapter has undertaken a special work—that of providing assistance to the families of returned soldiers who may be in need, and as the members are all either wives or widows of soldiers themselves, their work is a labor of love. Among other things, partially used clothing remade into articles as good as new for children and young people. Any contributions for this department will be thankfully received at their rooms over the Bank of Commerce, or a telephone may be sent to Mrs. (Col.) Coles, Princess avenue. At the same time, they are not neglecting other patriotic or benevolent schemes. They now propose to furnish a ward at the Byron Sanatorium, and the proceeds of the bazaar will be used for this purpose. They will be glad to receive contributions of articles suitable for the sale.

Six weeks will pass before Christmas comes, but if you wish to remember the boys at the front or the prisoners in Germany, just think that Christmas comes tomorrow, for it will take time to get money or comforts across the sea. Some of the chapters have already packed and shipped their quota of boxes, and some have sent in the money, which goes direct to England and will be expended there in the purchase of something that will help cheer our Canadian boys, whether they are fighting in the field or languishing in German prisons. To the fields comfort commission the municipal treasurer has already sent $211, being the contributions from the following chapters: Lord Roberts, $25; Trafalgar, $25; Lord Elgin, $20; Hamilton Gault, $10; 7th Regiment, $50; Campbell Becher, $25; Sir John Carling, $10; Sir George Ross, $10; Hugh Niven, $10; Gore of Downie, $25; Mrs. Douglass, $1, for her two prisoners; Mrs. T. H. Smallman contributes $10; Mrs. F. Spry, $2, for the prisoner in her care.

Some people are so uncharitable or so misinformed as to suggest that the Daughters of the Empire who are working for the soldiers on collecting money are being paid for their services. This is absolutely untrue. Not a single member has received a penny for her work. All give their time and labor freely, and there is scarcely one of them who does not in addition contribute to the various patriotic funds, whether connected with the order or not. And we believe this to be true of the members of other patriotic societies.

During the last month the following prisoners have gratefully acknowledged the receipt of parcels sent through the Daughters of the Empire of London: Pte. N. Williams, Pte. W. Scott, Pte. T. Taylor, Pte. J. H. Scholes, Corp. R. H. Rock, Sergt.-Major A. E. Thomson, Pte. P. S. Thomson, Pte. T. W. Rutherford, Pte. H. J. Ballon, Lance-Corp. H. de Nevers, Pte. H. G. Freeman, Pte. A. H. Wilson, Pte. H. G. Cappell, Pte. D. A. Cameron, Pte. R. Johnston, Corp. T. E. Cowan, Corp. W. Grant, Pte. T. Hancock. L. K. C.

MUMS rich in color and freshness, assured at WEST FLORAL CO. Phone 2187. 249 Dundas Street. EXV

VINOL MAKES WEAK WOMEN STRONG

Positive—Convincing Proof

We publish the formula of Vinol to prove convincingly that it has the power to create strength.

Cod Liver and Beef Peptones, Iron and Manganese Peptonates, Iron and Ammonium Citrate, Lime and Soda Glycerophosphates, Cascarin.

Any woman who buys a bottle of Vinol for a weak, run-down, nervous condition and finds after giving it a fair trial it did not help her, will have her money returned.

You see, there is no guess work about Vinol. Its formula proves there is nothing like it for all weak, run-down, overworked, nervous men and women and for feeble old people and delicate children. Try it once and be convinced.

Taylor Drug Company, London, also at the best druggist's in all Ontario towns.

COMPASS OIL

the handy remedy that quickly heals all cuts, scrapes bruises, etc. 8

SPECIAL.

Spinach, peck 40c
Brussels Sprouts, box 20c
Celery Hearts, bunch 15c

MAIN & COLLYER

PHONE 2331. 8