

the dissipation of the community means the extirpation of the race, as far as that section of it that is embodied in that community is concerned.

Social conduct means, therefore, primarily, and before everything else, self-restraint—the limitation of the self-regarding activities wherever they are inconsistent with the good of the community. It means more than this, however. Not only must each individual in a community limit his activity, so that it does not interfere with, or limit to a greater extent, the corresponding liberty of others; but he must be prepared, in case the needs of the community demand them, to make still further sacrifices. If he is to preserve himself, he must be prepared to defend himself when attacked; and if the community is to be preserved, he must be prepared to defend it when it is attacked, and to sacrifice his life, if need be, in its defence. Unless each citizen is prepared to sacrifice his own life for the safety of the community, the existence of the community is but precarious, and, when occasion arises, will come to an end. As, in the scheme of nature, the welfare, and even the existence, of the individual count for