

Air travel is the most efficient means of travel between cities, where available, and can be booked in advance through foreign travel agents. Twelve Polish cities are connected by domestic flights.

The railway is a good alternative, especially for travel to cities not served by air. Tickets should be reserved in advance to ensure a seat, especially in the summer months. A first-class rail ticket offers greater comfort and easier availability, and is still relatively inexpensive by western standards.

Cars may be rented through a travel agent or directly from car-hire companies. A deposit may be required. Intercity car travel may be painfully slow, however. The speed limit is 90 kph on main roads and 50 kph in built-up areas. There are, as yet, few expressways or four-lane highways.

Business Hours: Grocery stores are open from 6 a.m. to 7 p.m. Most other stores open from 11 a.m. to 7 p.m. Big department stores are usually open between 9 a.m. and 8 p.m. Newspaper kiosks open from 6 a.m. to 9 p.m. Offices are generally open from 8 a.m. to 4 p.m. Offices are closed on most Saturdays and on Sundays.

Holidays: The most important Polish holidays are:

<i>New Year's Day</i>	January 1
<i>Easter Monday</i>	Moveable
<i>Constitution Day</i>	May 3
<i>Corpus Christi</i>	Moveable
<i>All Saints' Day</i>	November 1
<i>Independence Day</i>	November 11
<i>Christmas</i>	December 25 and 26.

The main vacation season in Poland is July and August, but the tourist season begins in April and lasts until October.