

BOIL ON THE NOSE.

I would like to mention what may seem an old woman's remedy, but nevertheless has proved most efficacious in that most painful yet trivial affection, a boil on the end of the nose. It is painful, even though small and seemingly ludicrous, because the skin is not only as thick and tough as that of the palm of the hand, but also because there is very little tissue intervening between it and the cartilage of the nose, as we all know who have tried to dissect these small muscles of the nose. An ordinary poultice, therefore, will not be of any avail, because no further swelling can be obtained in this locality to relieve the pressure, and consequently a poultice which will shrink the parts is indicated, and such one is a raw cranberry, crushed, laid over the boil or pimple, and kept in place with a daub of stiff boiled starch. Try it, and you will find it to relieve the excruciating pain within a short time, and cure the trouble in twenty-four hours.—*Dr. Carl Seibr.*

COFFEE'S USEFULNESS.

When there are in a community epidemics of typhoid fever, cholera, erysipelas, scarlet fever, and the various types of malarial fever, which are transmitted almost entirely through the medium of food and drink, coffee is a valuable agent, and may be used as a drink instead of water.

It is a valuable agent in assisting in the digestion of food, and aids the blood in taking up more nourishment than it would without it.

It quickens the circulation of the blood and respiration.

It is also stimulating and refreshing (due to the caffeine it contains).

In tiding over nervousness in emergencies it is a sovereign remedy.

Taken in the morning before rising, minus cream and sugar, it acts in many cases as a superior laxative (probably from the hot water contained in it).

As a stimulant and caloric generator in cold weather, it is one hundred per cent. ahead of whiskey or other liquors.

As a disinfectant it is one of no small usefulness in the sick chamber.

Walter Baker & Co. Ltd.

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