

human mind, where the female is a slave to the baser passions of man, and personal cleanliness, household comforts, and the cheerful interchange of social domestic intercourse, never come. It is well enough for minds thus debased to spend their miserable leisure in kicking and jumping upon the harvest-green. And there is a refined dancing, practiced by those in the higher walks of life, who have been drilled, night after night, in the art of step and figure. These cannot be classed among the intellectual, for intellect has its seat in the head and not in the feet. We are too utilitarian in our feelings and habits to require an importation of this kind. And here, too, where all classes are intellectually and religiously trained, and so much industry is required to preserve the purity and health of body and mind, and where the poor and the sick make such unremitting demands upon the active and generous sympathies of our hearts, and the practical and efficient co-operation of our feet and hands, it is a libel on the purity of our morals to descend to those indelicate waltzes, those pernicious and destructive public balls, where the whole night is often appropriated with its paraphernalia of show, music, dress, wines, champagne, false lights, false teeth, false hair, false hearts, rouge, and perfumery, to smooth the wrinkles and disguise the age; and, worse than all, the false pretensions of love that are often made to the confiding and inexperienced girl, who has not been thoroughly initiated in the arts of coquetry and deceit. No female can long endure the excitement of the public ball-room without a nervous and broken-down constitution.

There is no place, not even the theatre, that will afford such a rich harvest as the ball-room, of the delirium of reason, the bewildering insatiation of pleasure, the reckless and daring prodigality of health and strength, from the imprudent exposure of feet and limbs to the chilly damps of night dews, frost, and snow.

No amusement should be indulged to the exclusion of those more homely duties of sweeping, dusting, putting the parlor in order, washing dishes, making bread, preparing meats and vegetables in a digestible manner. These, and innumerable other little services, interspersed with walks and rides in the open air, will afford them not only fine exercise of limbs and chest, but will give them a practical acquaintance with those domestic arrangements which are so indispensable to every well-regulated household.

The appliance of the sciences (with which the young lady is daily toiling to store the mind) may give a finer relish to those varied and complicated duties. Calculating mathematically the saving of expense to parents by each hour's labour of a faithful and affectionate daughter, in the economical arrangement of food and fuel, will be an excellent exercise, and also care in preserving furniture from the merciless bruises, and crockery from those avalanche crashes of careless and uninterested persons who may be employed. Physiology may be applied in looking after little brothers and sisters, preventing untimely falls and other accidents to which they are exposed without a guide, and providing against atmospheric changes by suitable articles of raiment.