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DOMINION ATLANTIC RAILWAY -AND-Steamship Lines

-TO St. John via Digby -AND-Boston via Yarmouth "Land of Evangeline" Route.

On and after October 30th. 1903 th. Steamship and Train Service on this Railway will be as follows (Sunday) excepted):

Assom. from Annapolis. ... 7.20 a. m. Accom. from Richmond ... 5.40 p. m. Express from Yarmouth, 1.46 p. m. Express from Halifax, ... 12.21 p. m.

Midland Division

Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 6.45 a. m., 7.30 a. m. and 5.35 p. m. and from Truro at 6.50 a. m., 12.00 m. and 3.20 p. m. connecting, at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston Service

Commencing Monday, Oct., 18 the Royal Mail S. S. Boston will leave Yarmouth, N. S., Wednesday and Saturday, immediately on arrival of Bluenose trains from Halifax, arriving in Boston next morning. Returning, leaves Long Wharf, Boston, at 1.00 p. m., Tuesday and Friday.

St. JOHN and DIGBY

MAL MAIL S. S. YARMOUTH. Saily Service (Sunday excepted.) rives in Digby 10.45 a. maves Sty John 7.45 a. m Leaves Digby same day after arrival agrees train from Halifax. P. GIFKINS,



THE WEEKLY MONITOR AND WESTERN

This disease from which so many suffer gives the average physician a great deal of trouble. The best medical men have endorsed PSYCHINE, and recommended it in scores of the most obstinate cases. It has never failed in a single instance to give prompt relief. When directions have been followed, a few doses will remove that tightness and weight on the stomach. Taken regularly it positively cures General Distress, Flatulency, Nervousness, Coated Tongue, Heart Burn and Palpitation. If you have never used PSYCHINE, don't besitate a moment longer. Try PSYCHINE to-day.

PROOF

Mr. Arthur Tennison, SE London Street, Toronto, says: "For Gr or seven years I was troubled with indigestion and dyspepsia. Too much acidity of the stomach the doctors said, originated the troubles. I tried scores of remedies without avail. "Eventually I used PSYCHINE and this brought immediate relief and cure."

NO HOME SHOULD BE WITHOUT PSYCHINE

It prevents the children taking cold, wards off that terrible malady, La Grippe, and completely fortifies them against disease. It should always be used for colds weariness, loss of appetite, bronchitis and weak lungs.

For sale by all druggists and dealers, 50 cents and \$1.00. Dr. T. A. SLOCUM, Limited TCRONTO



New Wall Papers

We do not want the Earth, but we do want the Wall Paper trade and are pleased to say we are getting it from every part of the country. We buy in very large quantities direct from the largest Wall Paper mills in Canada and U. S. making a specialty of Wall Paper, consequently we are in a position to supply the individual customer with a large variety of patterns and colourings at a lower price than the store that handles dry goods, groceries etc. in addition to a small line of wall paper. We can save you money on your wall decorations. Give us a call or write or telephone and we will call with samples



FA. TRIPPERIES. Aldermen Astonnded that the Back-Gray **Furbans** A del in turbans is very Thirty-three St. John Citizens Out of Thirty-five Are Relieved The latest r del in turbans is very high at the back, sloping toward the of Their Taxes. front, where appears a handsome sil-

ver ornament. Old time pearl gray is a color that mittee at a meeting held last week, is expected to prove very smart in the says the St. John Times, were given spring. The long reign of black is said an insight into the problem that to be nearing its close, but neutral same of the working people of St. tints are promised great vogue, and John have to face. Thirty-five citione tone is to prevail throughout the costume from hat to shoes, even the handkerchief matching the tint of the gown.

POLIS

cases, these two being appeals from Serge frocks are much in demand for alleged over-valuation. It was the oyoung folks in their teens. Severe pinion of the aldermen that in the neutness characterizes the best sort of case of the other thirty-three the men dress for girls, were really not in a position to pay A novelty in sleeves shows the shoulany taxes. der seam and sleeve cut all in one.

ONE OF THE SPRING MODEL GOWNS

Two of the stories told will illus-!rate the conditions that some of these people face. One man in reply to questions put to him, said he earned \$88 a week in summer and \$88 a week in winter.

Members of the civic appeals com-

zens appeared before the committee

and asked for relief from their taxes

and it was granted in all but two

SENTINEL, BRIDGETOWN, N. S., MAY 4, 1910

"What family have you?" he was asked.

"When we sit down to the table there are fourteen of us," he replied. He has been providing for his wife and twelve children and the oldest is a girl of fourteen years.

Another man told of earning \$8.50 a week and providing for a family of ten, himself, his wife, his mother-inlaw and seven small children. The cnamberlain said he has been informed by one of the constables that he had gone to the man's house a week previous and he had offered him a dollar on account, but he refused to take it. The family were just sitting down to dinner and the man had come in from his work. There was a loaf of bread on the table and the wife was pouring tea, for which there was neither milk nor sugar, nor was there any butter on the table. The man said he had not had any meat in the house for three weeks. One of the aldermen, who was much impressed by this recital, went down the following day and satisfied himself that the conditions were as stated and he ordered ten dollars worth of groceries sent to the house.

The thirty-one other cases in which relief was granted were very similar to these and it was a revelation to aldermen who insist on the poor man

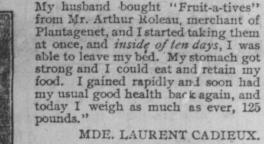
paying his taxes.

THE LAST RESORT When all else failed, the Doctors said, "try Fruit-a-tives"

And" Fruit-a-tives" cured Mrs. Cadieux

PLANTAGENET, ONT., JANUARY 31ST, 1910.

"About March 1st 1909, I was taken deathly sick with Stomach Trouble, Backache and General Breakdown. I failed from 125 pounds down to 80 pounds, was confined to bed for eight weeks, and was unable to eat or keep anything on my stomach, vomiting nearly all the time. I expected to die, and took many remedies as well as employing different physicians. The doctors said they could do nothing for me and, as a last resort, one of the doctors told me "to try Fruit-a-tives-if they would not cure me, nothing would".



Even the doctors are recommending "Fruit-a-tives". They realize now that these wonderful fruit juice tablets will positively cure all Stomach Troubles, Indigestion and Dyspepsiaand they are using "Pruit-a-tives" in their practice.

Few people realize the vital importance of keeping their blood pure. Impure blood is the chief cause of Stomach Trouble, because it is from

the blood that the stomach obtains the fluid which digests food. When the blood is laden with impurities, the disolving fluid (or Gastric Juice) will be impure. These impurities may come from a congested liver, from Constipation, from weak kidneys, from an inactive skin, or from all four. Naturally, the ordinary "digestive powders" and "pepsin tablets" will not cure the trouble, because they only help to dissolve the food—they do not go to the seat of the trouble. "Fruita-tives" is the greatest remedy ever discovered for all forms of Indigestion. Dyspepsia and other Stomach Disorders, because "Fruit-a-tives" is unequalled as a blood-purifying medicine. "Fruit-a-tives" acts directly on the liver, regulates the bowels, strengthens the kidneys, stimulates the skin, and thus rids the whole system of all impurities. "Fruit a-flves" will positively cure you of any kind of Indigestion. "Fruit-a-tives" is sold by all dealers at 50c a box, 6 for \$2.50 or trial size, 25c. If you are unable to obtain "Fruit-a-tives" conveniently, do not accept substitutes but send to "Fruit-a-tives" Limited, Ottawa and the regular size packages will be mailed you, postpaid, on receipt of price.

ADVICE FOR "CLEAN UP" WEEK. Mark Twain Typical American London, April ,-In their editor-(From the Canadian Guardian) ials on Mark Twain today the Eng-Spring time means house cleaning lish press dwells as much on the abilto most of us, and one of the most ity of his mind and character



MOE LAURENT CADIEUX



