



The Flour of The Family

For unflinching success in baking—for health—for economy—for every day satisfaction—"BEAVER" FLOUR is the pride of the pantry. It is a blend of Manitoba River Wheat and Canada's Fall Harvest—combines the food properties of one, with the bread-making qualities of the other. It is the only flour blended especially for home baking. This blending of two kinds of wheat into one flour, enables the housewife to get the best results. With

Beaver Flour

for all your baking, the bread and biscuits will always be white and light—the cake and pastry will always be delicious and inviting.

"Beaver" Flour is always the same—always the best flour that money can buy. And the best costs no more than the next best.

Your grocer will get it for you if you specify "BEAVER" FLOUR whenever you order.

At Your Grocers



Summer Millinery

Miss Lockett is making a great display of millinery and has the best stock to select from, the prettiest hats and largest show room in town.

FIRST CLASS MILLINER IN ATTENDANCE

MISS LOCKETT

Always Remember the Full Name Laxative Bromo Quinine Cures a Cold in One Day, Grip in Two.

E. H. Brown on Box. 25c.

Apple Trees

I have a few hundred first-class apple trees left and I am going to close them out at a great bargain. Any one wanting trees can get them very cheap now. Either write telephone or come and see me.

F. B. BISHOP, LAWRENCETOWN.

BANK OF NOVA SCOTIA

(INCORPORATED 1832.)
CAPITAL - - \$3,000,000
RESERVE FUND, \$5,250,000

Unexcelled facilities for the transaction of all kinds of Banking Business

Special attention given to the Savings Department and interest credited quarterly on Savings Accounts.

This is the only bank having its head office in Canada that submits its books and statements to Independent Audit.

Bridgetown Branch, H. H. Johnston, Manager

Household.

Self Helps for Rural Communities

Gradually during the last two decades there has been a spread of the arts and crafts movement in different parts of the country. The communities in which have been made these efforts at establishing industries which shall promote individual skill and expression of feeling in the products, have, for the most part, been benefited, not alone in the revenue derived, but in a larger way. These industries have tended to bring the people of the several communities closer together in a bond of common interest and more that this they have attracted to the communities artists and art lovers, who have so far entered into the spirit of the work that they have given all their trained skill and talents to the promotion of better work.

This has brought the workers in personal contact with the outside world and especially with that element which makes for the uplifting and the beautifying of daily life. The results have been educational in the broadest sense, and interest in the higher and better things of life has been aroused in people who, before the establishment of the industries, had been content to lead the humdrum life which too often is typical of rural districts. Interest in literature, art and things beautiful has been aroused and at the same time the individual workers have been prompted to develop their originality and talents along lines useful in a double sense.

One of the most successful of these industries is located at Deerfield, Mass., and is known as the Deerfield Industries. It started with the establishment of the Deerfield society of blue and white needlework, the result of discovery by two women of artistic temperament of some rare old heirlooms in this kind of work in the Deerfield farm houses. There followed an attempt to reproduce this style of work, which met with an immediate market and prompted the revival of other old time hand industries, rug making, raffia basketry, palm leaf baskets, etc. Not only has the effort been made to reproduce the best of the old designs, but by means of vegetable dyes, hand ground, the lasting colors of our great grand-mothers have also been produced for the dyeing of the materials used.

Deerfield is but one of the number of towns in which industries of this nature have been started and have flourished. Women who otherwise would have no means of self support, have been enabled to make a fair living, to say nothing of the pleasure which has been brought into their lives by the occupations in which their work has led them and by contact with their fellow workers, and with summer visitors who have sought their products.

FAMILY ANNIVERSARIES.

"Thanksgiving and Christmas, wedding days and birthdays, are occasions that should never be neglected in the life of the family," writes Margaret E. Sangster in Woman's Home Companion for June. "Even though the married children go far from the early home, living in widely separated neighborhoods, they should make an effort to get together at stated intervals, and so long as their parents live, the old home, with its dear memories, should draw them like a magnet to its hearth. Little cousins ought to know one another and be acquainted as brothers and sisters are. When long trips across the continent involve too great an expense for frequent visits, there is always the letter box on the street corner or the rural free delivery, and the post may be trusted to carry love messages safely from Maine to California, or around the circuit of the globe. How the mother at home watches for tidings from her married children, and how she grieves when for weeks and months she never receives a word and feels that she has dropped out of the daily lives of those for whom she toiled and saved years ago.

"Do you owe your mother a letter or a visit or a gift, you who are far away from her now? Do not let the sun go down until you pay that debt of love.

"Do not forget that although we may have many friends, we can have but one mother, and that no friend can be quite so intimate as she."

MEDICAL INSPECTION OF SCHOOL CHILDREN.

"In the fall of 1896 a child in one of the public schools in New York was found picking pieces of skin from his hands and arms and passing them around to his little classmates. In a short time all the children involved in this hospitality were taken sick with scarlet fever.

"On investigation it was found that the child who was responsible for the epidemic was permitted by ignorant parents to return to school during the peeling—the most dangerous stage of the disorder. That fact led to an investigation of a large question—the transmission of disease among children—and the result was medical school inspection under the board of health. New York City now employs one hundred and fifty physicians, who visit each public school once a day, shortly after nine o'clock, to examine those children set aside by the teachers as requiring attention."

Washing Ribbons—I have never found any method of washing ribbons equal to mine. I put them to soak for an hour or more in a basin of soft, soapy water and then wash out, squeezing and rubbing gently. A few drops of ammonia in the water seems to hurt no color and renders the soaking more effective. Soap is best shaved and melted in a little hot water, using a very good quality of soap or washing powder, then dilute to the needed quantity for soaking the ribbons on hand. Do not rub the soap on the ribbon. When rinsed thoroughly in several waters put into clear water and set beside your ironing board. Have hot irons, and lift the ribbons, one by one, out of the water and iron them while dripping. This may sound "crazy," but for years I have been washing white, black and delicate colored ribbons in that way, and I defy anyone to tell them from new, until, of course, they begin to wear out. If a very "leazy" ribbon has been unfortunately purchased, mix a spoonful or so of cooked starch in the last water, and you will find the new look restored. Remember—"don't" wring out the ribbons, and "do" use hot irons.—M. M. F.

STOVE PAD.

Take two pair of old black stockings (ladies size) and cut off the feet. Take one leg and turn wrong side out and lay smoothly on table. Take remaining three and fold in a pad about seven inches square, then lay the stocking on table, about four inches from bottom. Now turn bottom end up over pad, and with strong thread stitch firmly through and through the end, that would be towards the ankle. Now take upper end and turn right side out and backward over pad at same time, and again stitch the end at which the hem of the stocking is, and you will have a handy little article, for if rightly made it will slip on like a mitten and the whole hand is protected while polishing the stove.

TONIGHT.

If you would enjoy tomorrow take Chamberlain's Stomach and Liver Tablets tonight. They produce an agreeable laxative effect, clear the head and cleanse the stomach. Price, 25 cents. Samples free at W. A. Warren's drug store.

For iron rust—a mixture of equal quantities of benzine and powdered borax will remove the worst spots. There is a danger in using oxalic acid. If too strong, or not thoroughly removed at once, it may weaken the fibre of the cloth. Mildew is still more difficult to remove. If covered thickly with a mixture of chalk and powdered borax, it will disappear on exposure to the sun. Fruit, tea and coffee stains will disappear if there is a mixture of boiling borax water. Chamberlain's kitchen sink should be often sweetened with hot borax water.

KENDALL'S SPAVIN CURE

The Horseman's Friend—Safe and Sure. If you have a lame horse, get Kendall's Spavin Cure. If you have a horse that can't work on account of a spavin, strain or bruise, get Kendall's Spavin Cure. If you have a horse that even the veterinary can't cure of spavin or any soft Swelling of swelling—get Kendall's Spavin Cure. Be sure you get KENDALL'S. Two generations—throughout Canada and the United States—have used it and proved it. "I have been using Kendall's Spavin Cure for the last 20 years, and always find it safe and sure." HERBERT J. McNEILL. \$1 a bottle—6 for \$5. Write for a copy of our great book "Treatise On The Horse." It's a mine of information for farmers and horsemen, who want to keep their stock in prime condition. Sent free. DR. B. J. KENDALL CO., 25 ESCORT FALLS, VERMONT, U.S.A.

Bear River

(B. R. Telephone.) Mrs. Captain John DeLap, who has been in Boston the past few months, arrived home Wednesday.

Mrs. C. W. Walden and child arrived here last week and are occupying Mrs. Janie Ray's house for a few weeks.

Lorenzo Morgan went to Middleton Tuesday, being called by the serious illness of his father, George Morgan.

Mrs. (Dr.) H. D. Wilson, who has been spending the past few weeks here left for her home in Barrington Tuesday.

Rev. I. A. Corbett and David Harris, who attended the Association at Bridgetown, returned home Wednesday.

Tern schr. Helena, Martin, towed down the river last Saturday for New York with lumber shipped by Messrs. Clarke Bros.

Revs. B. N. Nobles and D. H. Simpson, former pastors here, have accepted calls to the churches at Digby and Annapolis respectively.

Principal Lenfest Ruggles and daughter, Miss Blanche, spent Sunday with friends in Bridgetown.

Miss Ruggles also stopped at Annapolis to visit friends.

It looks favorable now for a good cherry crop this season, and if we are to have a "Carival" it is about time some move was made in the matter. Why not call a meeting at once and get the voice of the citizens?

Captain Frances Harris, of the Salvation Army, who has been visiting her parents the past few months, returned to Winnipeg Tuesday, accompanied by her mother, Mrs. Stewart Harris, and sister, Mrs. L. A. Steadman, and brother, Guy Harris, as far as Digby. Captain Harris left a large number of friends in Bear River, who wish her Godspeed.

John W. Freeman purchased a fine pair of draft horses in Windsor last week.

A number of the members of Europa Tent No. 5, K. O. T. M., drove to Smith's Cove on Monday evening and gave an entertainment in Temperance Hall. There was a large crowd present and a very enjoyable evening was spent. The entertainment consisted of music, singing, readings etc., the hit of the evening being the one act farcical comedy entitled, "Everybody works but father," an considering the fact that the boys had not practiced together it was well put on and created considerable amusement. Among the other good features was a song by Charles Savary. They intend repeating the entertainment at Millford Corner on next Wednesday evening by special request.

DO NOT NEGLECT THE CHILDREN.

At this season of the year the first unnatural looseness of a child's bowels should have immediate attention. The best thing that can be given is Chamberlain's Colic, Cholera and Diarrhoea Remedy, followed by castor oil as directed with each bottle of the remedy. For sale by W. A. Warren, Plum B.

COALS FROM A FORGE.

Make yourself worth while. If you can't be a sun be a star. Haste often trips up its own heels. Character is the product of antagonism.

"Mankind" is a term that embraces woman. Stand your ground—only the brave can do that.

The hands of modern commercialism are stained with blood. Somebody has said that hate is love turned wrong side out.

Existence is one great drama, but you have the choice to see what you wish.

Only the truly great can stand alone. Such are they—majestic their solitariness.

One of the prime properties of truth is its resurictive power. Crush it and it will rise again.

It's a real fact—you can't put square peg in a round hole. Neither is it safe to put a small man in a big place.

New Meat Market

The undersigned has this day formed a partnership in the name of Williams and Tibert and will continue the meat business heretofore carried on by B. M. Williams alone.

The firm promise an even better service in the future and will make every endeavor to give satisfaction to customers.

B. M. WILLIAMS.
G. B. TIBERT.

Dated the 1st day of May 1907.

A lot of Men's Rubbers at	65c
" " " Boots " "	95c
" " " Misses " "	95c
" " " Womens " "	95c
Tiger Tea at 35c. now	30c
" " " 30c. "	25c
Vim " 25c. "	20c
Mince Meat 12c. "	.08c

Big discount in Dry Goods at

Mrs. E. J. Burns.

BRIDGETOWN LAUNDRY

First-class work done and satisfaction guaranteed or work repeated, free. Work called for and delivered when finished to any part of the town.

JOHN S. LEE.

The best insecticide and cheapest insecticide.

Swift's Arsenate of Lead.

You can afford to pay less than any other preparation because you do not have to spray so often. You save more in labor than you spend for material. It destroys all leaf eating insects repeated, free. Work called for and delivered when finished to any part of the town.

In packages of 1-5-10-20-50-100lbs

A. M. Bell & Co
Halifax, N. S.
Agents for N.S. and P.E.I.

No Summer Vacation This Year

The demand for prominent bookkeepers and stenographers increases all the time, and we are ready to do our part in supplying current needs. The only class of students will be retained, individual instruction will be given and all success. Send today for catalogue giving terms, etc.

S. KERR & SON
1040 Pelham Hall

Butter Parchment

We are having a large demand for this article. We supply best quality and if needed use a special parchment ink which will not run when wet.

Prices, printed or unprinted, on application.

WANTED

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS and TALLOW.

CASH PAID AT THE HIGHEST MARKET PRICES.
McKenzie, Crowe & Co., Ltd