Woman's Home Companion C. ly describes the photographic aving one person appear twice me picture and tells the amaographer how to accomplish it. you actually do is this: Cut piece of thick, stiff pasteboard. vhich will fit into the inside of ra and be held in place by the the bellows. It should be fithe fold of the bellows which l it about an inch or an inch. alf in front of the plate. Its ifle more-say one-eighth of an

this piece of carboard thorback on both sides by dipping and letting it dry. See that board is well 'seated' in the folds so that light does not

t the joints. your subject and proceed to that the image appears on the te of the ground glass in the left side of the finished picture he result). The left side of the class appears blank, because it; from exposure by the cardinsert the plate holder, take a put back the slide and remove e holder; on no account move ra, however. Very gently slide board from the left side to the id replace the ground glass. subject on the opposite side enter this time. Then replace e holder, remove the slide and second exposure exactly the igth as the first."

HISTORIC KAVALA.

ecian Seaport Was Known as

apolis in St. Paul's Time. a, the Grecian seaport which red so often in press dispatches recent years, is noted as the ce of Mehemet Ali, the remark. of an Albanian farmer whose s viceroy of Egypt during the f of the nineteenth century alecipitated Europe into a war ms. The house in which this rily pasha was born in 1769 is rrow, crooked street not far re Turkish school which he although he himself never

to read or write. man days Kavala was known as , and it was here that St. Paul m his way from Samothrace to where there was a thriving Christians, to whom the Epis Philippians was addressed.

to the beginning of the Chris-Neapolis was the seaport of , whose ruins are to be found a miles from shore on the highm Kavala to Thessaly. Here t of Brutus and Cassius was at during the famous conflict on is of Philippi in 42 B. C., when issinators of J ius Caesar met it the hands of the legions comby Antony and Octavius.

ically all that remains to conprient Negpolis with moderal is a Roman aqueduct, whose er arches still convey water ount Pangeus to the town and

race we sleep too little. An in fe is pearly all sleep. Graduale child grows older the hours of e-shortened. Youth till the age ty is reached requires fully ten. leep. Although nature demands

Our 6leep.

tours' sleep in summer than in it has been proved that eight f sleep are required for the avnot simply eight hours in bed, amount of good, sound, restful ght after night. Our power to intimately related to our abilteep, and there is no more relidication of sound health thans acity to sleep naturally, and the deeper the sleep.

pled Mer Baking Capacity. day, when baking cookies," says ewife in the Woman's Home tion, "I expressed a wish for pans. My husband said, 'Why e some made to fit the over? a measured the grate and went the hardware store. In a few had two Russia iron pans 1914 inches and one inch deep. ans hold three dozens of cookies to my baking very much more than I could with the old pans,

Wonderful Man. re is he from?" n't know, but I think he was on a desert island." t in the world makes you think

only held twelve cookies.

says no woman ever made

His Regular Bath Day, ective Boarder-What are your Hotel Proprietor -Two dollars for single room, \$2.50 a day for the bath. P. B.—That is \$14.50 H. P.-No; only \$14. P. B. it I was counting Saturdays.



Honor Roll, Company 149 Batt.

Lieut. W. H. Smyth, Headquarters Ottawa.

Ottawa.
Lieut. R. D. Swift, Scout Officer,
Sergt. W. D. Lamb
Sergt. M. W. Davies
Sergt. S. H. Hawkins
Sergt. E. A. Dodds
Sergt. W. C. McKinnon
Sergt. Geo. Gibbs
Sergt. H. Murphy
Sergt. C. F. Roche Sergt. C. F. Roche Corp. W. M. Bruce

Corp. W. M. Bruce
Corp. J. C. Anderson
Corp. J. Menzies
Corp. S. E. Dodds
Corp. H. Cooper
Corp. C. Skillen
Corp. C. E. Sisson.
L. Corp. A. I. Small
B. Q. S. B. C. Culley
C. Q. S. — C. McCormick
Pte. A. Banks

Pte. A. Banks
Pte. F. Collins
Pte. A. Dempsey J. R. Garrett H. Jamieson

Pte. G. Lawrence Pte. R. J. Lawrence Pte. C. F. Lang Pte. W. C. Pearce Pte. T. E. Stilwell Pte. A. H. Lewis, Band Pte. G. A. Parker Pte. A. W. Stilwell Pte. W. J. Saunders

Pte. A. Armond Pte. W. C. Aylesworth, Band Pte. R. Clark, Bugler Pte. S. L. McClung Pte. J. McClung Pte. C. Atchison

Pte. H. J. McFeley Pte. H. B. Hubbard Pte. G. Young Pte. T. A. Gilliland Pte. D. Bennett Pte. F. J. Russell Pte. E. Mayes Pte. C. Haskett

Pte. S. Graham Pte. W. Palmer Pte. H. Thomas Pte. F. Thomas Pte. B. Trenouth Pte. E. A. Shaunessy Pte. W. Zavitz Pte. W. J. Sayers Pte. Lot Nicholls

Pte. John Lamb Pte. Eston Fowler Pte. E. Cooper.
Pte. F. A. Conne ly.
Pte. F. Whitman.
Pte. Edgar Oke.
Pte. White.

Pte. McGarrity

Pte. Wilso l Watson, C Pte. L. H. Aylesworth, Band.

Made the Supreme Sacrifice

WATFORD AND WARWICK Lt.-Col. R. G. Kelly Capt. Thos. L. Swift Sergt.-Major L. G. Newell Pte. Alfred Woodward

Pte. Percy Mitchell Pte. R. Whalton Pte. Thos. Lamb Pte. J. Ward Pte. Sid Brown

Pte. Gordon Patterson Pte. F. Wakelin, D. C. M. Pte. T. Wakelin Pte. G. M. Fcuntain Pte. H. Holme

Pte. J. Stillwell Pte. Macklin Hagle Sergt. Clayton O. Fuller Gunner Russell Howard Trenouth.

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SPECIAL OFFERING Can spare a few good Shorthorn females.

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Ammonia water, instead of soap, for cleaning white paint, will elean it perfect-ly without dulling.

Three years imprisonment will be the punishment meted out to deserters under the purposed conscription bill.

Motorists who are going away an trips, should see that they have their pasports before leaving. Then where they cross to the Tnited States they should see the costoms officials about their cars so that they will not have to pay any duty when they return. If this is done they will not find one they will appear to the profession of the costoms of the not find any trouble crossing the borders.

Hard and soft corns both yield to Holloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

A PATRON OF ART.

He Was a Good Bluffer, but De Wint Called His Hand.

Peter de Wint, the English landscape painter, was accustomed each year to have a semiprivate show of his pictures before sending them to the Water Color society's exhibition. On such occasions his friends frequently bought pictures, which, of course, appeared at the public exhibition marked "Sold."

Among the painter's friends was a wealthy man who wanted to appear a patron of art and at the same time to keep his money. He managed this by loudly admiring the paintings already sold. He was always a bit too late to buy the pictures that pleased him most and, having seen them, he could never content himself with less beautiful works.

De Wint at last suspected the man's sincerity, and when the next show day came round he concluded to test him. After plenty of time had been allowed for De Wint's friends to make their purchases, the rich man arrived. As usual, his eye soon fell on two "perfect gems" marked "Sold." Turning to the artist, he said, "Now, De Wint, those are exactly the things I should like to possess; what a pity they are not to be had."

"My dear sir," said the painter, slap-ping him on the back, "I knew you would like them, so I put the tickets on them to keep them for you."

A LESSON IN THRIFT.

How a Young Man Can Lay the Foundation of an Old Age Income.

In "The Family's Money" in the American Magazine a father asks his son why he does not increase his income every year in the following manner: "Suppose you save \$250 a year, or about \$5 a week. You could do that and not suffer. Invest that money in a sound 6 per cent security. During the second year it will earn for you \$15, giving you an increase of \$1.25 a month. Add your interest gain to the principal, and at the end of the second year you will have \$515 working for

"At the close of the fourth year you will have a capital invested of \$1,092, which during the fifth year will give you \$65, or more than \$5 a month. Of course each year is adding to your principal and your income. When the eighth year comes to an end you will possess capital of \$2,470, which during the ninth year will earn \$148, or more than \$12 a month, and that is not an amount to laugh at.

"At the end of the twentieth year you have \$9,180, which during the fol-lowing year will earn \$550, or more than \$45 a month. When that year closes you will possess capital of practically \$10,000, which will give you an ncome increase of \$600 per annum, or \$50 a month."

Trial is Inexpensive. - To those who suffer from dyspepsta, indigestion, rheumatism or any ailment arising from derangement of the digestive system, a trial of Parmelee's Vegetable Pills is recommended, should the sufferer be un-acquainted with them. The will be inacquainted with them. The will be in-expensive and the result will be another customer for this excellent medicine. So effective is their action that many cures can certainly be traced to their use where other pills have proved ineffective

Boys and Girts.

The difference is apparent early. A boy has as much fun in stoning a cat as a girl has in hunting for violets.

A boy's curiosity is directed to the ice box; a girl would like to see what is in the top bureau drawer.

A girl can give the impression when away from home that her parents are wealthy; a boy cannot. A girl is never so young that she will

reveal to guests at a party that the spoons are borrowed; a boy child never grows so old that he fails to. Give a boy a dollar, and he will eat it; give his sister one, and she will

wear it. When brothers fight it is over the larger share of pie. When sisters quar-rel one has worn something belonging to the other without asking permis-

sion.

A Woman Did It. A lesson to landlords is this. A woman did it. She wanted the house papered. The landlord talked about the paper shortage and took his rent and

went.
The next month when he called he heart heart heart heart fully papered. found the house beautifully papered. He was pleased and said so. The woman smiled. She walked to the wall and moved a picture aside. Beneath the picture was a grimy square of the old paper. The woman had papered around every picture in the house. As she paid the month's rent she gave no-tice that she would move the next

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Mr. David Verex, Sonya, Ont., writes—"I have used your Spavin Cure for ifteen years, and know it to be a good cure". Be ready for emergencies, keep a oottle of Kendall's in the barn. Then, if a horse goes lame, you have the emedy on hand to cure the trouble quickly, \$t. a bottle—for \$\$\$. atdruggists'. Ask rour dealer for free copy of book—"Treatise On The Horse"—or write us direct. Dr. B. J. KENDALL CO., . . ENOSBURG FALLS, VERMONT, U.S.A. 110

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HEADQUARTERS FOR

LUMBER AND ALL BUILDERS SUPPLIES

See our Metal Roofs, Sidings and Ceilings. Now is the time to renovate your old leaky roof with our Roof Coating. Also Arco Sealit for cementing leaky chimneys. Arco Sealit is also used for leaky skylights, old tanks, troughs-in fact, everything that leaks.

SCREEN DOORS

SCREEN WINDOWS

A couple of Good Lawn Benches For Sale Cheap.

G. CHAMBERS EST

Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION Thos. L Swift, reported missing, since June 15, 1915, Rich. H Stapleford, Bury c Binks, L Gunn Newell. killed in action, Arthur Owens, F C N Newell, T Ward, Sid Welsh Alf Woodward, killed in action M Cunningham, M Blondel, W Blun R W Bailey, A L Johnston, R A Johnston, G Mathews, C Manning, W G Nichol, F Phelps, H F Small, E W Smith, C Toop, C Ward, J Ward, killed in action, F Wakelin, D C M, killed in action, T Wakelin. wounded-missing, H Whitsitt, B

PRINCESS PATRICIA'S C.L.I Gerald H Brown

18TH BATTALION C W Barnes, Geo. Ferris, Edmund Watson, G Shanks J Burns, F Burns, C Blunt, Wm. Autterson, S P Shanks

2ND DIVISIONAL CAVALRY Lorne Lucas, Frank Yerks, Chas.

Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H Patterson, died Victoria Hospital, London. 34TH BATTALION

E c Crohn, S Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees, C Jamieson. 29TH BATTERY

Wm. Mitchell, John Howard. ANTI-AIRCRAFT Gunner Woolvet

70TH BATTALION Ernest Lawrence, Alfred Emmerson. C H Loveday, A Banks, S R Whal-

ton, killed in action Oct. 1916, Thos. Meyers, Jos M Wardman, Verm Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough. C. F. A., Corp. V. W. Willoughby.

28TH BATTALION Thomas Lamb, killed in action. MOUNTED RIFLES Fred A Taylor

PIONEERS Wm. Macnally, W F Goodman. ENGINEERS J. Tomlin

ARMY MEDICAL CORPS T A Brandon, M. D., Capt. W J McKenzie, M.D., Norman McKenzie Jerrold W. Snell, Allen W Edwards.

135TH BATTALION N McLachlan 3RD RESERVE BATTERY, C.F,A

Alfred Levi 116TH BATTALION

Clayton O. Fuller, killed in action

April 18th, 1917. 196TH BATT.

R. R. Annett.

70TH BATTERY R. H. Trenouth, killed in action on May 8th, 1917; Murray M. For-

142ND BATTALION Austin Potter.

GUNNER Russ. G. Clark. R. N. C. V. R.

John J Brown ARMY DENTAL CORPS

Elgin D. Hicks, H. D. Taylor. ARMY SERVICE CORPS Frank Elliot, R. H. Acton.

Arthur McKercher 98TH BATTALION Roy E. Acton.

64TH BATTERY C. F. Luckham.

COUNTY OF LAMBTON

Treasurer's Notice as to Lands Liable For Sale for Taxes, A. D. 1917

TAKE NOTICE that the list of lands fn the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County of Lambton has been prepared by me and that copies thereof may be had in the office of the County Treasurer.

urer.
AND FURTHER take notice that the list of lands for sale as aforesaid is now being published in the Ontario Gazette fi the issues thereof bearing date 14th, 21st and 28th days July and the 4th day of

August 1917.
AND FURTHER take notice that in default of payment of the taxes in arrears upon the lands specified in said list together with the costs chargeable thereon as set forth in the said list so being published in the Outario Gazette before the day fixed for sale of such lands, being the 20th day of October, A.D. 1917, the said lands will be sold for taxes pursuant to the terms of the ad-vertisement in the Outario Gazette. AND FURTHER take notice that this publication is made pursuant to Assessment Act Revised Statutes of Ontario 1914, Chapter 195, Section 149,

Sub-sec. 3.
Dated at Sarvia this 16th day of July, A.D. 1917.

H. INGRAM,

Treasurer of County of Lambton.



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Superiority of Educational Merit. Superiority of Educational Merit.
This new creation answers with
final authority all kinds of puzzling
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