

PALLID CHEEKS MEAN ANAEMIA

New Health Can be Obtained by
Enriching the Blood Supply.

When a girl in her teens becomes peevish, listless and dull, when nothing seems to interest her and dainties do not tempt her appetite you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks, frequent headaches and breathlessness and heart palpitation will confirm that she is anemic. Many mothers as the result of their own girlhood experience can promptly detect the early signs of anaemia and the wise mother does not wait for the trouble to develop further, but at once gives her daughter a course with Dr. Williams' Pink Pills, which renew the blood supply and banish anaemia before it has obtained a hold on the system.

Out of their experience thousands of mothers know that anaemia is the sure road to worse ills. They know the difference that good red blood makes in the development of womanly health. Every headache, every gasp for breath that follows the slightest exertion by the anemic girl, every pain she suffers in her back and limbs are reproaches if you have not taken the best steps to give your weak girl new blood, and the only sure way to do so is through the use of Dr. Williams' Pink Pills.

New, rich, red blood is infused into the system by every dose of these pills. From this new rich blood springs good health, an increased appetite, new energy, high spirits and perfect womanly development. Give your daughter Dr. Williams' Pink Pills and take them yourself and note how promptly their influence is felt in better health.

You can get these pills through any dealer in medicine or by mail post-paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A New Excuse.

A schoolmaster said to a small boy: "Why were you not at school yesterday, Morgan?"

"I was very sick, sir," replied the boy.

"What was the matter with you?" asked the schoolmaster.

"Senile decay," answered the boy, adding: "It's very bad in our family just now. My grandmother died of it a fortnight ago, and I think our baby is sickening for it now, sir."

Minard's Liniment For Dandruff.

SEASONABLE DESIGNS



9460—Misses' Dress (suitable for small women; kimono sleeves; in two lengths. Price, 25 cents. In 3 sizes, 16 to 20 years. Size 16 requires 4 1/2 yds. 40 ins. wide; collar, 3/4 yd. 36 ins. wide. Width around bottom, 1 1/2 yds.

9358—Misses' Dress (suitable for small women; in two lengths; with or without tunic). Price, 25 cents. In 3 sizes, 16 to 20 years. Size 16 requires 3 1/2 yds. 40 ins. wide; vest front, 1/2 yd. 18 ins. wide. Width, 1 1/2 yds.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond Street, Toronto, Dept. W.

Effort.

No endeavor is in vain; Its reward is in the doing. And the rapture of pursuing Is the pride the vanquished gain. —Longfellow.

Why He Fell.

"Mother," said Jim one morning, after having fallen out of bed, "I think I know why I fell out of bed last night. It was because I slept too near where I got in."

Musing a little while, as if in doubt whether he had given the right explanation, he added:—

"No, that wasn't the reason; it was because I slept too near where I fell out."

Rooster Eggs.

A French scientist says that by examining an egg he can tell whether it will produce a male or a female chick. The egg that will hatch out a rooster is slightly heavier relatively to size.

Empire Press Delegates in Evangeline's Land.

Five continents were represented at the unveiling of the statue of Evangeline, Grand Pre, Nova Scotia. Nearly all those present belonged to the Imperial Press Conference party, and the unveiling ceremony was performed by Lady Burnham, who said:

"Evangeline is the beautiful conception of an American poet whose verses we learnt to read on both sides of the Atlantic when we were children. History has shed another light on the Acadian story. We see to-day that British policy was not as black as it was painted. Whatever may be the truth of this story, as a woman, and an English woman, I shall always regard it as one of the most painful episodes in our annals. Thank God those cruel old days lie behind us forever, and from the fate of Evangeline has sprung a great wave of sympathy which has been carried on the healing hand of time. It is a good omen that the beautiful sun, God's healing hand, should be resting upon us all to-day, who are here to do honor to that sweet woman. Under those rays in your wonderful land so full of beauty and promise the old hatred is dead. I have now the great honor and privilege of unveiling the statue of Evangeline."

The statue, which is of bronze, is the work of Henri Hebert from a model by his father, the late Philippe Hebert, a descendant of the Acadians of whom Evangeline was one. It is a magnificent work of art, and was presented to the Park at Grand Pre by the Dominion Atlantic Railway, which is now part of the C.P.R.

SUMMER HEAT HARD ON BABY

No season of the year is so dangerous to the life of little ones as is the summer. The excessive heat throws the little stomach out of order so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill. Summer is the season when diarrhoea, cholera infantum, dysentery and colic are most prevalent. Any of these troubles may prove deadly if not promptly treated. During the summer mother's best friend is Baby's Own Tablets. They regulate the bowels, sweeten the stomach and keep baby healthy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Suns That Have Cooled Off.

With the sun so near at hand, only 93,000,000 miles away, we have a fine opportunity to see what a star is really like.

The sun is a very old star. Some astronomers have gone so far as to say that it is senile and decrepit, but this is disputed.

We can see in the heavens plenty of young suns, some of them thousands of times as brilliant as our own orb of day. They seem to be masses of burning gas.

As a sun grows older it slowly and steadily shrinks in size and the contracting process augments its heat. But there must come a time when, owing to increased density, its shrinking slows up and it begins to get cooler.

It is thought that perhaps our sun has reached the stage where it is cooling. But if this be true, the process is so slow that human observations have not been able to make sure of it. Records of its radiation a thousand years hence compared with those of to-day might possibly give some sort of indication.

The time must arrive when the sun will no longer give out heat enough to support animal and plant life on the earth, but we in the twentieth century need hardly worry about that, for the time when our sun dies is far distant.

Lachute, Que., 25th Sept., 1908.

Minard's Liniment Co., Limited.

Gentlemen:—Ever since coming home from the Boer war I have been bothered with running fever sores on my legs. I tried many salves and liniments, also doctored continuously for the blood, but got no permanent relief, till last winter when my mother got me to try MINARD'S LINIMENT. The effect of which was almost magical. After two bottles the sores completely disappeared and I have worked every working day since.

Yours gratefully,
JOHN WALSH.

What She Had Seen.

An English tourist was on a visit to Arran, and decided to have a day's fishing. He made inquiries of local experts, and on being told that the eel, or horsefly, would suit his purpose for lure, he sought the highland servant-girl at his inn.

"I say, my girl, can you get me some horse-flies?" he asked.

The girl looked at him stupidly.

He repeated the question, and added:—

"Why, girl, did you never see a horsefly?"

"Naa, sir," replied the girl, shaking her head, "but wance I saw a coo jump over a cliff."

In No Hurry.

Although two years have nearly elapsed since Armistice Day, the United States is still without an accurate list of the names of all officers and enlisted men who died in the war.

There are 400,000 automobiles in Canada.

ED. 7 ISSUE No. 35-20.

SUMMER ASTHMA— HAY FEVER

—sleepless nights, constant sneezing, streaming eyes, wheezy breathing:—

RAZ-MAH

brings relief. Put up in capsules, easily swallowed. Sold by reliable druggists for a dollar. Ask our agents or send card for free sample to Templeton's, 142 King St. W., Toronto.

Hippo Teeth.

The chief ivory market of the world is in Antwerp, where buyers from everywhere assemble four times a year to attend an auction of this material.

Most of it consists of the tusks of African elephants, but considerable quantities of hippopotamus teeth also figure in the sales. The latter, at an auction a few weeks ago, brought prices all the way from thirty-five cents to \$5 a pound, according to the quality.

A century ago hippopotamus ivory was much more valuable than it is to-day, because it was the preferred material for artificial human teeth, being very dense and hard. George Washington had a set of teeth made of it. But nowadays much better ones are manufactured of porcelain by the million.

At the recent auction above mentioned rhinoceros horns brought \$13 a pound. They are ingeniously carved, mostly for curios. The horn of the rhinoceros, by the way, is one of the oddities of nature, being composed of closely compacted hair.

MONEY ORDERS.

It is always safe to send a Dominion Express Money Order. Five dollars costs three cents.

Will Produce Sugar in India.

Extensive developments are expected in the sugar industry of British India, where sugar is scarce and expensive. A sugar committee, recently appointed by the Indian Government to investigate, is expected to recommend that manufacture be taken up on a large scale with government assistance. Chief difficulty seems to be in getting plant and machinery. The interests in India have established a large corporation for the refining of sugar.

SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in package.

"CORNS"

Lift Right Off Without Pain



Doesn't hurt a bit! Drop a little "Frezzone" on an aching corn, instantly that corn stops hurting, then shortly you can lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Frezzone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

America's Pioneer Dog Remedies

DOG DISEASES

and How to Feed Malted Food to any Address by the Author, H. Clay Glover Co., Inc., 118 West 31st Street New York, U.S.A.

BITS OF HUMOR FROM HERE & THERE

What He Learned.

"What have you learned to-day?" asked father of his small son just home from his first day at school.

"Readin', writin' and gazinta, dad."

"Gazinta! What's that? I never heard of it. How do you do it?"

"Why, teacher puts a lot of figures on a black board and tells us that two gazinta four, three gazinta six, and things like that."

Described Him.

The teacher in a country school tried to make the lesson as interesting as possible.

"Now, children," she said, "let me see what you remember about the animal kingdom. You have named all the domestic animals but one. What is that?"

There was no reply.

"What!" exclaimed the teacher.

"Does no one know? It has bristly hair, likes the dirt, and is fond of grovelling in the mud."

"Well, Allan?" said the teacher.

"Please, ma'am," said the little boy, reflectively, "it must be me."

Minard's Liniment Relieves Distemper

Boys and girls never play together in Persia.

DANDRUFF SOON

GETS YOUR HAIR

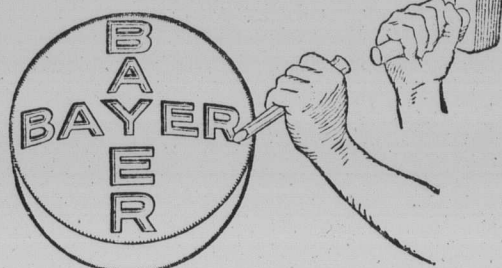
Let "Danderine" check nasty scurf and stop hair falling out



To stop falling hair at once and rid the scalp of every particle of dandruff, get a small bottle of "Danderine" at any drug or toilet counter for a few cents, pour a little in your hand and rub it into the scalp. After several applications the hair usually stops coming out and you can't find any dandruff. Soon every hair on your scalp shows new life, vigor, brightness, thickness and more color.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over nineteen years and now made in Canada. Always buy an unbroken package of "Bayer Tablets of Aspirin" which contains proper directions for Colds, Headache, Toothache, Earache, Neuritis, Lumbago, Rheumatism, Neuralgia, Joint Pains, and Pain generally. Tin boxes of 12 tablets cost but a few cents. Larger "Bayer" packages. There is only one Aspirin—"Bayer"—You must say "Bayer."

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic Acid of Salicylic Acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

The High Price of Sugar

makes one welcome foods which are rich in natural sweetness.

Grape-Nuts

—the ready-cooked cereal

requires no added sweetening, for it contains its own pure grain sugar, developed from wheat and barley by twenty hours' baking.

Sprinkle Grape-Nuts over ripe fruit or berries and you'll save sugar.

ANCHOR PLUG TOBACCO



Two plugs
for 25¢

THE freshness, and flavor, of ANCHOR PLUG is not equalled, nor approached by any other chewing tobacco. That is why ANCHOR PLUG is supreme.

It Holds its Flavor