

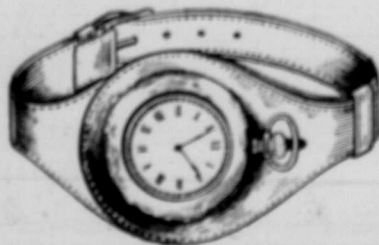
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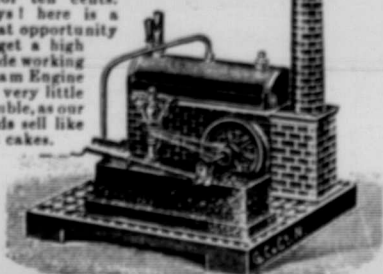


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This fine Horizontal Steam Engine given free, to any boy selling \$4.00 worth of our beautiful glazed Christmas and New Year Post Cards at 6 for ten cents. Boys! here is a great opportunity to get a high grade working Steam Engine for very little trouble, as our cards sell like hot cakes.



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Sunshine

The Grain Growers' Sunshine Guild

COUNTRY WOMAN'S EXCHANGE

Still harping on the same old question you see, but it's really the only way to get anywhere. So I must ask you again if you think a department of this kind would be useful to you and explain its purposes.

During the summer when our correspondence was just beginning to grow we had space to print the letters as they came in, but now that winter is coming on and our correspondents have more leisure to write, we won't be able to promise that letters will get into print inside of several weeks, so that if one of our correspondents wrote to say that she had butter or fowl to sell or wanted help or had any other need, the word might not reach our readers for several weeks.

So we have been thinking of starting a Country Woman's Exchange, where for a moderate sum a woman could make an announcement of any kind she pleased and be sure that the word would reach The Guide's readers in the shortest possible time.

Just write and tell me whether or not you like the idea and whether you could use it personally.

Don't be afraid to criticize it unfavorably, for we thrive on opposition and any project that won't bear looking at from all sides ought to die a natural death.

FRANCIS MARION BEYNON

Address all correspondence to Francis Marion Beynon, Grain Growers' Guide, Winnipeg, Manitoba.

REGARDLESS OF CRITICISM

Dear Miss Beynon:—The recent letter of "Bluebell" regarding the cruelty of woman to woman prompts me to raise my pen in defence of the ideals she held to when first married. They are the right ideals. It is absolutely impossible for an expectant mother to realize how much she may influence her unborn child, and it is wrong that she should feel that she must stay indoors, and go abroad only under cover of darkness. At no other time does she need outdoor air so much, change of sight, and change of company. Even if she just goes across the road, or over the first little rise in the landscape. I have proved pre-natal influence twice—my children are already showing in their temperaments the different environments of their mother before their birth. I know full well that women are cruel—oh so cruel—and even positively nasty.

Personally I never, never opened my mouth on the subject to anyone, and when they broached the subject in a manner that hurt the over-sensitive temperament accompanying the condition, I just bit my tongue and said nothing. We must educate our daughters, our little daughters, to be loving in thought, speech and action, towards every expectant mother no matter whether she is the wife of some foreign homesteader or the wife of the mayor of the town. Women who are so cruel spoken on this subject do not realize their ignorance nor their cruelty, and we must use every endeavor that the succeeding generation of women is kinder than the last.

And afterwards, take the children to church. Every day that weather permits. If it is necessary take them out and administer a little correction if they get too noisy. It does even a stirring child good to have to be quiet for an hour once a week. Children actually enjoy the service, but an hour is long enough. I have had to take mine out and bring them in again, but they have learned that quietness must prevail in church, babies from two months old can be good in church. Leave them alone, that is don't turn them often unnecessarily out of nervousness. Ministers are rarely disturbed by any child and are almost always sincerely glad to see them, and we know that Our Father is pleased. "Bluebell," keep up heart, stick to your first ideals and be above the taunts of others. It is possible to be so, all the time maintaining the most modest demeanor and outward appearance. This is already too long, and not very sensibly written, but the subject is one on which I feel strongly.

CHARITY.

ADVICE FOR PAUL

Dear Miss Beynon:—Did our friend Paul get a cure for her baby's colic? One of my boys used to be subject to colic. In a slight attack a little warm water and sugar would help. If more severe a drop or two of essence of peppermint on sugar and a little hot water, let baby sip it from the spoon. Do not give too strong or too quickly, it might strangle baby. My boy used to like it and look for more. After giving baby peppermint rest the little stomach on your shoulder, tap baby slightly on the back. If it is wind colic that will nearly always give relief.

I know Bluebell is right, and when I meet anyone who is likely to criticize on that subject I give them a good, plain talk, they can like or lump it. As for the young people, perhaps their own mother is to blame for not making them wise on many subjects.

If mothers would confide in their girls I don't think so many girls would be so easily led astray. It was a neighbor that gave me some good long talks when I was just in my teens, and I have often thanked her for her good, plain advice. I told my mother things that I had heard. She was simply shocked, but I was left motherless and fatherless long before I was out of my teens, and that neighbor's advice was a comfort to me many times. Why will mothers be so mock modest when they could prepare the ones they love so dearly for temptations they are likely to meet with in this world of ours? I hope these good, commonsense letters of yours will wake a few of them up to their responsibility.

I must close, with best wishes for your success.

MOTHER OF BABE.

The latest gospel in the world is know thy work and do it—Carlyle.



FASHIONABLE MODELS

7303—Square Yoke Blouse, 34 to 42 bust. With Low Neck and without Lining or with High Neck and Lining and Undersleeves. 1 yard 36 with 3 yards of banding to trim as shown in front view, 1 1/4 yards 18 inches wide for yoke and undersleeves and 1 yard of silk for bands as shown in back view, for medium size.
 7488—Blouse for Misses and Small Women, 16 and 18 years. With Set-In Sleeves, with or without Eyelets and Lacings. 1 1/4 yard 36, 1 1/4 yards of braid, 2 yards of cord for lacings, for 16 year size.
 7463—Tucked Kimono Blouse, 34 to 40 bust. With or without Guimpe Lining. 1 1/4 yards 36 with 1 yard 18 for collar, 3/4 yard 18 for yoke and undersleeves, for medium size.
 7344—Two-Piece Skirt, 22 to 30 waist. With High or Natural Waist Line, with or without Circular Ruffles. 2 1/4 yards of material 36 for plain skirt with 2 yards 36 for ruffles, for medium size.
 7367—Two-Piece Skirt with Tunic Effect, 22 to 30 waist. With High or Natural Waist Line, with Inverted Plaits at the Sides. 2 1/4 yards of material 36 or 44 inches wide with 2 yards 36 for foundation.
 7471—Four-Piece Skirt with Tunic Effect, for Misses and Small Women, 16 and 18 years. With High or Natural Waist Line. 3 1/4 yards 36, for upper portion, 3/4 yard 36 for lower portion, for 16 year size.
 The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.



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