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## One at a Time

Two Irishmen were employed on a dump barge. One day the waves ran high near shore. The tug's old towing cable parted. The barge rolled into the trough of the sea and the two Irishmen were washed overboard. One swam to the shore and after a short rest was about to start back toward the other man, who was still wrestling with the waves.
" Why, what are you going back into the water for, Pat?" inquired a bystander. "Why, of had to save meself furst," said Pat, " and now Oi'm goin' back to save Moike."-Monarch Messenger.

The First Great Battle of Namur, 57 B.C.
History is repeating itself in the European war. Almost 2,000 years ago the Romans, under Julius Cæsar, attacked the Belgian fortifications at Namur just as the Germans did in 1914. The catapult, the most powerful engine of war known in Roman days, was the forerunner of the great slege howitzers of the Germans. Supported by this artillery, the Roman soldiers rushed the Belgian defences in their famous "testudo" or "tortoise" formation, closely massed and with shields overlapping to form an impenetrable defence against the spears and darts of the enemy. The captured Belgians of Namur were sold into slavery.

## Vegetable Immigrants

Celery originated in Germany The onion originated in Egypt. The citron is a native of Greece. Oats originated in Nortin Africa. The poppy originated in the East. Rye came originally from Liberla. Parsley was first known in Sardinia.
The pear and apple are from Europe. Spinach came from Arabla.
The sunflower was brought from Peru. The mulberry tree originated in Persla. Walnuts and peaches came from Persia. The horse chestnut is a native of 'ribet. Cucumbers came from the East Indies. The quince came from Crete.
The radish is a native of China and Japan.
Peas are of Egyptian origin.
Horseradish is from Southern Europe. -John Hancock Satchwell.

A class in one of our Sunday schools was asked if they knew anything about Goliath, and a little girl said he "was a great big giant," and then she added, "and-and he was a Philippine."

## THE EQUITY LIFE ASSURANCE COMPANY OF CANADA

saved its policyholders $\$ 100,000$ in its first ten years of business by selling them without profits policies and having all premiums paid direct ti. Head Office without commissions. Premiums collected were $\$ 389,000$, instead of $\$ 489,000$. Fourteen other Canadian Com anies received $\$ 18$, 499,695 in their first ien years mainly for with profits policies and paid in profits to policybolders $\$ 91,550$. Their combined accumulated surplus over shareholders' contributions was $\$ 79,707$ at the end of their first ten years. Which looks best to you?

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