

## World of Missions.

### Indians in B. C.

Rev. Dr. MacKay, F. M. Secretary, writes:

The following letter from Mr. J. W. Rus sell, our consecrated Missionary in Ahousaht B. C., gives us glimpses of Indian life on the Pacific coast. When we read of the degraded Indian "boycotting" offenders, and boasting of "blue blood" there is a sense of brotherhood. Human nature does not after all at its root vary very much wherever it is found. At best it is a poor thing without Jesus Christ. When the poor Indian feels his degradation, and asks for light, we surely should not withhold it.

The Foreign Mission Committee has appointed the Rev. Mr. Oswald, of Ladner, B. C., to teach these Nakoata Indians, and he will begin his work in April.

"I received deputation after deputation of the Nootka Sound Indians while they were here at a great "pot-latch" as to the possibility of my sending them a teacher at once. They are very anxious, as they say they have no one to help them to obtain any light whatever, as the Catholic Priests who have occasionally gone there are very uncertain, in their services and in their tempers as well. They think the headquarters should be at the Noachah tribe or Nootka proper, and that the other children in the Sound would likely be drawn there, as relations through inter-marriage of the tribes are much the same as at Barclay Sound, and the missionary could visit the other tribes occasionally. They are in desperate need of a missionary there. Women and children are continually gambling, so much so that even experts here were disgusted with them. The Chiefs all of whom I had the opportunity of meeting are I think a good class of men. The head Chief is one of the bluest of blue blood.

The disturbance referred to above is in connection with a grave robbery. They have become so incensed against the party blamed, that they were demanding his removal from the reserve. At a General Council of the tribe, they decided to boycott him and to insist on his removal, at the same time confirming me in the possession of our premises and limiting the privilege of White Men residing on the reserve, to myself and family. I do not think any serious disturbance will result if I remain with them, but if the offending party, who it is reported, has only temporarily taken the trip up the Coast, comes down on this boat, there might be something serious occur.

There has been all through 1900 a continual jarring between the Indians and certain White Men. They are quite confirmed that White Men, generally are deceitful above all things, and desperately wicked. Hoping you are quite well, and with best wishes for the New Year. Yours very sincerely,

(Signed) JOHN W. RUSSELL.

### Letter From Mr. Slimmon.

Tientsin, Dec. 3rd, 1900.

Dear Mr. MacKay:—The enclosed is a copy of a letter I received from Hsin chen not long ago. I have had it translated by an English-speaking Chinaman so as to preserve as far as possible the full Chinese flavor. The letter was brought to me along with some others by Dr. Malcom's second Medical Assistant, the Dispensary gate-helper Mr. Mitchell's cook, and my ex-cook. The account that they bring from the field is not nearly as bad as one might have fear-

ed. None of our people have been killed, and only a few of them have been taxed by the Boxers. They are full of hope for the future, and urged me to return with them, and as far as things are at present locally, it would no doubt have been safe to do so just now; but it did not seem to be a wise step, because until China has made terms with the powers, we would not be able to resume work to any extent.

It is time we dropped the word 'Boxer' when speaking of this movement. There is abundance of absolutely conclusive proof that it was the Tartar Government that planned and carried out the whole thing. The Boxers were only part of the means Prince Tuan and the Empress used to carry out their plans, and if those of us in China still speak of the Boxers threatening to cause further trouble, we mean that they are going to be used by the Chinese Government for this purpose.

In view of this threatened uprising, it would not be wise to call fresh attention to our people in Honan by visiting them just now. So I had to content myself with sending comforting letters, and with writing a letter to the Magistrate of our district saying that if he protected our church people it would make things easier for him when settling-up day came.

I am still chief interpreter here in Tientsin, and am happy to think that my services are found useful to the British Government.

Remember me kindly to our Board and other friends. With much love. Yours in Christ.

(Signed) James A. Slimmon.

Note by Rev. Dr. MacKay:—The letter referred to by Mr. Slimmon, of which a translation was enclosed, was written by their landlord in Hsin Chen who is a very bad and troublesome man, and no doubt has now in his possession a large part of the substance of the missionaries' home. He in this letter courts favour and tries to throw the blame upon others, having heard that a punitive expedition was likely to visit their village.

Soak all frozen vegetables in cold water until quite thawed; then wash well in salt and water.

Rice pudding made with beef-tee instead of milk makes an excellent savoury pudding for an invalid.

It is said that a drop or two of camphor added to the water with which the face is washed prevents the skin from becoming shiny.

For a cold hot lemonade is a household remedy. Put the juice of two lemons in a pint of hot water. Boil one minute. Sweeten to taste, and drink as hot as possible.

Those with tender feet may be glad to know that a whole punched on either side of patent-leather boots or shoes just at the instep, about one inch from the sole, will, in walking, pump in the air and tend to keep the feet cool.

Suet.—One teacupful each of sweet milk, sugar and dried currants, two teaspoonfuls of baking powder, sifted with two cupfuls of flour, and a half teacupful of chopped suet stirred through the flour before it is added to the other mixture. Steam two hours and cover with a sweet sauce.

Ginger Snaps.—Two teacupfuls of molasses, one teacupful half lard and half butter, a teaspoonful each of ginger and soda, and flour to roll, with care that the dough is not very stiff. For flavoring, grated orange peel may be added. Cut small, bake quickly, and dry in a warm, not hot, oven.

## Vigorous Old Age

### OBTAINED THROUGH THE USE OF DR. WILLIAMS' PINK PILLS.

MR. WILLIAM GRAY, OF NEWMARKET, TELLS HOW HE BECAME HALE AND HEARTY AT THE ADVANCED AGE OF SEVENTY AFTER HAVING SUFFERED GREAT TORTURE FROM SCIATICA AND RHEUMATISM.

Mr. William Gray, who is well and favorably known in the town of Newmarket and vicinity, is rejoicing over his release from the pains of sciatica and rheumatism through the use of Dr. Williams' Pink Pills. A reporter of the Express called upon him for the purpose of obtaining particulars of the cure when Mr. Gray gave the following story for publication:—"About two and a half years ago I was seized with a very severe attack of rheumatism. The pain was simply torturing. At times the trouble was seated in my knees, then in my hips. For nearly a year I suffered along, working as best as I could, in the hope of being able to overcome the disease. During the day the pain was less severe, but at night it was just as bad as ever. To increase my torture I caught a cold which resulted in an attack of sciatica in my right leg. If I walked a short distance I would be seized by sharp pains in the hip and in time I became a used up man; my appetite failed me, and I could not rest at night on account of the pain. I tried one medicine after another without avail. I also consulted doctors with no better result. I was beginning to think that I was doomed to suffer the rest of my life when one day a friend strongly advised me to try Dr. Williams' Pink Pills. I took his advice and procured a supply of the pills and began taking them according to directions. Before the third box was finished I noted a change for the better, so I continued the use of the pills till I had taken ten or twelve boxes when my trouble had entirely disappeared. To-day I am free from pain and feel that life is worth living, even at the ripe old age of seventy. I can now do a day's work with many men who are twenty years younger than I. I thank God for my restoration to health through the agency of Dr. Williams' Pink Pills, and I trust other similar sufferers will give them a trial, for knowing what these pills have done for me I am sure that they cannot fail being as beneficial to others similarly afflicted.

If the blood is pure and wholesome disease cannot exist. The reason Dr. Williams' Pink Pills cure so many forms of disease is that they act directly upon the blood and nerves, thus reaching the root of the trouble. Other medicines act only on the symptoms of the trouble, and that is the reason the trouble always returns when you cease these medicines. Dr. Williams' Pink Pills make permanent cures in kidney troubles, rheumatism, erysipelas, anaemia and kindred diseases. But be sure you get the genuine which bear the full name Dr. Williams' Pink Pills for Pale people on the wrapper around every box.

A burn or scald must have the air kept from it for a quarter of an hour or so. The best way to do this is to at once cover the injured place with sweet oil, then make a paste with some whiting and smear on all over the parts inflamed.