



Use Cuticura to Keep Your Hair From Falling

How many times have barbers given this advice to men who are losing their hair because of dandruff and scalp irritation. At night rub Cuticura Ointment into the scalp. Next morning shampoo with Cuticura Soap and hot water. A clean, healthy scalp means good hair.

Cuticura Soap 25c, Ointment 25 and 50c, Talcum 25c plus Canadian duties. Sold everywhere. For sample each free address: Cuticura Dept. N, Boston, U. S. A.

SOUPS.

Some Pointers for the Housewife.

In making a soup of good stock it is wiser and cheaper to make enough to last two or three days. When thoroughly cooked, strain and set to cool, then remove the grease, pour on enough stock for one serving and set the rest away to keep cool.

Vegetables or any other edible garnish may then be added. Should any soup be left over strain and set aside to add to the next day's portion, but do not turn it in into the unused stock.

In making stock a quart of water is allowed usually to a pound of meat. To give body to thin soups add a little barley, rice, arrowroot, cornstarch, potato flour rubbed to a cream, with a bit of butter, gelatine or rice flour that has been worked free of lumps with a little water or stock.

If a soup made without tomato needs a little acid to flavor it add the juice of a lemon, orange or ripe grapefruit. Lettuce, cucumbers, pounded celery seed, burnt vinegar and sweet herbs are all valuable additions for stock making. If one is the proud possessor of an herb garden, then all the flavorful herbs may be dried or preserved in spirits of wine for cooking use.

An odd Oriental fancy is to make a puree of beans so thick that it hardens when cold; then a clear soup is made and slices of the bean curd are put in each portion. It is delicate and very rich and nourishing. Still another idea from the Far East is to make tiny fritters, holding one boiled shrimp each, serving two or three in each plate of soup. In Russia a favorite soup has sliced apples poached on top just before serving.

Minard's Liniment Cures Garget in Cows.

WHEN ROTHSCHILD PAID HEAVILY.

Here is an illustration of the tricks in trade to which unscrupulous dealers in antiquities will resort to get large prices for their wares. The two parties were Alessandro Castellani, a clever dealer, and Baron Adolph Rothschild of Paris.

Castellani had a superb enamelled ewer, with the dish on which it stood. The Baron on arriving in Rome visited Castellani's shop and was shown the best things the dealer had except the enamelled dish and

ewer. When everything else had been inspected Castellani drew from a hidden cupboard and dish, but not the ewer. The Baron was so pleased with the dish that he agreed to buy the lot of which it was a part. The Baron paid heavily, lamenting that there was no ewer to stand on the dish, and departed for Florence.

There he was visited by an agent would fit into the hollow of the dish. He sold several beautiful majolica pieces. He visited her house and was disappointed, as the majolica was not fine enough. The old lady, seemingly chagrined, left the room to order refreshments, and the Baron saw through the open door of a bedroom a ewer, covered by a glass shade, on which rested a wreath of immortelles. When the lady returned the Baron asked permission to examine the ewer. It was brought out and the Baron saw that the enamel was of the same work as that of the dish he had bought. He wished, however, to be certain that the foot of the ewer would fit into the hollow of the dish. The Baron went back to his rooms had the fish unpacked and found that the foot of the ewer fitted perfectly. The next day the Baron sent the agent to offer the old lady a princely sum for the ewer. He brought back a refusal to sell. But at last the widow's scruples were overcome. Castellani, with his Italian cunning, had planned the whole affair.

Very truly yours, David Beaver.

FLORIDA LAND OWNERS' ASSOCIATION, INC. 7 Prospect St. Crescent City, - Florida, U.S.A.

WRITE FOR CATALOGUE

CHOLERA INFANTUM

Cholera infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months, and unless prompt action is taken little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and ease the stomach and thus prevent all the dreaded summer complaints. They are an absolutely safe medicine being guaranteed by a government analyst to contain no opiates or narcotics or other harmful drugs. They cannot possibly do harm — they always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

PREVENT FIRES.

Follow These Rules and Help the Good Work.

1. Matches—Be sure your match is out. Pinch it before you throw it away.
2. Tobacco—Throw pipe ashes and cigar or cigarette stumps in the dust of the road and stamp or pinch out the fire before leaving them. Don't throw them into brush, leaves or needles.
3. Making camp—Build a small campfire. Build it in the open, not against a tree or log or near brush. Scrape away the trash from all around it.

Leaving Camp.—Never leave a campfire, even for a short time, without quenching it with water and then covering it with earth.

5. Bonfires—Never build bonfires in windy weather or where there is the slightest danger of their escaping from control. Don't make them larger than you need.

6. Fighting Fires—If you find a fire, try to put it out. If you can't, get word of it to the nearest forest ranger at once.

The above rules for the prevention of fires, prepared by the United States Forest Service, are equally applicable to Canada. Their observance would go far towards lessening the tremendous toll taken each year by the forest fire fiend.

Minard's Liniment Cures Diphtheria.

Farmhouses Modernized.

As farmhouses become adapted to the taste of the women who are, in so many cases, taking over their management, it is found that many of the old institutions of the farmhouse—the parlor, the many small rooms, the dark halls—are disappearing. Partitions are torn out to make spacious living rooms; porches are added, and everything is arranged for the utmost convenience of the housekeeper who is also tender of the fields.—Exchange.

"Cold in the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system.

All Druggists 75c. Testimonials free. \$10.00 for any case of Catarrh that HALL'S CATARRH MEDICINE will not cure. F. J. Cheney & Co., Toledo, Ohio.

WOULD ABOLISH MONEY.

Japanese Prescription for Bringing in a Paradise of Peace.

We will make here a suggestion which furnishes us a method to prevent the appearance of the rich, and avert the consequent result of the difference between rich and poor. The suggestion consists of the entire disuse of the money over the world, in order to give the struggle for existence a check, to make way with the difference of rich and poor, and thus to promote peace and equality in the public life of mankind.

Minard's Liniment Cures Colds, Etc.

Vegetable Diet.

A well-balanced diet does not necessitate much meat. The leaf vegetables, like cabbage, spinach, celery, onions, etc., are now in their prime, and should be used as the basis of a number of appetizing dishes. Supplemented as they can be by a liberal allowance of milk, cereals and a limited number of eggs, the proper food values are fully maintained.

Color of Pure Copper.

The work of a Swiss investigator suggests that absolutely pure copper may have light gray color like that of most other metals, since it is found that other coppers which has been ten times distilled in vacuo has only a pale rose color, while the yellow color of gold becomes much lighter under similar treatments.

A man's credit must be mighty bad when he can't even trust himself.

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It is through the medium of the money that wealth is accumulated, and the accumulation entails the difference of rich and poor, with its resultant struggle for existence.

This state of things is most undesirable. The end of mankind is not to be proud of individual talent or ability, but to co-enjoy the peace in the world, just as in a family, and any cause which brings about any inequality in public life must be radically eliminated. It is for this reason that we dare to suggest the disuse of the money to prevent the difference of rich and poor.

What crafty fellow ever introduced the "money for use in human life? Of course, nationalism of various valuable, such as gold, silver, jewels, etc., shall be implied in the disuse of the money and their ownership by individuals be prohibited. Such valuable retain their values only when they are used as a means of inequality, but will be nothing more than these pebbles on the road when equality is to be prevalent. They may have some value in giving us a good feeling on account of their elegance, then they may be used, under public ownership, for the decoration of shrines, temples, churches, halls and many other like buildings to the common pleasure of the public at large.

Most complicated troubles may arise from the adjustment of properties after the enforcement of the disuse of

Minard's Liniment Co., Limited. Gentlemen—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every-day ills and accidents of life I consider it has no equal. I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN. Schr. Storke, St. Andre, Kamouraska.

The money. With the proposed suggestion mines, railroads, ships, electric and gas plants, waterworks and many other properties essential to the common interest of a nation shall be transferred to the national ownership, not to say of the nationalization of land, and they shall be equally compensated for, as for the confiscation of money and several bonds, with a kind of registration bonds newly issued for the purpose, which should have the characteristic of temporary transitional means until an improved feature makes its appearance in a new society.

In other regards individuals may be permitted to retain their own property, personal and real, and maintain their professions or occupations. Transaction shall be carried on by the exchange of kind in kind, or barter. But as barter is too inconvenient to be enforced, a ticket system may be taken for the remedy of this defect. As has been stated, our ideal disuse of the money does not admit any accumulations of wealth, and so the tickets shall be given each a certain period of time, say ten, twenty, thirty years or more, during which they can be in use and after which their circulation ceases.

When this is accomplished, there can be no more complaints, no more dissatisfactions, no more contradictions, and no more misunderstandings, and the world will be reorganized into a paradise of peace.—Seijiro Bawashima in Dal Nippon.

Minard's Liniment Cures Distemper.

No Time for That.

Kathryn came running to her mother, crying as though her heart would break. Between sobs she said that a dog had frightened her. Her mother, trying to divert her attention, said, "What kind of a tall did the dog have?" Kathryn sobbed, "Do you apose I stopped to look at his tail?"

EXPLAINED. Howell—How did your money take wings? Fowell—I put it into an airship.

Any man may be considered as being all right in his way, so long as he isn't in our way.



Where Service is not Sacrificed to Size

Walker THE House

ISSUE NO. 31, 1919

HELP WANTED—FEMALE

WANTED—LADY FUR SEWER, COM- sy fur. Held Bros., Bothwell, Ont.

PROPERTIES FOR SALE.

40 ACRES OF APPLE ORCHARD ON a 20-acre farm, young bearing trees; select varieties; situated on the beautiful Bay of Quinte, Prince Edward County. The finest apple belt in the province. Write for particulars, photo, etc. Address Box 271, Picton, Ont.

FARMS FOR SALE

63 ACRES—ADJOINING ONTARIO Agricultural College, Guelph; clay loam; bank barn, 2 silos, 2 dwellings, other buildings; one hundred and twenty-five per acre. Also two hundred acres, same district; excellent soil, all under cultivation, except twenty acres hardwood; bank barn seventy by ninety; hog pens, sheep pens; nine-roomed dwelling; seventy per acre. R. L. McKinnon, Box 99, Guelph.

LARGE NUMBER IMPROVED FARMS for about half cost of improvements, \$500 and up; grows in abundance all kinds of vegetables; auto roads, flowing wells, schools, churches, fish, game; have farmed here 21 years; never had crop failure. J. Locking, Emo, Ont., Rainy River Valley.

FARM FOR SALE, 300 ACRES, HALF cash, 100 liable land, lots of water, frame barn, 40 x 56. Good stabling, good house, farm implements. Horses, cattle, close to Post Office, school, 800 maple trees for syrup. Sell separately (also Ford car.) Possession any time. Apply to John Smith, McMurrick P.O., Parry Sound, Ont.

MISCELLANEOUS

THE SAFE WAY TO SEND MONEY by mail is by Dominion Express Money Order.

AUTO OWNERS AND MECHANICS—Don't lose your tools. Stamp your name on every one, and be insured against loss and theft; We will make for you a Stamp hand set from tool steel, it will last a life time; send 20c for each letter of your name and 10c postage. If only your initials are required send 10c. Crown Stamp & Die Works, Waterdown, Ontario.

WANTED—LIMITED NUMBER OF prime rabbit skins, cased, stretched, salted and air dried. Reid Bros., Bothwell, Ontario.

FOR SALE—SHEEP AND HAY ranch, 205 acres, 1,000,000 fine timber; house, barn, about five acres finest black soil, cultivated garden and hay; post office, church, school, telephone, 10 in. water-main, Canadian Northern Railway, saw mill, planing mill; most beautiful climate in the world; radius 4 miles Victoria; fine auto roads; electric wire soon; Reason for selling, Dr. Barker, Happy Valley, Vancouver Island.

250 ACRES—HURON COUNTY—BEST of land; excellent water; good buildings; price right; near good market school; churches, store. Box 106, Seaford.

HOME BUILDERS.

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your new home. Address, Halliday Company, 21 Jackson Street East, Hamilton, Ontario.

FOR SALE OR EXCHANGE.

HOUSE WITH EVERY CONVENIENCE in village of Grimsby. Steam heated, car stops at door. Would consider exchange for same or smaller place between Stoney Creek and Brantford. Apply, Box 364, Grimsby, Ont.

BENSON'S CORN STARCH



Desserts—Rolls Sauces

BENSON'S is pure prepared corn starch, delicate and nourishing, unexcelled for all cooking purposes.

It improves the texture of bread, biscuits and rolls if one-third of the flour is substituted with Benson's Corn Starch. It makes pie crusts light and flakey.

There is a recipe for the most delicious Blanc Mange on the package, together with a dozen other uses. Benson's is the best corn starch for making sauces and gravies smooth and creamy.

Write for booklet of recipes