



"Mother's Making MARMALADE!"

Only the best materials will do for mother on Marmalade day—fair sweet oranges with some grapefruit or bitter oranges to make a piquant flavor and pure "fine" LANTIC granulated from the original package.

The great jewels in Aladdin's cave were no clearer or sparkling than mother's Marmalades and other preserves made

with LANTIC Sugar. The purity and the "fine" granulation is what makes them so beautiful—and so good.

There are many new recipes for Marmalades and preserves in our little Lantic Library, 3 booklets on Preserves, Desserts, Cakes and Candies. We send it to you without charge on receipt of 2-cent stamp for postage.

ATLANTIC SUGAR REFINERIES, Limited

805 MCGILL BUILDING,

MONTREAL. 10



Lowest Cost Per Mile

"I HAVE ridden my C.C.M. bicycle pretty regularly for sixteen or seventeen years," writes an enthusiast, "and it is still a good machine."

What was the cost per mile of that splendid service? Certainly

far and away less than that of a cheap, inferior bicycle. The few dollars you might save on an ordinary wheel are likely to be lost over and over again in the shorter life and poorer service of such a machine. Make certain of lowest cost per mile with

C.C.M. Bicycles

Could you see the inside of the frame joints, you would find there a "fish-mouth" reinforcement of unusual length and special design that greatly increases the strength. This typical example of sincerity is found at the points of heaviest strain—always with a reserve of strength.

What has extra finish to do with service? Note the depth of brilliancy in the enamel and nickelling. C.C.M. handle bars and all bright parts are generously nickelled over a coat of copper—and copper can't rust. Years after ordinary bicycles are not fit for

good company, the sparkle of your C.C.M. makes you proud of it.

All C.C.M. bicycles have the Hercules coaster brake—the only brake without a side arm. It is light, simple, powerful and effective. After coating the clutch engages without slipping and with utmost smoothness. We back this brake with our guarantee.

Ride a C.C.M. bicycle. Ride the wheel you know is made in fullest sincerity in every seen and unseen part—the bicycle that means lowest cost per mile. There's a C.C.M. dealer close to you.

Red Bird Massey Cleveland Perfect Columbia



Look for these Name plates when choosing a bicycle. All of these well known lines are members of the "C.C.M." family.

90% of the Parts of Every C.C.M. Bicycle are Made in Canada and Each Machine is Fully Guaranteed by

Canada Cycle and Motor Co., Limited
Montreal Toronto WESTON, Ont. Winnipeg Vancouver

SPRING IS HERE

Do you feel all run down, tired and played out? We have the largest stock of real good spring tonics in the city. Try one.

REXALL Sarsaparilla Tonic for anaemia, sallow or muddy complexions, stubborn skin diseases and general debility.

REXALL CELERY AND IRON TONIC for nervous diseases, tonic, stimulant, nerve restorative blood builder and purifier.

PEPTONIZED IRON TONIC for Chronic Coughs, Convalescents from acute, severe or wasting diseases—Influenza.

BAMBOO BRIER BLOOD BUILDER, sores, pimples, boils and ulcers that are hard to heal. A real blood purifier.

REXALL BEEF WINE AND IRON.—Pale or sallow complexion, where there is lack of energy and in convalescence.

TASTELESS PREPARATION COD LIVER OIL. A tonic builder for both old and young. A splendid appetizer, blood builder, and strength restorer.

REXALL SYR OF HYPOPHOSPHITES—Tones up the nervous system, stimulates the appetite, enriches the blood.

Make your old straw hat look like new. We have ELKAYS STRAW HAT DYE. All shades. Guaranteed not to make the straw hard and brittle. Dries in thirty minutes. Better than ordinary HAT DYES.

Roos Big Drug Store

54 King St., West.

Kitchener, Ont.



TAKING THE MINES OUT OF THE SEA.—A picture shows a mine being taken from the UC-44, and gives an idea of the size of these menaces to navigation when left floating around in a deep blue sea.

Subordinates Grafted Canadian Soldiers

COL. PRATT MAKES STATEMENT REGARDING OFFICERS IN ENGLAND

Toronto March 27.—Charges against Canadian military administration in England were made in the Legislature to-day by Lieut-Col. Arthur Pratt, member of South Norfolk. Col. Pratt true to his announced intention of bringing to the attention of the House the grievances of Canadian soldiers in England which led to the rioting at Ryl Wales rose in his place just before the orders of the day were called and for an hour spoke of the conditions under which large numbers of men who have done their part in Flanders and France have had to live.

It was a statement that the House followed with the closest attention throughout and it was convincing enough to bring endorsement from both sides of the House.

Cause of R. yls. The Norfolk member set out to prove that the riots were due not to a lack of discipline in the Canadian forces, but to grievances for which they could get no remedy by ordinary means. He went further, however, and practically accused subordinates in the air ministry the high commissioners office and Argyle House of composing a "vicious circle" which so discouraged men who wanted to get home that finally in despair they would "salve" waiting hands in order to get away.

He referred to the Reading incident and rather bitterly blamed Sir Robert Borden and Sir Edward Kemp for remaining silent regarding the ambassador's heartless conduct toward the wounded Canadians, who had been forced to endure a trip of hundreds of miles in order that Lord Reading's pride might not suffer.

There was a large attendance of members when Col. Pratt arose to speak.

I mean to tell the cause of the trouble at Ryl Camp he said in opening. "Through the interviews I have had with the men and all the officers I find who have come from there."

Col. Pratt explained that his address was not intended to convey a general condemnation of the powers that be. Gen. Turner he said, had the welfare of his troops at heart. That commendation however might not be extended to the staff of Argyle House. A large number of whom had been there before Gen. Turner assumed command.

Conditions at Ryl. "Now as to conditions at Ryl he continued "there was no coal for coal is scarce in England as it has been here. It was a cold winter and the huts were poorly constructed. The blankets were only two in number and they were old and worn. The feeding was bad. Many and many a time companies were sent to Liverpool told that they were going to Canada and then sent back without a word of explanation. They knew that the Aquitani and the Olympic two of the best topships on the Atlantic had been even to the Americans. And they knew that the Yanks had not been stung war as long as they had been.

"Then they were told it was an impossibility to pay the men. Most of them received 1 pound on December 24 and not a cent more until March 21. The Army and Navy canteen a British organization is a monopoly of supplying the camp with eatables and if a man wanted to get cigarettes he had to sign up for them a week ahead and they could only be had for spot cash.

"The summary told me when the armistice was signed that they had offered sufficient tonnage to the Canadian authorities to take sixty thousand men home to Canada every month. By March 1 only 52,000 had been brought home altogether. Gives Figures.

"In coming on to this I listen to the efforts of Gen. Brien to demolish her troops. From November 11 to February 21, 132,000 officers, 2,192,000 men and 15,744 miscellaneous a total of 2,240,470 had disembarked on the shores of Great Britain.

"Austria had transported 92,000 men 12,000 miles around the globe by February 28. Canada had brought only 52,000 men 2,500 miles.

"The riot was absolutely necessary if the inertia which had taken hold of certain official circles in England was

HOW TO MAKE YOUR HAIR BEAUTIFUL

Ten Minute's Home Treatment Works Wonders, Stops Falling Hair and Dandruff and Makes the Hair, Soft, Brilliant Lustrous and Fluffy.

Better than all the so-called "hair tonics" in the world is a simple old-fashioned home recipe consisting of plain Bay Rum, Lavona (de Compose) and a little Menthol Crystals. These three mixed at home in a few minutes, work wonders with any scalp. Try it just one night and see. Get from your druggist 2 oz. Lavona, 6 oz. Bay Rum, and 4 drachms Menthol Crystals. Dissolve the Crystals in the Bay Rum and pour in 8 oz bottle. Then add the Lavona shake well and let it stand for an hour before using.

Apply it by putting a little of the mixture on soft cloth. Draw this cloth slowly through the hair, taking just one small strand at a time. This cleanses the hair and scalp of dirt, dust and excessive oil and makes the hair delightfully soft, lustrous and fluffy. To stop the hair from falling and to make it grow again rub the lotion briskly into the scalp with the finger tips or a medium stiff brush. Apply night and morning. A few days use and you will not find a single loose or straggling hair. They will be locked on you, seep as tight as a vise. Dandruff will disappear. You will find fine downy new hairs sprouting up all over your scalp and this new hair will grow with wonderful rapidity.

Any druggist can sell you the above. The prescription is very inexpensive and we know of nothing so effective and certain in its result.

to be broken.

"There are" Col. Pratt continued "6,000 air force men in England who have been trying to get home for months. They go to the air ministry at the Cecil and are told that the ministry cannot send them home, but will give them indefinite leave. They go to Sir George Perley and he regrets he cannot do anything for them. They go to Argyle House and Argyle House regrets they cannot do anything for them. If they get indefinite leave they find they cannot live in London on their allowance. And they do not seem to put up with the hardship of the camp."

Hear Whispers. "Then they hear a whisper that if they 'salve' certain palms and pay their own way back to Canada a passage will be found for them. The hands to 'salve' are those of the ticket sellers. This manner of securing a passage is current talk about London. The two officers to whom I talked, Lieut Mitchell and Lieut—, said they paid 5 pounds to the ticket seller as a bribe and \$23 pounds for their passage home on the 'D' deck of the Menedosa. The ticket seller with whom they made the deal told them he was making \$5 pounds a week at his business. They found if they went to the air ministry and told they had secured a passage back to Canada there was no difficulty in securing their discharge.

At the inquest held on the riot it had been stated that eighty Canadians were now in prisons throughout England in consequence of the outbreak. Under the King's regulations he explained there is no such thing as the Habeas Corpus Act. A soldier in prison awaits the discretion of his senior officer as to when he shall be placed on trial.

I protest he continued "that Canadian boys have no right to lie in English dungeons for a mistake. At this juncture there was loud applause from both sides of the House. "Subsequent events have absolutely justified their course of action Col. Pratt added.

Col. Pratt denied any intention of replying to personal charges against him. He admitted that he had done nearly as much fighting with Argyle House as with the Government. He told of his own experiences at Dunkirk where within a period of two weeks, 48 bombs fell within 100 yards of the dugout. The camp had been bombed 28 nights during September 1917, and 27 nights in October; some times as often as five or six times a night.

Homesick. "I ask you to try to conceive something of what Canadian soldiers suffer under bulldozing officers. Col. Pratt said "They haven't seen their loved ones in years; they know nothing of what is going on back home; they are led to believe that their relatives there have forgotten them. I beg this House to remember the 215,000 sons of this province who stood between us and all the atrocities of the enemy. The fighting men are entitled to a square deal; he asks no more. A soldier asks no favors, but he has just cause for complaint when men called to service under the M.S.A. are the first to return home, to pick out the best jobs and perhaps the best girls.

"I don't want the people of Ontario

Steady Savings Bring Real Wealth

A Savings Account, steadily added to, even if only by small amounts, brings increased happiness to oneself and family and adds real wealth to one's country.

Decide to-day to let The Bank of Nova Scotia help you to save by opening a Savings Account here. Interest paid half-yearly.

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Paid-up Capital \$ 6,500,000
Reserve Fund 12,000,000
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A. J. CUNDICK
Manager
Kitchener Branch



to believe that there is any serious lack of discipline on the part of the Canadians overseas; I simply ask them to treat with charity the boys who are still suffering overseas, who are not yet out of the war.

Senator Bradbury withdrew his bill aimed at the disfranchisement of enemy aliens.



MRS. W. G. O'BRIEN, well-known Toronto musician, and widely known in the musical circles of the United States and Canada, who died in Toronto at the age of 52.

CANADIAN FLYER AND BRI

DE.—The wedding took place Tuesday at St. George's Church, Cullercoats, Northumberland, England, of Edith May Wilkinson, of that place, and Lieut. J. Arthur Mason, R.F.C., of Toronto, son of Mr. and Mrs. J. J. Mason, of Stratford.

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"I don't want the people of Ontario

EASY PAYMENT PLAN

Ladies and Gent's Spring Clothing, ready made or made to your order.

Also Housefurnishings of every description on easy terms to suit purchaser.

Special this week—Ladies' spring costume, an agent's raincoats.

S. Papernick

92 King St., E.
Next to Dietrich's Bakery.
KITCHENER, ONT.



THE BIRDS ARE COMING
A sure sign that Spring is on its way; also a decided sign that it is time for you to think about having your SPRING CLOTHING

made. We have an assortment of material and we know that we have something which will satisfy you. Come in and let us take your measure for your Easter outfit. Bring your friends along. We guarantee all our work that it is the best material, the best finish and everything that best workmanship can furnish.

You will like our work.
GEO. HOELSCHER
39 E. King St. upstairs
Phone 1070

Tenders for C Walks, Curbs Gutters.

Sealed Tenders, addressed, designed and endorsed "Concrete Walks, Curb and Gutters," will be received until six o'clock on Wednesday April 2nd, 1919. The forms supplied by the City Engineer may be so information obtained on at the City Engineer's Office or any Tender not accepted.

B. G. City Hall, March 21, 1919.

City of Kitch

Applications will be the undersigned up to 5 p.m. for the work of street and flushing. Particulars obtained from Inspector. Applicants must state w

Special Bargain

Mrs. L. J. jolly powder 150 pgs., all flavors for Choice sweet prunes, 150 pgs. lb., 2 lbs. Dried apples, 3 lbs. Good coffee worth 35c lb., for New seeded raisins, 2 pgs. Choice polished rice, 150 pgs. lb., 2 lbs. Fresh grated horse radish in large bottles. Clark's pork and bean large 3 lb flat, 15c. Pure jams in raspberry strawberry and plum, cent tins. Pure jams in raspberry strawberry and plum, 15c. Good salmon, full 1 lb. tins, worth 35c for Stering pickles, reg. bottles. Happy Home soap, reg. bars, away below who sale price, per bar. 100 brooms, worth 1 for

Schell Br

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