How old are YOU? "A woman is as old as she looks—a man as old as he feels."

Stay young! Pain wrecks you in the prime of life and wastes your best years. Fight Rheumatic pains with T. R. C.'s.

Ask your druggist or write us for our new booklet; it is interesting and costs you nothing (Templetons, 142 King W., Toronto). We mail T.R.C.'s anywhere on receipt of $1.04.

Sole Agent for Kitchener, E. O. RITZ & CO., Druggists.
For Waterloo, A. B. LEARN, Prescription Druggist.

LOVE and MARRIED LIFE
by the noted author Idah McGlone Gibson

AN UNPLEASANT EPISODE

As I look back upon it now, it seems to me that John's feelings toward me suffered a change from the moment he heard the words: "I pronounce thee man and wife."

Those very words tell the story: John was still "man" but I had become "wife."

In some indefinable way, John seemed to have gotten the idea that the wooing was over. I know that unconsciously I had this feeling, and for the first time since I had known John I tremulously asked, as I raised my face to his for the first nuptial kiss:

"Do you really love me?"

Up to this time it had been John who had asked me over and over and over again if I really loved him. But instead of asking me again he brusquely answered:

"Why, of course I do. Haven't I married you?"

That was John's idea of humor, and because it is never mine, we have forever quarreled on the definition of the word.

The morning after we were married, John left me to go down into the dining room, saying: "Don't be long, Kate. I'll order breakfast and look at the paper."

When I reached the dining room I found a number of things which I never eat placed in an orderly row about my plate, but no John. For a moment my heart stood still and I wondered if I had been too long in dressing. Then I decided that it had not been more than ten minutes and began to eat the fruit and toast which I selected from the other food.

Calling a waiter, I asked him to take everything but the toast and coffee away and then in as careless a manner as I could summon, I asked:

"Did Mr. Gordon finish his breakfast so quickly?"

"No madam, just as he was ordering he saw a friend across the room and he asked me to serve your breakfast here and his with his friend.'

I looked over into a far corner of the dining room and saw John sitting at a table with a very dignified personage, a man of perhaps fifty years. In a moment, I intuitively understood the whole transaction. John had seen this man, who was probably one of his best clients, or one he wouldkd like to secure, and had gone over to talk business with him during the breakfast hour.

My self-explanation satisfied me and I composedly settled myself to finish my breakfast, wishing all the time that John had left me his morning paptr.

"When they have finished breakfast I said to myself, "John will bring the man over and introduce him to me." And I somewhat surreptitiously glanced into one of the long mirrors with wich the room was adorned.

Although in our hurry, we had taken no baggage from Hemen's, I was very glad that my dark blue serge was irreproachably cut and tailored, and that I had early formed the habit of putting an extra lace color in my hand bag. I had hardly finished these reflections when to my surprise John and the man walked out of the room without a glance in my direction.

"Why, he has absolutely forgottten me! Forgotten he is married!"

I felt the tears spring to my eyes and then I laughed. "Did ever a bride have such an experience before?" My sense of humor saved me.

Even then I did not realize that with John the idea of the moment, the action of the moment, was all engrossing—that he was able to sweep his times since then I have thought of this and I have come to the opinion that this is one of the reasons why men, as a rule, are more successful in their undertakings than womaen. We women are too diffuse.

I have never known anything or any one that made it possible for me to discuss entirely from my consciousness, John Gordon, my husband.

Yet I have had many other interest amusements, duties, and distractions. Perhaps it is because of this that I have not made a success of marriage. If I, too, could have forgotten John for a little time I might have made myself more necessary to him—made him feel that I was worth pursuing again. I wish I felt this that morning. Instead, I was very young, and although I laughed, there was a hurt feeling all the same.

(Continued tomorrow)

Tired Overworked Men

We Guarantee Vinol is What You Need

You who are run down, nervous, lack energy and working strength, we *know* that Vinol is what you need. It creates strength *because* it is a non-secret combination of the most famous body-building and strength-creating elements known.

Here is Proof that is Indisputable

"I am a farmer and was overworked, run-down and weak. My druggist recommended Vinol. It built me up and made me strong. I also gained in flesh. Other members of my family have also used it with splendid results."—Joseph J. McDougall, Kelvin Glen, Cape Breton, N.S.

"I was weak, run-down and had no appetite so I could hardly keep about my work. I heard about Vinol from home friends and after taking it for two weeks it built me up so I feel better than I have for many years."—Mr. Bartholomew, 12 Salisbury Ave., Galt, Ontario.

For all run-down, nervous, anaemic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

Your money will be returned if Vinol fails—Leading Druggists.

Vinol Creates Strength

A Change of Scenery Needed.

Plumer—What did the critics think of Scribson's latest novel?

Mansford—Not much! One said it might be a good book to read in a train if there were plenty of charming scenery to look at along the route.—Edinburgh Scotsman.

To the Voter

¶ REMEMBER—Beer is the most nourishing beverage we possess. It contains such a very small amount of alcohol and such a relatively large amount of nutritive material that it would be difficult indeed to find a meal at once simpler and more nutritive than a bottle of beer, a piece of cheese and a crust of bread. One eminent physician proclaims Beer to be a liquid beefsteak.

¶ REMEMBER—The Beer of the Ballot must not be confused with the beers sold in Ontario before prohibition. The beers sold in this Province under the Old License System had an alcoholic content as high as 7% and over—the beer for which you are asked to vote on October 20th is but 2.51%.

¶ REMEMBER—The Beer of the Ballot is absolutely non-intoxicating—beer of even .24% stronger has been proven non-intoxicating by scientific experiments and thorough research by a board of fourteen qualified experts. The Beer of the Ballot is nothing but a mildly stimulating, healthful and refreshing non-intoxicating beverage—brewed from a high grade of malt and hops—containing only sufficient alcohol to make it digestible and nourishing.

Ontario Brewers' Association

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Deposits of $1. and upward received, and Interest allowed at highest current rates. Savings Department accounts given special attention.

Deposits may be made, and withdrawn, by mail as easily, readily and safely as in person.

HEAD OFFICE, MONTREAL

J. J. BENSON, Manager, Kitchener Branch.

Standard Rubber Works
Tire Repairs
Steam Vulcanizing
OLD TIRES MADE YOUNG!
N. E. HETT
20 Young Street.

Will You Cast Your Vote for More Drug Fiends?

DO YOU REALIZE that the fiendish drug habit is spreading through the fair Province of Ontario at an alarming rate?

DO YOU REALIZE that doctors and apothecaries are so appalled by the insidious growth of this terrible evil that appeals are being made to the authorities to take most drastic action?

DO YOU REALIZE that this canker worm is eating its way through every strata of society, high and low, poor and rich—men and women of all grades and conditions in ever increasing numbers are becoming addicts of the terrible habit?

DO YOU REALIZE that these poor unfortunates are being supplied, by vast importations of opium, cocaine, morphine, heroin, through the dark ways of the underworld that baffle the police?

DO YOU REALIZE that this terrible condition is due largely to the sudden enforcement of a too drastic prohibitory legislation? The Toronto *Telegram* only a few days ago quoted a prominent physician as declaring: "Some of the addicts have stated that when cut off from alcohol they had drifted around to the use of drugs."

DO YOU REALIZE that in voting for the continuance of The Ontario Temperance Act you are voting for the continued spread of this deadly traffic? The despicable creatures of the underworld who live by pandering to the weakness of their drug-victims, are hoping for a solid four "No's" on the ballot. The responsibility must rest with you,

Table showing the increase in the consumption of drugs in Canada since the enaction of The Ontario Temperance Act in 1916.—*Government Statement.*

		QUANTITY	VALUE
COCAINE	1916	5,381 ozs.	$ 18,307
	1919	12,333 "	142,123
MORPHINE	1916	15,495 "	72,199
	1919	30,087 "	179,195
OPIUM	1916	1,741 "	11,800
	1919	34,263 "	534,555

These figures show only what came in legally—the enormous quantities known to have been smuggled in and sold through underground channels would swell the total to an appalling figure.

Vote "YES" to all Four Questions

Vote with the Citizens' Liberty League for sane, moderate temperance legislation—the fair compromise that this Province needs. Mark your Ballot with an X. Any other marking will spoil it. Remember also—every voter must vote on every question or his ballot will be spoiled.

CITIZENS' LIBERTY LEAGUE
MEMBERSHIP FEE, ONE DOLLAR

Please enroll me as a member of the League, for which I enclose my subscription.

Name .....

Address .....

Occupation .....

To enable the League to carry on its good work and achieve its present purpose, active members and funds are required. Show your true spirit! Fill in the coupon and become a member of the Citizens' Liberty League at once.

T. L. CARRUTHERS, Secretary
22 College St., Toronto

Citizens' Liberty League
PROVINCIAL HEADQUARTERS
22 College Street - - - Toronto
T. L. CARRUTHERS, Secretary

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Hon. Treasurer: F. GORDON OSLER

18

"My Back Is So Bad"

PAINS in the small of the back, lumbago, rheumatism, pains in the limbs all tell of defective kidneys.

Poisons are being left in the blood which cause pains and aches.

The kidneys, liver and bowels must be aroused to action by such treatment as Dr. Chase's Kidney-Liver Pills.

There is no time for delay when the kidneys go wrong, for such developments as hardening of the arteries and Bright's disease are the natural result.

One pill a dose, 25 cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

Dr. Chase's Kidney-Liver Pills

BITRO-PHOSPHATE IS GOOD FOR THIN NERVOUS PEOPLE

A PHYSICIAN'S ADVICE.

Frederick S. Kolle, M. D., Editor of New York Physicians' "Who's Who," says that weak, nervous people who want increased weight, strength and nerve-force, should take a 5-grain tablet of Bitro-Phosphate just before or during each meal.

This particular phosphate is the discovery of a famous French scientist, and reports of remarkable results from its use have recently appeared in many medical journals.

If you do not feel well; if you tire easily; do not sleep well, or are too thin; go to any good druggist and get enough Bitro-Phosphate for a two weeks' supply—it costs only fifty cents a week.

Eat less; chew your food thoroughly, and if at the end of a few weeks you do not feel stronger and better than you have for months: if your nerves are not steadier; if you do not sleep better and have more vim, endurance and vitality, your money will be returned, and the Bitro-Phosphate will cost you nothing.

SAGE TEA TURNS GRAY HAIR DARK

It's Grandmother's Recipe to Bring Back Color and Lustre to Hair.

That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm. It makes or mars the face. When it fades, turns gray or streaked, just an application or two of Sage and Sulphur enhances its appearance a hundredfold.

Don't bother to prepare the mixture; you can get this famous old recipe improved by the addition of other ingredients at a small cost, all ready for use. It is called Wyeth's Sage and Sulphur Compound. This can always be depended upon to bring back the natural color and lustre of your hair.

Everybody uses "Wyeth's" Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it, and draw this through the hair, taking one small strand at a time; by morning the gray hair has disappeared, and after another application it becomes beautifully dark and appears glossy and lustrous.

YOU CAN'T BRUSH OR WASH OUT DANDRUFF

The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

Do this to-night, and by morning, most, if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find, too, that all itching and digging of the scalp will stop at once, and your hair will be fluffy, lustrous, glossy, silky and soft and look and feel a hundred times better.

You can get liquid arvon at any drug store. It is inexpensive and never fails to do the work.

For Superfluous Hair
Use DELATONE
The Leading Seller for 10 Years
QUICK—SURE—SAFE—RELIABLE
Use Fresh as Wanted
Ask Your Dealer — He Knows

Letters T

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