

large percentage, of mankind should live to so great an age; for, as it is, the progressive increase of population in some countries is proportionately greater than that of the supply of food.

This is, so far, correct, and the extraordinary prolongation of life of all weakly persons might be unfair on the bread-winners, who must support them. But if health-culture be devoted to raising the standard of working-capacity, such fears will speedily vanish. To the man who is capable of work and whose body is hardened, the whole world lies open nowadays, and there is room for the further dissemination of the human race for centuries yet to come.