


but the solution of the problem, according to Dr. Young, lies only in common sense clothing and perfect cleanliness, with a reasonable degree of caution in regard to what the child eats and drinks.


COMFORT vs LOOKS

IS YOUR BABY HAPPY IN HOT WEATHER?
If not—you're to blame.

THIS LITTLE TOT IS
COMFORTABLE AND HAPPY
WHEN THE SUMMER DAYS ARE HOT
HE IS DRESSED RIGHT
TO STAND THE HEAT.



THIS UNHAPPY LITTLE CODGER
IS ALL FUSSED UP AND AS A
RESULT HE IS HOT
AND UNCOMFORTABLE.
HE IS DRESSED WRONG
FOR HOT DAYS.



DON'T DRESS YOUR BABY TO
MAKE A GOOD SHOW OF
HIM—DRESS HIM TO
KEEP HIM COMFORTABLE
AND HAPPY.

By means of pictures, such as the one on this page, illustrating the difference between the cool, comfortably clothed baby and the hot, stuffy, dressed-for-show infant, Dr. Young has made his point in regard to the proper care of the baby in summer.

The hot weather rules are as follows:

First—Dress the baby in a clean cotton diaper, a gauze shirt, and a light cotton slip. On extremely hot days the cotton slip may be dispensed with. If the baby is delicate, more clothes may be required. Abdominal bands should not be used unless ordered by a doctor. Pinning blankets should be discarded; baby should be allowed free action of its legs.

Second—Baby must have a tub bath every morning about the same hour, but never immediately after feeding. Regularity counts for much. If no bathtub is available use a common tub, but have it clean. The water should be a trifle (2 degrees Fahr.) warmer than the baby's body.

Use a thermometer to ascertain the temperature. Babies will enjoy baths in the right kind of water. Use a good non-irritating soap. In hot weather you may add to the baby's comfort by also giving it a late afternoon sponge bath. If you permit your baby to crawl on the floor, keep the floors clean and wash the baby's hands after it has crawled.

Third—Baby requires lots of fresh air; the more it gets the better its chances of being a strong, healthy baby. Of all the pure things the baby must have there is none more important than pure air. In hot weather keep the baby out of doors as much as possible. Permit naps in the open air, in a shady place, removed from dust and protected from flies. You can rig up a good sleeping place with chairs, and over these hang mosquito netting. When the baby sleeps indoors see that the windows are opened at night as well as day. Never have the baby sleep in the same bed with an adult.

Fourth—There seems to be a woeful lack of appreciation of the fact that baby must have water to drink. Many times when a baby cries all it wants is a drink of water. To be safe, use water which has been boiled and cooled. Never put ice in the water; it must not be ice cold.

Keeping the baby comfortable, happy, and well in hot weather is not a difficult proposition, and it entails much less worry on the part of the mother than does the care of a baby which is cross, irritable and sickly through neglect of these considerations.

The United States National Education Association.

The forty-ninth convention of the United States National Education Association in San Francisco was an event of unusual interest. It was in fact the deferred convention of 1906 for which every preparation had been completed by San Francisco when the destruction of the city made a meeting for that year impossible. At once an appeal was filed by California that the convention abandoned for that year should be held in the new San Francisco as soon as rebuilt. Therefore, the educational road last month led across the continent to the Golden West. The opening day of the conference was Saturday, July 8. The