

the linen of the poorest be purified. The ironing is then left to the owners. With that a reorganization of the laundry business must go hand in hand, as the present form harbors numberless dangers.

3. The appointments of the rooms must be so that the infectious germs have as little chance as possible to remain attached. The walls, for instance, should have oil or water glass paint, the floor covered with linoleum. Bedsteads and furniture should be of iron, that in case of need they might be exposed to steam heat.

4. Every fresh use of a room should be preceded by a thorough disinfection, and above all an airing of several days.

5. Of course all things needed for helping cure must be found in the health resorts.

6. Every health resort must stand under strict supervision of the State. It is directed by a special medical officer. Of course private practice on the part of the officiating physician is out of the question to insure his independence of all local influences.

The resident authority, commitment doctor and health resort physicians are not adapted because they come too easily in conflict with the interests of the people, and apt to be compelled to connivance.

7. The practising physicians are obliged in specially dangerous cases at the departure of the patient or after his death, to make a "confidential" report in order to rouse the attention of the official to supervise the proper disinfection. It is also the duty of the physician attending at the house or at the rooms to make a report whenever the symptoms of a prevailing infection appear.

Neglect of the duty to report should be subject to definite penalty.

8. Altogether would it be well to reform the whole system of health resorts, so that a system of smaller and smallest sanitariums be introduced, which to the largest extent should be left to private enterprise under State supervision.

To other necessary measures of prevention we will recur in the discussion of sanatoriums. I will call here attention to some mistakes in the use of health resorts.

Many patients visit them with insufficient means.

Then they herd together patients in dwellings that are pestilential, are insufficiently nursed, and return home in worse condition than they come in, or not at all.

This evil formally clamors for sanatoriums, especially in health resorts.

A further mistake is to send acutely sick persons in fever to distant health resorts, especially in winter, to die there or perhaps on the way. Though we may not tell the patient, "Stay at home and die in comfort," still we may appease him and hold out hope to him that he may improve.