

living, who have gloriously justified me in this opinion.

Perhaps, I might give a passing notice to a paragraph which quotes from Herbert Spencer, and seems to assume that after all a woman's highest good is attained just in the measure in which she becomes attractive to men, but unless we suppose all men worth attracting this rule will not hold good. My impression is that men are on the whole improving, and that this improvement is shown in the undoubted fact that more and more they are coming to appreciate the developed woman, more and more do they invite her comradeship and seek her counsel and aid, more and more do they miss in a merely pretty woman the soul and intellect which shines through the features of her more thoughtful sister.

I wish I could have a peep into Dr. Bayard's mind and find out whether the "fairly rounded figure" which he says "draws admiring glances" is corseted. If so, the admiring glances should not come from doctors.

Health is beautiful, but there is no true health without development. We could not admire an undeveloped limb on a woman's body. When the uterus retains its infantile type the physiological function of reproduction is impossible. We would think it a misfortune if the adult stomach (even in a woman) never got past the digestion of milk; why should we grudge full development to the most glorious of all structures—the brain (though of the feminine type). I almost think it would be better that it should learn to express itself in its full power, even if it were quite certain that some time would elapse before the average man could learn to recognize and appreci-

ate its rare attractiveness, and I believe that the secret of health in woman will be found not in putting restrictions on any course of study for her, not in hampering her mind, but in removing utterly all restrictions from her body, compelling athletic exercises, deep breathing of pure air, wholesome diet, and dress contrived on these three principles: (1) Absence of all pressure; (2) all weight on the shoulders; (3) uniform protection and warmth. When these principles are carried out she will not fail to prove herself equal to all educational requirements that may be successfully met by her brothers.

I am, dear sir,

Very truly yours,

AMELIA YEOMANS, M.D.

245 Portage Ave., Winnipeg Man.
Nov. 5th, 1894.

[Our welcome is to Medical Science, be its exponents and practisers men or women.—ED., D. M. M.]

Personal.

Dr. G. Cowan, who for twenty years was in active practice in Harriston, but later resided at Attwood, has bought out Dr. Dobie at 110 McCaul Street.

Dr. Noble has removed to 314 Queen Street East.

Dr. Dobie has left Toronto permanently, and intends practising at New Orleans.

Dr. J. P. Russell has located at 217 Spadina Avenue.

It is with regret that we announce the retirement of Dr. W. H. B. Aikins, the conductor of one of the departments of THE DOMINION MEDICAL MONTHLY. *Canadian Practitioner* and *Ontario Medical Journal*, please copy.