

The symptoms of inflammation of the gland under consideration are well known to the profession. Whenever these arise, every effort should be made to arrest the secretion of milk; this will relieve the mother, and not necessarily interfere with the well-being of the child, which, if proper care be taken of it, will generally be found to thrive upon good and pure cow's milk, with the occasional addition of a small quantity of lime-water.

The treatment, therefore, is to be begun as soon as there are any symptoms that mammary abscess is likely to occur. I have found the following prescription of service: Alcoholic Extract of Belladonna, four drachms; Glycerine a sufficient quantity to mix them to the consistence of a moderately thin paste. This is to be spread in a medium thick layer with a spatula, over and upon both mammary glands, from the sternum to the axilla. Cover with a cloth dipped in olive-oil, and this in turn with oiled silk. Allow the dressing to remain undisturbed during a variable period of from two to three or four weeks, inasmuch as it can be worn by the patient for any length of time without inconvenience.

The argument in the case is directed, of course, to threatening abscesses; but all will at once recognize the appropriateness of the treatment in cases of still-born children, where it is certainly desirable to arrest the secretion of the milk at once. In these cases apply the remedy within an hour or two after the birth of the child. I have never known this treatment to fail of its desired effects, where it was used in time.—*Medical Times, Philadelphia.*

RAW BEEF IN ANÆMIA.

James S. Bailey, M.D., Albany, N.Y., writes: In the anæmia of young girls just verging into womanhood, there is nothing that so speedily relieves this condition as lean raw beef.

There is usually an aversion to any food, at this period, of a solid nature; but upon the contrary, a craving for pastry, pickles and knick-nacks, &c.

Upon many occasions I have insisted strenuously upon a change in the mode of living in this respect, and placed patients, if not upon raw beef, upon beef underdone, for a diet, and have invariably experienced marked improvement. It imparts tone to the organs of digestion; by it the blood made is improved in quality.

I am quite certain, in tardy menstruation, if instead of administering ferruginous mixtures, should the diet alone be changed as suggested, and the meals served regularly, with an abundance of exercise in the