The Transition Class may write something about this mountain or this sea. What sea was it? If you cannot find all you want to learn about Elijah, nttle children, ask your minister to tell you something. During the week the girls of the transition class may get a pasteboard card and draw slanting lines upon it to look like the water lines of falling rain.

## LESSON IV. (July 24.)

## ELIJAH'S FLIGHT AND ENCOURAGE-MENT. 1 Kings 19. 1-16.

GOLDEN TEXT. "Rest in the Lord, and wait patiently for him." Psalm 37. 7.

## Primary Notes.



Harold was a little boy who found it very hard to learn his lessons. Sometimes his teacher was displeased with him, thinking that he had not tried as hard as he might, and he grew discouraged. One day he heard some one call him

a dunce, and he went home sad and urhappy. His mamma found him crying in his room, and when he told her his trouble she put her arms around him and told him that she would help him, and that God would help him, and that he must do all he could, too, to help himself, and then she was sure he would succeed and become a good scholar in time. She comforted him and put new hope and courage into his heart. This lesson shows how the great and good God comforted one of his servants when he was in trouble.

God comforting. Do you know that God cares when we are sad and troubled? He does, and he has given us this true story to teach us that "like as a Father pitieth his children, so the Lord pitieth them that fear him."

Who remembers the story of the great meeting on the mountain? How brave and bold Elijah was that day! He was not afraid of all the prophets of Baal, and he showed how strong God was. [Tell how he slew the wicked prophets of Baal, and how the blessed rain came down after he prayed, and the people fell on their faces, and said-who can repeat the Golden Text of last Sunday's lesson?] When everything goes right with us we think that then God is thinking about us and caring for us. Now, Elijah had to learn that when things are not so pleasant he thinks of us then. [Tell the threat that Jezebel charge over thee." Psalm 91. 11,

made, and how Elijah was afraid and ran away to save his life.]

Some of God's comforters. [Talk about sleep and food and drink. Tell that God sent them all to Elijah, and they all did him good. Show that they are God's good gifts to his children, and help children to feel that these common things are all from God's hand for our comfort and help.]

When Elijah was ready to hear God came and talked with him. Elijah told him all his troubles, and God told him to go and stand on the mountain. Then God came in great power and might. A terrible wind came, which broke the rocks in pieces, but God was not in the wind. Then an earthquake, and after that a fire came, but God was not in the earthquake or the fire. Then a "still, small voice" was heard, and God was in

Here is a sword. This makes us think of power and strength. Boys think it is a great thing to be strong and to do large things. But God is not always in the great things. Did you ever see a dove? How gentle it is! It is not wise or strong, and yet it is used as the symbol of God speaking in us-the outward symbol of the Holy Spirit in the heart.

Lessons for me. 1. Never be afraid. If you are trying to please God, you will feel discouraged sometimes, but try to remember that God will send you the help you need as soon as you are ready for it, just as he did to Elijah.

2. Never forget that God speaks to his children. He spoke to the prophet, but will he speak to you? Yes, if you are his child and are trying to please him. Talk to him and listen for his voice, and you will surely find him speaking to you in many ways.



Kindergarten Hints.

KINDERGARTEN DEPARTMENT. Elijah and the Angel. 1 Kings 19, 5-8,

GOLDEN TEXT. "He shall give his angels

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