

THE HOG AHEAD.—It is stated that the United States Government has paid more money in the investigation of the disease of hogs than it has for all the diseases affecting mankind.

It is not simply what one eats that gives strength, but what one digests, assimilates and forms into blood. Usually much of what is eaten is never digested.

As to so called "temperance?" we believe that if ardent spirits were strictly "prohibited" and the use of light wines and good beer allowed it would best promote a true temperance, and and every encouragement should be given to the growth of the grape and the manufacture of pure light wines.

THAT strong temperance Journal, "Good Health," says: "we do not hesitate to venture the assertion that the health would suffer less from the use of half a pint of light wine daily than from the use of tea and coffee as ordinarily used. A cup of strong tea contains more poison and does more mischief to the vital economy than an equal quantity of beer."

FOR light wines, which we believe to be pure, we know of none of Canadian manufacture, or indeed made on this continent, superior to those of the Ontario Grape Growing and Wine Manufacturing Company, of St. Catharines, Ontario; and we have used and carefully observed and examined the wines of many other vineyards.

An old New Yorker, brought up in hotels, said to a reporter of The Sun "There are two big mistakes that almost all persons make, one is that they don't eat the right things, and the other, that what they do eat they don't eat right. Dyspepsia and indigestion kill more people than rum ten times over. If the stomach is right the head will be clear." Truly, when the stomach is disturbed both the head and the heart soon go awry.

FIGHT all against tobacco, badly cooked and badly selected food, over feeding and foul unventilated rooms, and a true and lasting temperance will soon develop and a "third party" will not be needed.

THE "Doctor" states that a firm in Atlanta tells a representative of the Journal, that they ship ginger, which contains about ninety p.c. of alcohol. The old toppers think it is the best substitute for whiskey, and once they get accustomed to it they prefer it to whiskey.

A BOSTON man sued his landlord for damages, and recovered them, on the ground that defective drainage had produced diphtheria in the plaintiff's family; an example which if more generally followed would soon lead to improved tenement houses.

DR. GOODMAN believes (Phila. Med. Times) that blood poisoning may result from foul teeth. He relates a case in which a patient suffered with a persistent headache, irregular chills, fetid breath, and fever which resisted treatment. The man's teeth were bad and the doctor sent him to a dentist. He returned cured, showing a set of natural teeth.

THE CAUSE OF ILL-TEMPER has been discovered, it is said, by a dress-reform lecturer. She says that oftener than not it is owing to bodily discomfort proceeding from improper dressing, and that wives would all be sweet-tempered if they were properly attired and took sufficient exercise.

NOTES ON CURRENT LITERATURE.

IN THE JANUARY ST. NICHOLAS, just received, is published the first of a series of illustrated ballads announced in the Prospectus "The Pygmy Fleet" is an amusing fanciful story in verse, excellently told and charmingly and lavishly illustrated, or rather interpreted into pictures. There are more than twenty pages of these beautiful drawings besides the frontispiece. The serial, "The Belle of Ste. Anne," by Mrs. Catherwood, grows rapidly in interest; and Mrs. Burnett finishes "Little Saint Elizabeth." A continued story for little folk on a novel plan is called "The Bunny Stories," and is written by Mr. John H. Jewett, and excellently illustrated by Culmer Barnes.

IN THE CENTURY for January, the long announced articles by Mr. Charles De Kay, on Ireland, begin, the first being entitled "Pagan Ireland" with illustrations of the mediæval castle at Clonmichael, the Cross Monasteryboice, the round tower at Arlmore, etc., etc. Mr. Wilson, the photographer, continues his series on the Holy Land in connection with the international Sunday-School Lessons. The present installment, profusely illustrated, is entitled "Round About Galilee."

THE ILLUSTRATED LONDON NEWS for the month has been quite up to the usual high standard of this admirable weekly, and has given some most excellent illustrations. In the number for the 19th inst., Rider Haggard's great story, "Cleopatra"—the fall and vengeance of Harmachis, the Royal Egyptian, is commenced, with two full page striking illustrations.

THE POPULAR SCIENCE MONTHLY for January gives, besides much other valuable matter, an admirable paper on the "Physical Training of young children," copious extracts from which we have given on another page, and another entitled the "Story of a School" every parent and teacher should read these articles.

A PROFITABLE BUSINESS.—Those who take an agency for a reliable enterprising house, learn their business and stick to it, "got on" in the world. People who have any idea of engaging in any canvassing business will do well to write George Stinson & Co., Portland, Maine—the great art and general publishers. They offer the most exceptional advantages to those who are sufficiently enterprising to be willing to make a push in order to better their condition. It costs nothing to try. Women make successful canvassers, as well as men. Full particulars will be sent to those who address the firm, their full address is given above.