

Back to its  
old Purchasing  
Power!



None genuine without the Aluminum Peg

# CHECK CIGAR

Canada's greatest value!  
Fine tobacco! Fine flavor!  
Even burning! Easy drawing! Enjoyment in every puff!

"As Good as Gold"

Rock City Tobacco Company

### HOCKEY

With our new rink in progress of building it is quite natural that our boys are talking hockey these days, and I have been asked to dot down a few articles regarding Canada's great Winter's game.

I have talked with a number of gentlemen regarding the outlook for the town to enter a team in the Valley league with our sister towns and all seem to favor the idea.

Hockey is a strenuous game, and the players must be in good physical condition to go the pace and stand the game.

Baseball is a game affair when you realize that most men only have to run about thirty yards at a time to reach first base, and the writer not always found this necessary, as the ball fell in the catchers' mitt.

But in hockey you cannot get a rest except goal tender, while you are on the ice.

There is no time for cigarette smoking and no wise manager will tolerate such in hockey as they did in baseball. My advice is for all those who intend to try to get a place on the team is to try and quit them as much as possible and get out and exercise. Do not wait until the ice is here, be ready if possible so that very little ice training will prepare you for the Winter's game.

Remember what ever method you use, whether it be road work, room exercises, boxing or football, it is the stomach and abdominal muscles that must be strong. Have found a good way of doing this is to lie on the floor with the arms held straight to the sides and not lower yourself, until tired—but don't overdo it the first few times.

To step on the ice feeling fit is very important, as the season will be short and the first few games count high. Then the next important step is to elect a Captain that can play and impart his knowledge to the others—a man with patience, and to be pleasant with the boys while he is instructing them—and show no favors. We will find it necessary to develop our youth—boys from eighteen to twenty-one. It will be their first year at inside hockey, and the use of the boards and many other tricks that cannot be learnt on a pond will be new to some of them.

The secret of scoring goals is to mix up your methods of trying to deceive the goal tender—the best scorers are not always the men with the hardest shot, yet all players should possess this.

Some of the amateur teams in the Province last Winter were allowed to carry twelve men on their line up—practically two teams. A player can be relieved at any time during the game, and this does not prevent the same players from helping out during the rest of the game.

Six man hockey is much faster and more of a spectators' game than seven. It also has reduced the checking and made the refereeing more sharp. There is not the heavy checking in the game today that there was ten years ago. It is more play the puck and not the man.

The subject of my next article will be "Centre Ice Playing."

### FORWARD.

Capt. Morris has about finished a comfortable house in a very pleasant locality.



### NIGHT COUGH

CHESTS torn and made sore by an incessant night cough, are comforted and strengthened by Peps. When placed in the mouth, Peps dissolve away into powerful healing and germicidal vapours that are breathed straight to the lungs. Harmful germs in the throat are immediately destroyed, soreness and inflammation in the bronchial tubes is soothed away, obstructions are softened and got rid of. In Peps you have the benefit of pine-forest treatment at home. Take them for a cough, cold or a chill, for grippe, sore throat, infectious colds and bronchitis.

All druggists and stores sell Peps at 50c. 30c. per tin for 81.25 or send 10 stamps for THE LITTLE SANDPiper to Peps Co., Dupont Street, Toronto.



### BESCO EMPLOYS 23,000 MEN

President Wolvin Enthusiastic Over Company's Operations In Nova Scotia

Montreal—R. M. Wolvin, President of the British Empire Steel Corporation, has returned from his visit to the Company's properties in Nova Scotia.

Mr. Wolvin's comments on inspection of the Company's property in Nova Scotia were encouraging and best evidenced by the statement that the British Empire Steel Corporation is again operating profitably, and in its present activity is furnishing practically full time employment to over 23,000 men.

He stated that the unrest was disappearing, and that labor is more efficient. The number eight blast furnace at Sydney has been re-built since it was last operated and has recently been "blown in." This furnace shows increased daily output due to changes made in the design of the furnace in the re-building. A larger output is also obtained from the No. 1 blast furnace of the Company than it has ever previously produced. No. 1 opened hearth furnace plant produced in October the largest output of any month since first commencing operations.

The Company is now loading the last cargo of steel products this season to reach the head of the Lakes before the close of navigation. The larger orders on the Company's books are much greater than at the corresponding date of last year.

With regard to the notice appearing in local newspapers calling a meeting of the Dominion Iron and Steel Company, Limited, for the 15th November, Mr. Wolvin stated that the increase in capital stock and its disposition was purely an internal matter as between the Dominion Iron and Steel Company, Limited, and the Dominion Steel Corporation, Limited.

### ST. JOHN WILL HOLD INTERNATIONAL SKATING TITLE MEET

Montreal—St. John, N. B., backed strongly by Lake Placid, Saranac Lake Association, the Middle Atlantic, New England and other associations, was awarded the international skating meet for 1923 at annual meeting of the International Skating Union of America. Plattsburgh, which is of the Lake Placid-Saranac Lake Skating circuit made strong representation for the national meet which eventually was given to Chicago, the unsuccessful bidder for the international event. No date was fixed for this latter, but it will likely be held in January. The venues for the two meets being settled, Saranac Lake, Lake Placid and Plattsburgh have decided to get together as the Big Three and stage a record-breaking meet with over 100 of the competitors in the national and international skating part.

Tightening of the lines which separate amateurism and professionalism by taking a firm stand against recognition of the United States Hockey Association because of its alleged tendencies to professionalism, was one of the outstanding features of the meeting.

### THE PASSING OF AUTUMN

The wizard has woven his ancient scheme:

A day and a starlit night; And the world is a shadowy-pencilled dream Of color, haze and light.

Like something an angel wrought, maybe, To answer a fairy's whim; A fold of an ancient tapestry, A phantom rare and dim.

Silent and smooth as the crystal stone The river lies serene, And the fading hills are a jewelled throne For the fall and the mist, his queen.

Slim as out of aerial seas, The elms and poplars fall; Float like the dainty spirits of trees In the mellow dreamlike air.

Silvery soft by the forest side— Wine-red, yellow, rose— The wizard of Autumn, faint, blue-eyed— Swinging his censers, goes, ARCHBOLD LAMPMAN.

### THE FALL WEATHER HARD ON LITTLE ONES

Canadian Fall weather is extremely hard on little ones. One day is warm and bright, and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box, from The Dr. Williams' Medicine Co.

### Always Uniform in Quality

Delicious  
**"SALADA"**  
TEA  
HAS THE LARGEST SALE OF ANY PACKET TEA IN NORTH AMERICA.

# ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- |           |           |            |
|-----------|-----------|------------|
| Colds     | Headache  | Rheumatism |
| Toothache | Neuralgia | Neuritis   |
| Earache   | Lumbago   | Pain, Pain |

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetylacetic acid of Salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

### Banner Wood Pipeless FURNACE

Is the one to install, if you are going to burn wood only. Made in eight different sizes, which will take a stick of wood from two to four and a half feet long. All Banner furnaces are guaranteed to give satisfaction.

**J. H. MacLEAN**  
Plumbing and Heating.

E. N. DARGIE J. E. LONGMIRE

### To Arrive This Week

CAR PURITY FLOUR—BARRELS, BAGS, 98 LBS. AND 24 LBS.  
PASTRY FLOUR IN 24 LB BAGS  
CHOICE MIDDINGS PIONEER OATS  
SHORTS BRAN  
FEEDING FLOUR FEED WHEAT  
SPECIAL PRICE ON FEED.

**DARGIE & LONGMIRE**  
PHONE 55 GOODS DELIVERED

## NOTICE

Please be informed that Firm name of Ruggles & Benson will be discontinued on and after October 2nd. The said firm being conducted under name of

**H. L. RUGGLES**  
FANCY WHOLESALE GROCER & CANDY JOBBER  
BRIDGETOWN, N. S. PHONE 63.

### New Goods for Fall and Winter

My new Fall and Winter goods are coming in and I am prepared to fit you out for the cold weather that is coming.

I have in stock several lines of Underwear, including Penman's, Turnbull's Standfield's, Eureka and Atlantic, and can supply your wants.

A fresh shipment of A. P. H. and Oxford wool pants just arrived, also a full line of Headlight and Kitchener's Shirts and Overalls. These goods will cost a little more, but, you will remember the quality, long after you have forgotten the price.

My Mackinaw Coats, Overcoats and Sweaters have arrived too.

Beginning Wednesday, October 4th, my store will be open Wednesday afternoons.

**Wm. E. Gesner**  
DEALER IN EVERYTHING THAT MEN AND BOYS WEAR.

### Robin Hood Flour

Cream of the West Flour

Special Prices on Bran and Middlings

**M. H. TODD**  
The Old Stand Bridgetown, N. S.

**BOSTON & YARMOUTH STEAMSHIP CO., Ltd.**  
FREIGHT AND PASSENGER SERVICE  
Steamships PRINCE GEORGE and PRINCE ARTHUR  
SCHEDULE EFFECTIVE OCTOBER 17th, 1922.  
TWO TRIPS WEEKLY FARE \$9.00  
Leave Yarmouth Tuesdays and Fridays, at 6.30 p. m.  
Returning—Leave Boston Mondays and Thursdays, at 1 p. m.  
For Staterooms and other information apply to  
J. E. KINNEY, Supt., Yarmouth, N. S.

### GRANVILLE FERRY

The clam supper served by the ladies of the Baptist Sewing Circle at the home of Capt. and Mrs. C. W. Croscup on Wednesday evening was a grand success, proceeds amounting to \$101.50.

Mrs. Kenneth West and son Fredrick, of Coldbrook, Kings County, are visiting at the home of Mr. and Mrs. F. E. Wood.

Mrs. S. Skeen and daughter Elaine, of Calgary, are guests of Mrs. Skeen's parents, Mr. and Mrs. W. H. Weather- spoon.

The Ven. A. W. Watson having spent a two weeks' vacation at North Sydney, returned home Friday.

Miss Laura Hardy, who has been enjoying a six weeks' vacation in Montreal, returned home Friday.

Mrs. Watson will return home in a few days, accompanied by her parents, Mr. and Mrs. Bernason.

Miss Dorothy Smith, of the teaching staff, spent Thanksgiving in Yarmouth.

Mr. and Mrs. E. R. Reed were passengers to St. John, N. B., on Thursday.

Miss Ruth Gilliat returned home last week from Somerset, N. S.

Miss Nettie Caswell left on Thursday for North Easton, Mass.

Mr. Preston Hardy left for Lynn on Friday.

### PORT LORNE

On October 31st the graded Sunday School class "Careful Gleaners" held a Halloween supper and party at the home of Mrs. William Morse. The invited guests were the Senior and Junior boys class and their teachers. All report a very pleasant evening.

Mr. and Mrs. Hoyt Slocomb who have spent the Summer in the United States have returned to Nova Scotia and were visiting last week at the home of Mrs. Slocomb's parents, Mr. and Mrs. E. Risteen.

Mr. Sewal Corbett and Mr. Kenneth Corbett spent Sunday, Oct. 22nd at their home here, returning to Kentville on Monday.

Mr. George Banks was a visitor at the home of Mr. and Mrs. Norman Healy last week.

Rev. D. W. Dixon and Mrs. Dixon are visiting friends in North Brookfield.

Miss Charlotte Fash visited Mr. and Mrs. William Johnson recently.

Mrs. MacLearn, returned Missionary, spoke in the Baptist, Sunday, Nov. 5th.

ARCHIBALD  
A.D., C.M.  
(6611)  
BRIDGETOWN, N. S.  
MacNEIL  
Accountants  
Solutions, Systems  
Incorporation, Audits  
Tax Returns  
HERST, MONROE  
MONTREAL  
REID WALKER  
P.S. (Glasgow)  
SURGEON  
given to the town  
and Pyorrhea  
OURS:—10 a.m. to 12  
ings by appointment  
Block, Granville  
TOWN, N. S.  
187.  
CAMEROON  
er and Typist  
ranville St. East  
TOWN, N. S.  
12 a.m. and 2-4 p.m.  
to Fridays  
en in Shortland  
CHUTE  
LINERY  
adies' Furnishings  
TOWN, N. S.  
LE TREES  
RODUCTION  
es of proven work  
per 100.  
PIN.—Similar to B  
less subject to B  
ble  
The greatest work  
e Century."  
of Duchess and S  
ities of other st  
available at \$65 per  
1 Ontario grown  
ted. 25% deposit  
required.  
RSERY COMPANY  
eton, N. B.  
NOTICE  
having legal deman  
ate of L. Annie B  
city of Boston  
ath of Massachusetts  
States of America  
ed, are requested  
d, duly attested, and  
from the date hereo  
indebted to said  
make immediate p  
HARRY RUGGLES  
n, Annapolis Co., N.  
Administration  
for Annapolis Co.  
6th day of Septem  
etown, Annapolis  
September, 1922  
IE" CHUTE  
ver Nova Scotia  
VEE & CONTRACT  
all classes raised  
milies and Chin  
ed and moved.  
Engines put on S  
taken out Steam  
astical Building M  
Provinces.  
nce 11-3, Bear B  
anizing  
res and Tubet  
WOK Guarantee  
SPURR  
UND HILL  
HILE TEAD  
—AT—  
MONTREAL  
n obtain a hot  
cocoa on short  
ery, Soft Drink  
rettes, Cheas, etc  
Groceries.  
W. DANIELS