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C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st, east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

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Prompt attention to all orders, reasonable terms. Orders may be left at
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Restored to Health By Taking "Fruit-a-tives"

Made of Fruit Juices and Tonics

The most convincing proof of the true worth of "Fruit-a-tives" as a medicine for women is found in the letters written by them to "Fruit-a-tives". For instance:

"I suffered with all the symptoms of female trouble, pains low down in the back and sides, constipation and constant headache. A doctor advised an operation. I started taking "Fruit-a-tives" and this fruit medicine completely relieved me of medicine completely relieved me of all my misery".

Mrs. M. J. GORSE, Vancouver, B.C.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

Bosanguet Council

Council met on the 12 inst, All the nembers present except the Reeve. Minutes of last meeting confirmed D. Dunigan applied to have Mud Creek repaired and the 'crerk was instructed to notify A. S. Code to examine the drain and make plans, assessment, etc., and report. clerk was instructed to notify the commissioners on the Wadsworth drain to complete the repair of the drain as soon as possible. Dr. G. A. McDonald was instructed to send Frank Romphf to Petrolea or Sarnia hospital. The clerk was instructed to send to Mr. Cowan the account of J. G. Elliott, N. Sitter and O. Walden, re Nesbit drain etc. The clerk was instructed to advertise for tenders for the construction of the Melville bridge. A by-law was passed appointing John McCallum an arbitrator re expropriating gravel on part

of lot 29, con. 4. Thomson—Lockrey, that the commissioners on the Cut drain be paid the balance of the commission amountink to \$370.00. Motion lost. The following orders were given: Crawford & Co., \$8.75 for sweet clover seed to sow on big sandhill on Pt. Frank road; Robt. Stevenson st. Frank road; Koot. Seevenson \$125 salary as assessor and \$8.75 postage; G. Coultis \$183.77 for plank; A. C. Jamieson \$3 for spikes; L. Wallis \$56 for posts and Andrew Ross \$272.50 to pay men for work on big sandhill, Pt. Franks road; W.G.McGeorge \$185 examining Nesbit drain area, attending referee at Toronto, etc., and \$131.50 attending court etc, Thedford vs. Bosanquet; G. Wellington \$36 and Fred Dees \$35 for bridges and damages as allowed on Wadsworth drain. The Dominion Machinery Co., \$15.60 for two grader blades and G. Sutherland \$2.07 to pay for registration of Nesbit drain by-law.

Council adjourned to meet on the 26th inst at 10 a.m.

Geo. Sutherland, Clerk.

Children Cry FOR FLETCHER'S CASTORIA

PUTS HEALTH AND VIM INTO

So Says Mrs. MacPherson of Lydia E. Pinkham's Vegetable Compound

Brantford, Ontario.—"I was always tired and the least exertion would put me out for a day or two. I had a pressing pain on the top of my head, pain in the nape of my neck, and when I stooped over I could not get up without help, because of pain in my back. I did not sleep well and was nervous at the least noise. I keep house, but I was such a wreck that I could not sweep the floor nor wash the dishes without lying down afterwards. A friend living near me told me what Lydia E. Pinkham's Vegetable Compound had done for her so I began to take it. With the first bottle I felt brighter and got so I could wash dishes and sweep without having to lie down. Later I became regular again in my monthly terms. I have taken ten bottles all told and am now all better. I can truly say that your wonderful medicine cannot be beaten for putting health and vim into a woman."—Mrs. JAMES H. MACPHERSON, 309 Greenwich St., Brantford, Ont.

If you are suffering from a displace-

If you are suffering from a displacement, irregularities, backache, or any other form of female weakness write to the Lydie E. Pinkham Medicine Co., Cobourg, Ontario, for Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women." C

Brooke Council

Alvinston, May 17th, 1924
Council met pursuant to adjournment. Members all present. Minutes of former meeting read and on motion of Johnston—Holbrook, were

Mr. Carmiel Naessens, contractor Mr. Carmiel Naessens, contractor for the excavation of the Weidman drain asked to be relieved from same Mr. Luke Walker agreeing to do the work on the same terms as Mr. Naessens and to have the drain completed by the end of June, if the weather was fayourable. Council agreed to this change. Clerk to prepare agreement for Mr. Walker to

Mr Fred Dolbear served notice in writing to have the Werden-McKel-

lar drain repaired. Loosemore-Wallis, that notice be entertained and A. S. Code, O.L. S. be instructed to make an examination of the drain and report .-Carried.

Brooke Municipal Telephone Sysem asked that \$700 be advanced for telephone purposes. Granted on mo-tion of Johnston and Loosemore. Notice of action received from W.

E. Fitzgerald, on behalf of John A. Lett and John Steadman, et al asking that the \$15.00 allowed w 1/2 Lot 19, con. 12, for damages from earth in construction of the Lett drain, be returned to ratepayers together with

Notice received from A. E. Tay lor, County Judge, appointing Wednesday, the 28th day of May, 1924, at 10 o'clock a.m., at Judges Chambers, Sarnia, to hear the complaint of Dr. McLean, M.O.H., re salary. Johnston-Loosemore, that Reeve

consult the Solicitor in these matters and act accordingly to advice receiv ed.—Carried. Wallis—Holbrook, that Council open as a Court of Revision on Assessment Roll. Reeve in the chair.

The following appeals were heard: C.N.R. System; James Robinson, Frank Mitton, Roy McGregor, J. W. Hawes and John Cummings.

Reductions and changes made in sessment: N1/2 lot 8, con. 2, to be assessed to John Cummings, assessment on land reduced \$100 and on buildings

Pt lot 20 con. 6, 397 acres be

struck off. Assessment of C.N.R. System and assessment reduced 3.97 ac. and \$100 on land and \$500 on build-

Corporation of Alvinston to be assessed for Pt lot 20, con. 6, 3.97 acres, assessment on land \$100; build ings \$700: business assessment \$100. Donald McIntyre to be assessed for pt s pt lot 18, con. 6, 11/2 acres; e half lot 17, con. 4, to be assessed to Neil McCallum; s w cor. lot 4, con 7. to be assessed to Franz Lehrbass: w half lot 28, con. 10, to be assessed to Ben Doan; w quarter lot 1, con. 9 to be assessed to Peter Campbell and sons; e half, w half, lot 9, con. 8, to be assessed to J. H. Johnston: w gr. lot 9, con. 8, to be assessed to John Douglas; s e 1/8, lot 10, con. 1, and w 1/8 lot 11, con. 1, and w hf e hf w hf, lot 11, con. 1, to be assessed to Fred Hands, assessment on buildings \$400; e hf w hf w hf lot 11, con. 1, and e % of the w hf lot 11, con. 1 to be assessed to Alice Hands, assess ment on buildings \$400; n 90, n qr. lot 10-11, con. 2, to be assessed to David Hayter. Names struck off Mrs White, Elwood Stewart, Henry Bell, Lily Bell, Frank Clark, Louisa Clark, Wm. Rundle. Names added Malcolm McLachlan, n w gr. lot 8,

Holbrooke-Annett, that changes as made be confirmed and Court closed .- Carried.

Committee appointed to inspect the bridges reported as follows:-Bridges on con 2-3, lot 14 and con 10-11, lot 26 to be constructed and others to be repaired.

The following general fund orders were issued in payment of accounts and on motion of Holbrook-Wallis

Brooke Mun. Tel. Sys \$700.00 Alf. Clothier, dragging B and Metcalfe townline 19.00 Alvinston Free Press, adv.

12-13 sideroad drain 1.50 Alvinston Free Press, post cards and printing 3.50
Alvinston Free Press, deb.

Cecil Sisson,dragging road 15 12.50 Art. Sisson, dragging road 14 6.00 R. McVicar, work in grav.pit 45.00 Darwin Oke, outlet for water

W. J. Weed, road report... 50.00 H. L. Bindner, two pipe culverts B. M. townline... 21.60

Victor Beickx, work on outlet 12-13 sideroad dram 30.00 Johnston—Loosemore, that Council do now adjourn to meet in Inwood on Saturday, the 14th day of June, 1924.—Carried.

W. J. Weed, Clerk.

When Exposed to Air

tea loses its freshness and flavor.

For that reason is never sold in bulk.

INWOOD

Mrs. Edward Chapman is spending few days in Detroit.

Mrs. T. A. Leitch returned home after spending several weeks in Wy-

Miss Annabel Dawson of Wyoming is visiting at the home of her sister, Mrs. Wilfred McCabe.
Mr. and Mrs. Arthur Bishop of
Sarnia spent Sunday at the home of

J. A. Bishop. Dr. H. McLean is in Toronto this week attending the medical conven-

Mrs. Foster Smith, Mrs. Henry Johnston, Mrs. Thos. Armstrong, Mrs. Clarence Wallace and Mrs. A. Trowhill attended the W. M. S. Presbytery at Petrolea on Wednesday.

Mr. George Leddon of London is visiting at the home of his mother,

Mrs. H. Leddon. Mr. Orville Sherwood, one of the oldest citizens of Inwood, passed away at the home of his son, Ross, at Bridgburg on Thursday last. Mr. Sherwood spent about fifty years or more of his life in the village and was well and favorably known. The funeral was held on Sunday at the home of his nices, Mrs. Jos. McClurg and was largely attended. Service was conducted by Rev. Streeter. Interment took place in Alvinston cemetery. He leaves to mourn his loss his widow and three sons, Nelson, John and Ross. Friends and relatives were present from Tilbury, Chatham

Thamesville, Ridgetown, Newbury and Bridgeburg.
Mr. Wm. McClurg of Alvinston spent Sunday with his parents, Mr. and Mrs. Jos. McClurg.

Mr. and Mrs. W. R. Dawson and Mrs. L. A. Riley spent one day in Sarnia last week, We are pleased to report that Mrs. Clayton Johnston is improving.

Russell Kimball of the RoyalB ank spent Sunday with his parents, Mr. and Mrs. Wm. Kimball.

Miss Lily Vanatter spent Sunday with Miss Hazel Thompson at the Glasgow House. Mr. and Mrs. Clarence Atkin and

day last week at the home of her grew so weak that the doctor sent brother, Dan McCallum, Alvinston.
Mr. and Mrs. Alex. Clarke and Fred Clarke of Detroit spent the Alfred Clarke.

Vera Vance, nurses in training at Chatham General Hospital, spent Tuesday at the home of the latter, Mr. and Mrs. Johnston Vance.

Mr. and Mrs. Wm. Chapman spent the past week at the home of their daughter, Mrs. Stanley Graham of Sarnia. Mr. and Mrs. Jas. Morrison and

son Franklin, of Sarnia, were Inwood visitors last week.

The annual meeting of the Inwood Bowling Club was held at the Masonic Hall on Thursday evening. The officers for the season were elected as follows: president, J. A. Bishop; vice-president, John Clarke; sectreas., W. R. Dawson.

'OLD HOME WEEK"



ALVINSTON

Miss Mina Moffatt of Detroit, spent the week end at her home here. Messrs. Hugh Leitch, Dick Park, Ralph Conmor and Bill Benner attended the W. O. S. S. A. track

neet in London on Saturday. Miss Helen Sands, of Detroit, is visiting at the home of her grand-

mother here.
Miss Helen Jones of Detroit, is visiting at her home here. Newton Jones of Sarnia, spent

Sunday at his home here.

Mr. and Mrs. John Little and children of Pontiac Mich., spent the week end as the guest of the latter's

sister, Mrs. Mark Burford. The parlor meeting of the W. C. T. U. was held at the home of Mrs. Samuel Colhoun on Thursday evening, when an interesting program was carried out. A duet by Effadore Campbell and Mrs. Secord was much enjoyed, as was also an instrumental by Margaret McCallum. Readings by Lulu Oke and Florence Forman and a solo by Miss Brown, also featured the program. A paper was also read by Mrs. Bert Grav after which a dainty luncheon was served and contests indulged in.

Mrs. Henb Leitch and Miss Vera Leibch attended the Presbyterial meeting held in Petrolia on Thurs-day and Friday of last week. Miss Flossie Jones of Detroit

The Cheerful Woman

spent Sunday at her home here.

Is One Who Has the Rich, Red Blood of Good Health.

The fact that one woman is bright eyed rosy-cheeked, strong and cheerful, while another is pale, weak and depressed is due more often than otherwise to the condition of the blood. The way to remedy this depressed state is to build up the blood and for this purpose there is no other tonic can equal Dr. Williams' Pink Pills. A case in point is that of Mrs. Melvin Abra, Graveley street, Vancouver, B.C., who says:-"About son Harold and Mr. and Mrs. Roy Chapman and son Billy, spent the weekend in Detroit and Lapeer, Mich. Mrs. Arch. McLachlan spent one and getting thinner all the time. I me to the hospital, but the treatment weekend at the home of Mr. and Mrs

Alfred Clarke Miss Beatrice McDonald and Miss and as she is a firm believer in Dr. Williams' Pink Pills, she started me on this medicine. I can only say that they did wonders for me. I began to get new health and strength after I had taken a few boxes, and day by day this improvement continued until I was again well and able to do all my housework, and I have not had a sick day since. I cannot recommend your pills too highly and urge those who are looking for health and happiness to give them a trial."

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Rev. W. S. Larter, rector of Alvinston and Napier Anglican churches for the past two years, has re-

"TOAST"

What an Appetizing Sound that word has—

"TOAST"

TASTES GOOD SMELLS GOOD MEETS EVERY TEST

Of Whole Digestible Food. OUR BREAD IS MADE TO

FOOD. TRY IT AND TOAST IT !

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