

TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here-Too.

Edmonton, Alberta, Can. — "I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me.

"When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised Lydia E. Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in the house."—Mrs. FRANK EMBLEY, 903 Columbia Avenue, Edmonton, Alberta.

The Other Case.

Beatrice, Neb. — "Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since. Now I am in good health and I have two little girls."—Mrs. R. B. CHILD, Beatrice, Neb.

Guide-Advocate

Watford, Ont.

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Losses—10c. per line each insertion. Minimum charge \$5.00.

Advertisements without specific directions will be inserted till forbidden and charged accordingly.

HARRIS & CO.

PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, MAY 22, 1914.

Rural Depopulation Explained

Forty and fifty years ago there were not only stage lines and thirteen taverns on a stretch of road where there is now but one. At that time hay was raked by hand and grain was cradled. The spinning wheel was in every farm house. They made their own soap, sugar, syrup, dried apples, and smoked meat. The farmer's plow, his harrow, his sleigh, his wagon, his logging chain, his furniture, his boots, his harness, his cradle and coffin were all made in the nearby village. On his farm he needed help and he got it. He kept the village busy and paid for his needs with his products.

Nowadays nearly everything the farmer uses is made in great factories. Instead of industries, the small village has agencies; instead of workshops, showrooms. Binders, reapers, steam threshers, mowers, manure spreaders, cream separators, even milking machines, are doing work that men, women and children used to do. The village harnessmaker, like the stage driver, found his occupation gone and he had to follow it. Workmen flocked to towns and cities when the central factory, with its

Every Woman

is interested and should know about the wonderful

MARVEL Whiting Spray

The new Vaginal Hygiene. Do not use any other. It gives full protection and directions. Available in bottles. **WINDSOR SUPPLY CO.** Windsor, Ont. General Agents for Canada.

intricate machinery, proved its efficiency greater than fifty scattered workshops in which men labored with hand tools.

Perhaps the country will fill up again when farmers specialize on smaller farms—in hogs, or hens, or beans, or celery, or apples, or berries.

Potato Diseases

There has been issued by the Department of Agriculture at Ottawa a remarkably well executed folder, Farmers' Circular No. 4, entitled "Potato diseases transmitted by the use of unsound tubers," showing in natural colors, representations of specimens of diseased potatoes. Diseases and other blemishes represented are potato canker, powdery scab, hollow potato, internal brown streak, little potato disease, dry rot, wet rot, common potato scab, and stem end rot. Special reference is made to potato canker and powdery scab, the latter of which occurs already in Canada and should be carefully avoided. The folder points out that, under the destructive Insect and Pest Act of Canada, any person using for seed potatoes infected by potato canker or powdery scab is liable to prosecution. Potato growers who suspect the presence of either of the latter diseases are requested to send specimens to the Dominion Botanist, Central Experimental Farm, Ottawa. This folder, prepared by Mr. H. T. Gussow, Dominion Botanist, will be sent free to those who apply for it to the Publications Branch of the Department of Agriculture at Ottawa.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

NATIONAL BANK OF COMMERCE, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

HOME HINTS

The only honorable and honest way to stop a newspaper is to step into the office and pay up arrearages, get a receipt and have your name off the list. To fire your paper back at the publisher marked "refused" when you owe six months or a year, and never go near the office is not only disreputable, but superlatively dishonest as well.

The average weight of eggs is about eight to a pound, so that a dozen eggs would weigh about one-and-a-half pounds. A pound of eggs contains more nourishment than a pound of meat. There is no flesh food that may be served in so many palatable ways as eggs, nor as easily obtained by farmers. Eggs are a perfect food, containing all the constituent elements of nourishment.

Miller's Worm Powders are complete in themselves. They not only drive worms from the system, but repair the damage that worms cause and so invigorate the constitution that it speedily recovers from the disorders of the digestion that are the result of the work of these parasitic intruders. They do their work thoroughly and strength and soundness follow their use.

Keep Your Money At Home

The Old Pioneer asks us to publish the following from the Regina Leader:—

"To the married man who cannot get along without his drink the following is suggested as a solution of his bondage to the habit: Start a saloon in your own house and be the only customer. You will have no license to pay. Give your wife \$2 and remember there are sixty-nine drinks to the gallon. Buy your drinks from no one else but her and by the time the first gallon is gone, at the regulation price per glass she will have \$8 to put in the bank and \$2 to continue the business. Should you live ten years and continue to buy booze from her and then die with the 'D.T.' she will have money enough to bury you as decently as you desire, educate your children, buy a house and lot and then marry a decent man and forget that you ever lived."

Warts on the hands is a disfigurement that troubles many ladies. Holloway's Corn Cure will remove the blemishes without pain.

An Italian inventor has taken out a British patent upon an egg holder which may be fastened on the edge of an ordinary dinner plate.

Dad's Dops

A process has been discovered for the artificial ripening of fruit. There is no occasion to apply it to hen fruit.

A commission has been appointed to study the habits of the oyster. The confirmed habit of appearing by itself in a stew is one that ought to be investigated and discouraged.

Light complexioned people are susceptible to freckles. This may account for the spots astronomers have recently discovered on the countenance of Old Sol.

It is stated that the House of Commons chamber will be too small to accommodate all the members after the redistribution of constituencies. However, this will not prevent many of them from attempting to squeeze in.

Only the "higher class" Ottawa women smoke cigarettes, declares an observer. Watch the "lower class" get the habit.

"Don't eat at bedtime" cautions a Winnipeg physician. Every time you eat it is a grain on the juices of the stomach. In other words the juice raises the dews.

A Los Angeles judge has decided that the wife has absolute authority in the matter of choosing names for her offspring. Husbands who insist on naming their hopefuls after a rich uncle or a maiden aunt are warned that their mercenary motive has no legal support.

A safe and sure medicine for a child troubled with worms is Mother Graves' Worm Extirminator.

Realistic Teaching

Petrolia, May 12.—Misses Mildred Scott and Eva Robinson both faunted this afternoon on hearing a lesson on "First Aid to Wounded." The young ladies were in the entrance class at the Central School to which Principal R. J. Campbell was giving a lesson in hygiene. After a realistic description of what to do in case of a broken arm, Miss Robinson quietly fainted and before help reached her, Miss Scott also swooned. The former was resuscitated after considerable trouble.

For nursing mothers

Na-Dru-Co Laxatives

offer the important advantage that they do not disturb the rest of the system or affect the child.

25c. a box at your Druggist's.

National Drug and Chemical Co. of Canada, Limited. 178

You will like the rich strength and full flavor.

Red Rose Tea "is good tea"

Children at the Table

Table manners do not happen. They are the result which is direct, and of imitation which is unconscious. The deft handling of fork and spoon, the nice taking of food, the courtesies of the table, which are distinctive marks of refinement, do not come to anyone by chance. Men high in public life, men whose ability and talents have placed them in the front rank of the world's workers sometimes show that their beginnings were humble, and their early homes plebian by the disagreeable habits they have never outgrown in their noisy way of taking soup and their headlong haste as they would swallow their food, by their eating with a knife, by a dozen little lapses none of which are breaches of the moral law, though all are offensive and most inexcusable.

Children Cry FOR FLETCHER'S CASTORIA

Laziness Personified

The Mexican Indian may be the laziest man in the world, but he is probably the only man who really works while he sleeps. A traveller relates that one afternoon he came upon an Indian but romantically situated beside a stream. A hammock of native grass was swung across a narrow branch of the stream, an Indian slept in the hammock, and a string, tied to his foot, dangled in the water. As she approached the string tightened with a jerk. The Indian awoke. Another healthy tug. "Mercedes, atesh!" he called, without moving. His wife

came, hauled in the line and removed a three-pounder from the hook after which she rebaited and cast the line back into the stream. The Indian resumed his slumber.

A Smile or Two

Fallon (who has bought a small farm)—Tell me the truth, Mr. Carney, is the soil rich or poor?

Expert Gardener—We'll see, I should say it wor want rich, but it's now in raydooced circumstances.

She—Lizzie's bloke calls 'er 'is peach and the happle of 'is heye. Why can't you call me things like that? He—Yes, that's very well; but 'e's in the vegetable business. He's in the fish trade, remember.—Punch.

Mrs. Stryver—We had a most enjoyable time at Mrs. Hunter's tea. Count Tedout was there and kept us mystified for an hour with his tricks with the cards.

Mr. Stryver (dryly)—He kept us mystified with 'em for three months at the club, but we're onto him now.

"Pat, are yez good in arithmetic?"

"I am."

"Well, then, suppose ye have tin dollars and I ask you for the loan of five; how much would ye then have?"

"I'd have tin dollars."

"Ah, you don't seem to catch on to my idea."

"And ye don't seem to catch on to me five dollars."

A New Jersey teacher who had been greatly annoyed by revelry in the hotel where she had spent part of her last vacation, took the precaution this time, in writing to another hotel which had been recommended to her, to inquire whether it had a bar. She received the following reply:—"No, we haven't any bar, and if that is the sort of woman you are we don't want you. The place for you is at Yardley's, farther up the road."

Everybody's Painting on the "24th"

YES, this is going to be the big paint day—a regular paint holiday and clean-up celebration. From now on, "the 24th" will be known not only as "Victoria Day" but also as "Paint Day", when everybody will take advantage of the holiday to make homes attractive and beautiful—to freshen and brighten the porches and fences—to make the whole place spic and span. We have

Martin-Senour's "100% Pure" Paint

and all the other good Martin-Senour products for every kind of Painting, Staining, Varnishing and Finishing that you want to do on "the 24th" (which this year falls on the 25th.)

Pay our Paint Department a visit and have us show you all the new colors and the new finishes for making homes spic and span.

J. MCKERCHER

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Prepared by J. C. FLETCHER, Lowell, Mass., U.S.A.

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

The Simple Signature of **Dr. J. C. Fletcher** NEW YORK.

At 6 months old 35 Doses—35 CENTS

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