

You Can Easily Tell — If You Have Kidney Trouble

Watch the urine. If there is a deposit of brick dust matter in the morning urine, or after it has stood in a vessel over night—if there is any trace of mucus—it is a sure sign of Kidney Trouble and you need GIN PILLS.

If the urine is highly colored—a reddish or deep orange—it shows that the Kidneys are not doing their work properly, and need GIN PILLS to strengthen them.

If there is pain in the back, it means that you have strained the Kidneys or caught cold, and that these organs are inflamed or irritated. Gin Pills will soothe and heal the kidneys and give almost instant relief from the pain.



Norwich, April 23rd.
"I was laid up for two months with Kidney Trouble. The doctor said it was not my kidneys but I felt sure it was. I could not get any relief from his medicine so I told my husband when he went up town to get a box of GIN PILLS. My father always keeps them on hand. The pains were relieved at once and I am now up and doing my work."
Mrs. JOHN KIRKPATRICK

Watch your urine. If you have any signs of Kidney Trouble—if your bladder is irritated—get Gin Pills to-day and start to cure yourself. 50c a box, 6 for \$2.50—and every box guaranteed to give satisfaction or your money back. Gin Pills are "Made in Canada". Sold in U.S. under the name "GING" Pills. Trial treatment free if you write National Drug & Chemical Co. of Canada, Limited, Toronto.

Gin Pills

FOR THE KIDNEYS

THE THOUGHTS OF THEOBALD.

EASTER MESSAGES.

The newspaper is one of the greatest influences of the present day. It has the elements of power in it to do as great a good to the world as any other instrument or institution. It speaks to a bigger audience than any one preacher can ever address at one time, and unlike the spoken word, its message is such that one can read and re-read and fully take in each thought before proceeding.

The power of a newspaper is, alas, too often used for ignoble ends. There are some who follow the policy of giving the people what they want, instead of giving them "what they ought to want." The comic section of the American press is a case where the most grotesque, inartistic and positively hideous caricatures are served up to amuse children especially, without thought of the damage that may be done to that most delicate and impressionable organ—the brain of a child.

The Easter Messages, published in the Telegram two weeks ago are interesting in several ways. The three main denominations in Newfoundland were represented there and I think that if no names had been printed at the top, it would have been difficult to tell from the articles the denomination of the clergymen who wrote them. This points surely to the fact that, after all, there is no great gulf separating the religions. We are all travelling to the same goal but by different roads. That the roads will converge into one before the summit is reached is a question that I am afraid will not be settled in this century and perhaps never, while we have minds to differ and inclinations to follow as various as the wind. That toleration shall come and even co-operation, is a consummation "quite" possible, and even now may be in sight. That anyone should look with disdain upon another's form of religion, of whatever form it be, is a confession of smallness that approaches ignorance. To my mind it is a question that must be settled by every individual. We are born with various tendencies. Some find that a simple service in a school

chapel, without ritual, without altar, suits them and meets the need of their inner feelings. Others find in the grand Cathedrals, and the beautiful ritual, the atmosphere which lifts their souls. And we find great men and women in both the school-chapel and the Cathedral.

In the last analysis it matters not what church we attend or what symbols we use if we live out our beliefs in the Eternal Goodness. If we don't live out our religion it is worthless.

THE PENITENTIARY.

The outcry about conditions at the "Pen" has not come a bit too soon. I have been there a few times (voluntarily!), and I can testify to the horrible, almost putrid, smell of the prison. The floor looked clean but the atmosphere was strong, strong with the odour of humanity who have been living in the same air for years. No disinfectant was apparent to fight the germs that must have been hovering everywhere.

It is no advantage to the State to have unclean habits taught to the prisoners, and if the superintendents and wardens are content to live among a crowd that perhaps don't change underclothing for months, then it is time that they should go through a course of hygiene—a child could teach them better! And why a person under remand, untried and unconvicted, should have worse food than those doing a term of hard labour is a state of things that should not exist under an energetic Superintendent, or a live Minister of Justice. Knowing this, a man could be pardoned for asking to be given "hard labour" with his sentence. Like most institutions, our method of dealing with prisoners is woefully behind. Instead of making them better men, we degrade them more than ever—instead of making them work at trades that would help them—we have a lone broom factory that is no use to them at all when they are discharged.

A love of farming could well be given by giving them plots of ground to cultivate under proper direction, and in this way could be started the first

Model Farm, and who knows how many men will be put on the right road when we obtain a Government who will see the true interest of the country in helping men on a small farm and giving them the wherewithal to start on easy terms. Mr. Ruby's article in the "Quarterly" on Agriculture is the most important in the number, and God send us men who will realize the wealth of our land in its productive power. But Mother Earth will not yield her riches without labour and hard work, and maybe this is the trouble in this age of fictitious values. A man wants money and wants it quickly, and with as little effort as possible. Somehow, money that is got easily never does any lasting good. There seems a law that evens up matters in some way and money got quickly and easily does not pay lasting dividends. Sometime or other the man must pay up.

THE WAR.

One of the greatest temptations in these times is to let our indignation and disgust run away with our good sense and make us lose those attributes of Christian civilization in which we take pride. We are apt to let the hatred of Germany beget in us a hatred for them in return. We forget that when the war is over there will still be Germans—we do not expect to exterminate them, nor would we desire such a slaughter. And we expect to treat them as honourably and as fairly as our boast is the British always act. We must recognize that we are fighting now the spirit of "militant militarism," and the leaders of Germany have influenced the consciences of their people to a (mistakenly) righteousness of its cause—for it is unthinkable that all the Cardinals, the Archbishops and church dignitaries in Germany can be hypocritical in their prayers for the German arms.

We have not been deluded as they have in regard to the war—we have seen the deep-laid plots of the Kaiser and his military party and the thoroughness with which this party has inculcated in the German mind the idea of world dominion and Germany the All Powerful. They are living and fighting under a great delusion, and it is of this that we must cure them—slowly as the cure will be, and costly as it has been and will be.

At the same time we cannot, we must not forget that the Germans belong to the Human Family—they are of our common brotherhood and appeal with us to the All-Father.

"Decadent" is an ugly word. It is a pity that conditions ever made the creation of the word possible. Dr. Schen-Brown in an article in the "Quarterly" uses the word in describing Germany past and present, but in all honesty I hardly think it is applicable. Their methods in this war, the philosophy of Nietzsche are decadent as all bad and evil things are, but when German life in general and all German music are termed decadent I have to admit that there is no evidence to support such a sweeping statement. Does the world owe nothing to Beethoven, Bach, Brahms, Schumann, Mendelssohn, Schumann and a whole host of others? A nation is surely not decadent when we find such advances as the Germans have made in agriculture and who spend millions of pounds so effectively on education that not one in a hundred is unable to read or write. The good in a nation will never die—this war brought on by evil will in return destroy the evil—and this will be true in regard to England as well as every other warring nation.

SONG OF SPRING.



The glad birds are chanting their anthems and farmers are planting their squashes and peas. There's nothing embitters the heart in the Spring, and all human critters should be breathing is better than pills, the breeze is a tonic, the sun brings relief, so shame on the chronic dispenser of grief! Oh, kick in the Summer, and I won't object, for heat is a hummer that many has wrecked; and kick in the Autumn, when lingering flies (why didn't you swat 'em) are tickling your eyes; and kick in the Winter, with words over-ripe, that no decent printer would put into type, but now that the glory of Springtime is here, a different story we'd all like to hear. When cold months meander, and April cuts loose, that man is a gander, that woman a goose, who isn't rejoicing with luminous grin, in ecstasy voicing the rapture within. The jaybirds are croaking and scolding around, the farmers are poking fresh holes in the ground, and everything's speaking of Spring and its joys, so cut out the shrieking and whoop with the boys.

Spring fashion has brought handbags made of quantity flowered silk.

Girls! Draw a Moist Cloth Through Hair

Try this! Hair gets thick, glossy, wavy and beautiful at once—Stops falling out.

Immediate?—Yes! Certain?—that's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a Danderine hair cleanse. Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair, but what will please you most will be after a few week's use, when you see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair, and lots of it, surely get a 25 cent bottle of Knowlton's from any drug store or toilet counter and just try it.

Missionary Service at George St. Church.

Sunday in George St. Church will be observed as Missionary Sunday. Rev. D. B. Hemmeon, B.A., will occupy the pulpit at the morning service, and will discuss the problem of Christian Missions. In the evening, at 6.30, a Platform meeting will be held at which Dr. Duncan will preside. Dr. Chesley Roberts and G. J. Bond, of Halifax, will speak, and Dr. Fenwick, Superintendent of Missions, will present the report. Perhaps no one in our Methodism is better qualified to speak on the question of World Evangelization than Dr. Bond, as from personal observation he has viewed the many phases of Christian work in non-Christian lands. Special music will be rendered morning and evening. A cordial invitation is extended to all.

What Are You Doing for that Eczema?

"Nothing; I've about given up trying to cure it."
"That is not wise. Do as I did and you will probably be cured in a short time. I used Zylex and Zylex Soap with it and my Eczema began to improve at once. A couple of boxes cured me. You can get Zylex at your druggist's."
Zylex, 50c a box; Zylex Soap, 25c a cake.
Zylex, London.
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Volunteers' Farewell

At Robinson's restaurant last evening, the Non-Com. Officers of 1 and 2 Platoons of the Reserve Company, First Mid. Regiment, were entertained by Lieuts. C. Wighton and N. A. Alderidge. The menu was a splendid one, and the toast list, although brief, was well handled, the speakers being Lieuts. Wighton and Alderidge. Q. M. Sergt. Leo Murphy, Instructor "Grady" and Sergt. K. Keegan. The affair was thoroughly enjoyed by the men in khaki, and the toast of the occasion, was drunk with all the honors.

Here and There.

"ABCOT" will remove stains from all fabrics.—fe17,tu,th,s,if

TO BE OVERHAULED.—The Morwenna goes into dry dock to-day for a thorough overhauling.

SEALERS GOING HOME.—The Gloucester Bay members of the Florzel's crew went to their homes by last evening's train.

NEW CHIEF STEWARD.—Mr. Lindop goes chief steward of the Morwenna, replacing Mr. Jones who is going in the Florzel.

CAME TO ENLIST.—By yesterday's express there arrived from the West Coast three young men who intend to enlist with F. Company.

BILLIARD TOURNAMENT.—The B. I. S. billiard tournament is nearly finished. Only a couple of games remain unplayed and Plains are several hundred ahead. The dinner will take place about a fortnight hence.

NO MORE CORNS
Cure Guaranteed
Never known to fall; acts without pain in 24 hours. Is soothing, healing, takes the sting right out. No remedy so quick, safe and sure as Putnam's Painless Corn Extractor. Sold everywhere—25c. per bottle.

Some new crepe weaves ofingham keep the crepe look after washing.

THEY are HERE!

LADIES,—There is now ready, and awaiting your inspection, the charming and choice selection of



The Very Latest Ideas in the world of Style & Fashion.

A. & S. RODGER

Special Notice To Farmers, Gardeners, etc.

We have a complete stock of WIRE NETTING, Barbed and Plain Wire, also Staples. These goods are from the best manufacturers and are well finished and rust-proof.

We also carry a full line of Farm and Garden Implements, including PLOWS, RAKES, HOES, FORKS, SPADES, Etc.

Don't forget to use STEELE BRIGGS' SEEDS. We have them in Flower and Vegetable—Pansies, Wallflower, Sweet Peas, Asters, etc.; Cabbage, Turnips, Beet, Parsnips, Savory, etc.

Ayre & Sons, Ltd.,

HARDWARE DEPARTMENT.

Choice Selection BEAUTIFUL

WHITE LAWN

BLOUSES For Ladies.

Dainty Designs, Low Neck Effect, Perfect Fitting.

Milley's Price **70^c** each.

SPECIAL WINDOW DISPLAY. SEE IT.

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