## HOUSE NO HOME

CONDUCTED BY HELENE.

True Willess Paris Patterns



MISSES' AND GIRLS' SACK APRON. Paris Pattern No. 2789 All Seams Allowed.

Made up in plain colored chambray or checked or figured gingham, s a most serviceable garment for the chool girl. The apron is loose and comfortable, completely covering the dress and therefore protecting it from all dirt. The lower edge is finished with a deep hem and the back is fastened with small hem and the back is fastened with small pearl buttons. The upper edge is gath-ered into the low round collar and the full sleeves are gathered into cuffs of the material. If desired, the upper edge may be cut out in low-neck outline and oversleeves may be used instead of the long sleeves. A wide, square pocket ornaments either side of the front, or long sleeves. A wide, square form, or ornaments either side of the front, or ornaments with the state of the form, or these may be emitted, if desired. The pattern is in six sizes-6 to 16 years. For a girl of 10 years the apron, as in Forn tylew, requires 3% yards of material 27 inches wide, or 2% yards 38 inches or as in back view, including the pattern of the state rial 27 inches wide, or 2% yards 36 inches wide; or, as in back view, including oversleeves, it needs 3¼ yards 27 inches wide, or 2¼ yards 36 inches wide, Price of pattern, 10 cents,

PATTERN COUPON.

Please send the above-mentioned pattern as per directions given below:

There is a form of unselfishness which creates selfishness. Every observer has noticed that for one person who habitually gives up, there is frequently one who always insists upon her own way; every one who carries more than her share of burdens implies another who is doing less than her allotted part. And surely it is not Christian to make it easy for others to become shirks. "Why don't you have Alice help you about this work?" a young lady of our acquaintance was asked by a wise, elderly friend. "Alice doesn't like work. She would be all out of temper if I insisted on her helping me," was the answer. "Perbaps so, if you merely insisted on it, but if you explained how much you needed her assistance and appealed to her better self, don't you think she would be willing to help," persisted the other. The reply came with the same reluctance. "Oh, perhaps so. But that would be more work than doing it myself. Too often something of this feeling lies at the root There is a form of unselfishness But that would be more work than doing it myself. Too often something of this feeling lies at the root of what passes for self-denial. We give up because it is easier than to resist. What will bring the higher good to the friend whom you wish to aid—that you should bear her burden, or that you should inspire her by your example and encourage her by your words to help herself? We should not think of ourselves, but of those we wish to assist. Only as we act on this principle are we truly unselfish. truly unselfish.

ON BEING IN A HURRY.

The one thing hateful in this world is being in a hurry. Disappointment chills, and despondency deadens; pain and fatigue and failure are not easy to support; but at least these human vicissitudes leave the mind in possession of itself, to grapple with the problems. Whereas, hurry confounds undoes sweens the reason founds, undoes, sweeps the reason from its seat. It is a wretched

As a matter of fact, there is As a matter of fact, there is no hurry and never has been since the world began. We have imagined it wholly. Denizens of eternity, with life upon life before us, why should we have conceived the idea that we must distract ourselves. It might

be such a comfort to us, this heritage of eternity which we can in no wise escape; the wonder is that we do not live in it frankly and at our ease. But no; we have spurred our beals with time. ease. But no; we have spurred our heels with time, we have goaded our lives with hours. Hurry and rush or the day will fade and the two dozen tasks be unperformed.

TO REMOVE MARBLE STAINS.

Mix in a pan half a pound of soft soap, one pound of whiting, and a half pound of soda; boil to the con-sistency of a thick paste stirring of-

Before it is quite cool apply before it is quite cool apply to the marble by spreading it evenly over the surface; leave it for twenty-four hours; wash off with soft water rub well with soft cloths. Spirits of turpentine is the best cleaning agent for black marble. An-other method is to sift through

other method is to sift through fine sieve two parts soda, one finely powdered chalk, and one

mery powdered chalk, and one of pumice stone; add enough water to make a thick paste.

Rub this on the marble and the stains will be removed; then wash with soap and water, in order to produce the stains with soap and water, in order to produce the stains will be removed. to produce a fine polish.

Marble can also be scoured with

marine can also be scoured with whiting and baking soda, and a damp cloth. To vlean marble busts, first free them from all dust, then wash them with very weak hydrochloticacid. Soap injures the color of parble.

TO POLISH LINEN.

The Chinaman does not give the little secrets of his trade to print. little secrets of his trade to print. A good polish, however, can be given to stiffly starched articles by, the use of a polishing iron, which can be bought where ordinary flat irons are to be had. Iron the collars in the usual way. Starched linen should be laid on the ironing board and rubbed on board such rubbed on both sides with and rubbed on both sides with to smooth it for the surface, and to smooth it for the iron. The article need not be polished directly after being ironed. It is a good plan to ree the irons alternately, and polish the pieces already ironed the flat irons are re-heating that the article. while the flat irons are re-heating.
Lay the article on the polishing-board right side up, and rud it over smoothly with a damp rag. Take a well-heated polishing iron and rub over the surface to be polished, exerting pressure on the iron, and rubbing backwards and forwards over a small surface, until the desired brightness is obtained. The finer the linen, the more readily will it be polished. It requires a hard surface under the linen to make the polish come quickly. A bare, hardwood board, planed smooth, can be used, if there is no danger of the wood coloring the linen when heat is applied. A sheet of tin slipped under the ironing sheet will also answer.

GREATEST DESTINY OF WOMEN MOTHERHOOD, SA CALVE, OPERA STAR. SAYS

"They come to me—these young girls—they come to me with their hopes and their fears and their ambitions for a musical career and I say to them:

"Dear girls, it is not a peaceful life; it's not a return life.

"Dear girls, it is not a peaceuralife; it's not a natural life. It is not the greatest of arts. Go, fulfil your womanhood; marry, leave the stage for those who are forced upon it. Your greatest destiny is to marry and to be the mother of a large family."

Mme. Emma Calve, the great diva, said this with all the fervency of firm belief.

"Do many girls come to see me? I should think so. To every one who has ambitions to go on the stage I give the same answer—the answer which I have told you. I say to them:

WAS WEAK AND THIN ONLY WEIGHED 78 POUNDS. NOW WEIGHS 113 POUNDS.

Had Heart Trouble and Shortness of Breath for Six Years.

MILBURN'S HEART AND NERVE PILLS eured Mrs. K. E. Bright, Burnley, Ont. She writes: "I was greatly troubled, for six years, with my heart and shortness of breath. I could not walk eighty rods with-out resting four or five times in that short see. I got so weak and thin I only distance. I got so weak and thin I only weighed seventy-three pounds. I decided at last to take some of Milburn's Heart and Nerve Pills, and after taking eight boxes I gained in strength and weight, and now weigh one hundred and thirteen pounds, the most I ever weighed in my life. I feel well and can work as well as ever I did,

and can heartily thank Milburn's Heart and Nerve Pills for it all." Price 50 cents per box or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont. READING GOOD NOVELS.

It is hard to understand how any one can read "Old Curiosity Shop" and not be the better for the ac-quaintance of Little Nell. And poor And poor quaintance of Little Nell. And poor Maggie Tulliver—who that has wept over her tragedy has not been broader in sympathy ever after? There are some novels every girl ought to be acquainted with, for she will contact the statement of the statemen ocquainted with, for she will constantly come across references to them. "The Mill on the Floss," is one of them. Then there are "The Tale of Two Utiles," "Oliver Twist," "David Copperfield," Scott's "Ivanhoe," Thackerays "Vanty Fair." Dickens and Scott, of course, had decidedly warped ideas where religious beliefs were concerned, but you can nake allowance for a mental can make allowance for a mental squint just as easily as for a physi-cal deformity. All that is necessary cal deformity. All that is necessary is to recognize it as a squint and not mistake it for something admirable. Get Jane Austen s "Pride and Prejudice," Sarah Orne Jewett's "Country Doctor," and "The Country of the Pointed Firs" are quite worth while Perhaps were quite worth while. Perhaps quite worth while. Perhaps you have already read much of F. Marion Crawfird, for whose religious opinions you will not have to make an allowance. "Saint Harrio," "Saricinesca," and "The Tale of a Lonely Parish," are representative stories. You cannot help being helped by some of William Dean Howell's stories (get "Annie Kilburn" write. some of William Dean Howell's stories. Get "Annie Kilburn," which is the one the author likes, best, "The kise of Silas Laphan" which is the one the critics usually praise.
"A Hazard of New Fortunes" has a picture of a street car strike which may help you to understand some labor problems. Mary E. Wilkin's "The Portion of Labor". Portion of Labor", Mrs. Gaskell's "Mary Barton," Charles Reade's "Put Yourself in His Place," and Lerot Scott's "Walking Delegate" Lerot Scott's "Walking Delegate" will all give you, in addition to a thrilling story, different views of problems none of us wholly avoid in these days of the Revolution Lane Allen's "A Kentucky Cardinal" is one of the mose charming of na-ture stories.—"New World."

SOMETHING WE CAN ACQUIRE. Because "Good morning" or "Good afternoon" seems such a perfunctory thing to say as one passes an ac-quaintance in the street, we are apt thing to say as one passes an acquaintance in the street, we are apt to lose sight of the warmth and friendliness which may be conveyed even in this brief greeting. Not long ago I heard a group of women discussing another one and trying to analyze a certain charm which no one ever denied her. She was beautiful, but it was not that; she was good, but there were many others just as good lacked her winningness. At last one of the number exclaimed: "Oh, I know! It is her being so interested in everybody. Don't you know the way her eyes light up if she only says, "How do Don't you know the way her eyes light up if she only says, 'How do you do?'—it makes you feel like she is glad just to have happened to get a glimpse of you. How quick she is to speak when she meets one, too!'' That was the secret of it, so the friends all agreed, and it set me to thinking about this thing of speaking to people in passing. It takes no more time nor of vital force to thinking about this thing of speaking to people in passing. It takes no more time nor of vital force to give a warm greeting and a smile than to pass with a perfunctory nod and curt word; but what a difference it makes to the one so accosted! The duty is so evenly balanced, too, that it would seem that each would The duty is so evenly balanced, too, that it would seem that each would wish not to be called haughty and snobbish because, perchance, she had failed to be the first to recognize the other. "I've been introduced to their amital smobbish because, perchance, she had failed to be the first to recognize it it to other. The been introduced to her half a dozen times, but she never knows me!"—how often have we not some and these words, with their accompanying sigh or sniff, according to the temperament of the complainary arry interest the same things of the same things of the signored. If one will deliberately cultivate the habit of prompt and correct of diagreeting, it will prove so pleasant and so pleasing in its results that it will never be abandoned again for a stiff standing back upon see me?

To every one an anit and so pleasing in its results that it will prove so pleas ant and so pleasing in its results that it will never be abandoned again for a stiff standing back upon again for a stiff standing back upon that it will never be abandoned again for a stiff standing back upon again for a stiff standing back upon if you are absolutely without affection; if there is nothing else you can do anything else but that. Make corsets, hats, dresses, I care not what. It is not a life of pleasure that we artists lead.

There will occasionally be churlish individuals who will not respond in the provided again for a stiff standing back upon again for a stiff st

armity between the dying cadence of a great organ and the sinking of an evening sunset? Why does the moan of a vast ocean remind us of death, and why does a smile on a dead face suggest to us a life beyond grave?-New World.

SOFT TONES IN COMBINATION.

Combination of softeet tones is one of the season's characteristics. At a recent function a beautiful costume was of dark gray crepe de chine richly embroidered with a Japanese design and worn with a ruff of Alice blue and a gray hat trimmed with a blue feather. It was a really wonderful arrangement, and the fair wearer was the cynosure of all eyes. Another beautiful dress was in the directoire style, of nattier blue, marquisette made over a foundation of palest mauve. The hat was of blue, trimmed with a cloud of mauve chiffon and a blue fluff of marabout.

A pretty black gown of crepe de chine was made with a deep guimpe of gold lace, while the sleeves were also of the lace, with a short oversleeve of black. The crepe was draped round the figure and the overskirt hung gracefully below the line of the knee. Combination of softeet tones is one

WOMAN WHO COMPILED A DIC-TIME'S CHANGES IN NEW YORK.

Though the compiling of a diction ary is a task that even a corps of trained editors undertake with no slight hesitation, a Washington woman, Mrs, George H. Gorham, has recently finished the remarkable feat of writing an idiomatic French-English, English-French dictionary tirely unaided.

A Safe Pill for Suffering Women.— The secluded life of women which permits of little healthful exercise is a fruitful cause of derangements of the stomach and liver and is the stomach and liver and is accountable for the pains and lassitude that so many of them experience. Parmelee's Vegetable Pills will correct irregularities of the digestive organs and restore health and vigor. The most delicate woman can use them with safety, because their action, while effective, is mild and soothing. soothing.

HOW THE PENDULUM WAS FOUND.

Like many of the commonest me-hanical instruments in daily use, he invention of the pendulum is due entirely to chance. Galileo, when under twenty years

of age, was standing one day in the metropolitan church of Pisa when some painters were at work on the ceiling of the church.

A suspended lamp, which was hang-ing before the altar, was disturbed A suspended lamp, which was hanging before the altar, was disturbed in some manner, and the scientist was struck with the almost perfect regularity with which it swung back and forth. The idea of measuring time by such an instrument lound instant generation in his brain, and he completed the system in use to this day. this day.

What a beautiful thought will come into our minds when we see the pendulum of the clock. "The lamp before the tabernacle made Galileo fore the talthink of you.

THOUGH I WERE DEAD

If I were dead, and you should come And bow in pain above my tomb, My heart, though dust, would beat to you, Rememb'ring all your heart's per

fume White rose you'd droop above my

breast,
And thrill me in my long, long rest,
If I were dead. If I were dead, and you should kneel And pray for me one silent prayer, My soul would know, and wake, and

come, And viewless stand beside you with the old, old love it Filled

When life had naught but hope and Ere I was dead.

A recent graduate of the Harvard Law School has returned to his home in Alabama and there hung out his shingle. It is said that since his shingle. It is said that since in missing the young lawyer has completely mystified his former friends and neighbors with the use of big words. His flow of speech, with its weighty words, has caused no little

weighty words, has caused no little comment, and the man is now tolerated with a smile.

At the hotel for breakfast one morning this bright young lawyer told the waiter to brigh him some coggs, rolls and coffee. The waiter started for the kirchem.

sags, forts and coffee. The waiter started for the kitchen.

"Oh, waiter," called the young lawyer, "just eliminate those eggs and bring me some—"

"All right, boss," said the waiter; "jus' 'liminate 'em. All right, boss, all right, boss, all right, boss, all right, boss, all right, and the setting the sage of the sa "jus" liminate 'em. All right, boss, all right." And the waiter started for the kitchen. Shortly he came

"Boss, we's got a new cook Hoss, we's got a new cook dere, an' he says how does you'l inate dem aigs!" said the wait "He says he kin bile eigs, an' aigs, an' scramble aigs, but he do know nothin' 'bout 'liminatin' 'en —Louisville Times. does you 'limwaiter

RUN INTO

(From Tit-Bits.) (From Tit-Bits.)

Sympathetic old lady (making inquiries at cab stand)—"I saw a policeman pick the poor man up. He's been run into by one of those nasty bicycles, I suppose."

Cabby—"He's been run into, mum, but it ain't a bicycle this time."

S. O. L.—"What was it, then, that ran into him?"

Cabby (reflectively)—"Somewhere about 'arf a barrel o' beer, mum."

**FUR-LINED OVERCOATS.** 

In beautiful cloth, specially imported. Fur collar and lining to taste. The most ex. tensive selection in town. 40 per cent, cheaper than their actual value. Chas. Desjardins & Co., 485 St. Catherine

"Before we were married you said you'd lay down your life for me," she sobbed.
"I know it," he returned solemnly, "but this confounded flat is so tiny there's no place to lay anything down."

CHIEF QUALIFICATION.

"Children," began the Sundayschool teacher, "what must we all
be before we go to heaven?"

She was hardly prepared for the
answer of a little girl of 5, who replied solemnly:

"Dead."

REALISM.

"How realistic your painting is! It fairly makes my mouth water."
"A sunset make your mouth wa-

ter?"
"Oh, it is a sunset, isn't it?
thought it was a fried egg."

PRACTICAL DEMONSTRATION.

Mrs. Hix-I don't take any stock in these faith cures brought about by the laying on of hands.

Mrs. Dix.—Well, I do; I cured my. little boy of the cigarette habit that

An Irish author, remarkable for the flatness of his nose, showed such civility to an American lady in London that she expressed effusive gratitude to him and effusive admiration of everything European. "However," she added, "being a free spoken American woman, I alfree spoken American woman, I alfree spoken author, and the spoken author, was a spoken author, and the spoken author, are spoken author, and the spoken author, are spoken author, and the spoken author, and the spoken author, are spoken author, and the spoken author, are spoken author, and the spoken author,

ways say what is uppermost, and therefore, I must frankly tell you that I can't get over your nose."
"Well, ma'am." rejoined the "Well, ma'am," rejoined the au-aor, "that's not to be wondered at thor, "that's not to be we for the bridge is broken."

TONIC TREATMENT FOR INDIGESTION.

The Only Sensible Way to Care Stomach Troubles and Give New Health.

When the stomach is feeble the food When the stomach is feeble the food lies in it undigested, decays and throws off poisonous gases that distend the walls of the stomach, and causes serious interference with other organs, especially with the action of the heart and lungs. These poisonous gases have other ill effects. They are absorbed by the blood and so weaken and corrupt it as to cause weaken and corrupt it as to cause aches in remote parts of the body and the formation of unhealthy tis-sue everywhere. General bodily weakness and loss of weight is the result. The nerves and the brain are disturbed, and discomforts such Ere I was dead.

Unheard by me the brown bee's song; Unheard late twilight's calling bird But your first footfall in the dusk Should wake me, and your sobs be heard:

I would rise up from out my clay And kiss your sighs and tears away—Though I were dead.

Though I were dead.

The nerves and discomforts such as dizziness, hot flashes, sleepless vanish, just as soon as the stomach is made strong enough to digest the food. In other words, it needs a tonic that will rouse it to do the work of changing the food into noursishment. The tonic ought to be one that will agree with the most delicate stomach, and this is exactly what Dr. Williams' Pink Pills do. Here is a bit of proof:

Miss Lizzle Macdonald, Harbor-au-Bouche, N.S., says: "Dr. Williams' Pink Pills have done for me what in oo other medicine did or apparently could do. For almost three years I suffered untold agony from indigestion. I would have the most distressing pains in the stomach after reating. I could not sleen at nich.

I suffered untold agony from indigestion. I would have the morning feetering. I could not sleep at night, and I would rise in the morning feeting tired and worn out. I lost in weight and was almost reduced to a shadow. I was under the doctor's treatment almost constantly, but with no benefit. One day I read the testimonial of a lady who had been cured of dyspepsia by Dr. Williams' Pink Pills and decided to try them. The first two or three boxes I took did not show any apparent relief and I began to fear the medicine would not help me, but as I had bought a half dozen boxes I decided that I would use them up anyway. To my joy, before they were all used I began to improve, and I got three boxes more. By the time I finished these I was again in the best of health, and had gained 12 pounds in weight. I have not since had a twinge of this terrible trouble, and more grateful than words can say for what Dr. Williams' Pink Pills have done for me."

You can get Dr. Williams' Pink Pills have done for me."

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You can get Dr. Williams' Pink Pills have done for me."

You can get Dr. Williams' Pink Pills have money in hand towards t gestion. I would have the most dis-tressing pains in the stomach after

"HOBSON'S TUNNEL".

The electrification of the Sarnia Tunnel is a glory to the Grand Trunk Railway. By the substitution of electricity for steam, plus smoke, as the power that moves trains under the waters of the St. Clair, the G.T.R. escapes the remote but haunting possibility that a train full of people will be smothered in the tunnel. Electricity in the Sarnia Tunnel did not have its installation completed and celebrated without a tribute, gloriously deserved, to the ge-

did not have its installation completed and celebrated without a tribute, gloriously deserved, to the genius of Joseph Hobson. A Christopher Columbus of engineering, science Joseph Hobson ventured upon unknown seas and added a new continent to the possibilities of tunnel building geography.

The recognition accorded to Mr. Hobson at Sarnia was deserved and should be useful. Joseph Hobson never won a footrace or an election or received a knighthood. His own unaided genius has raised him to a place among the greatest of Canadians.—Toronto Telegram, Nov. 23, 1908.

HAD BACHACHE. Was Unable To Do House-

work For Two Years Many Women Suffer Untold Agony From Kidney Trouble.

From Kidney Trouble.

Very often they think it is from so-salled "female disease." There is less "female trouble" than they think.

Women suffer from backashe, sleeplessness, nerveusness, irritability and a dragging down feeling in the loins. So do men, and they do not have "female trouble." Why, then, blame all your trouble to "female disease"?

Most of the so-called "female disorders" are no more or less than "kidney disorders," and can be easily and quickly cured by Doan's Kidney Pills.

Mrs. C. Dupnis, Belleview Village, N.B., writes: "I was unable to do my housework for two years on ascount of backache. I could not get up the stairs. Doan's Kidney Pills cured me permanently after doctors failed to even relieve the pain. I can highly recommend them to all sufferess from kidney trouble."

Price 60 ots. pre box es 3 boxes for \$1.28 at all dealers or mailed direct on receipt of price by The Dean Kidney Pill Ca.,

RACCOON COATS

A few hundreds of these choice, well made coats. All sizes, and at least 40 per cent, better value than anywhere else. Chas. Desjardins & Co., 485 St. Catherine East.

Department of Public Works and Leber.

Quebec, 19th January, 1909.
SEALED TENDERS, addressed to
the Honorable L. A. Taschereau, Minister of Public Works and Labour,
P.Q., will be received at the Parliament Buildings, Quebec, on the
completion of the new jail of the
District of Montreal.
Until such data plans and expedits.

Until such date plans and specifica-tions of the work required may be seen in Quebec, at the Parliament Building, and in Montreal, at the office of the Architects, Messrs. Mar-chand and Brassard, 164 St. James street, each day, from 10 a.m. to 4 p.m.

p.m. Each tender must be accompanied by a cheque for Sixty thousand lars (\$60,000.00), drawn on a lars (\$60,000.00), drawn on a duly chartered bank and accepted by the same. Such cheque to be made payable to the order of the Minister of Public Works and Labor, P.Q., and to be forfeited to the Government should the tenderer refuse to fulfil the conditions of his tender. The other cheques will be returned to those entitled to them not later than the 15th February next.

The Government does not bind itself to accept the lowest or any of the said tenders.

By order,

ALPHONSE GAGNON,

ALPHONSE GAGNON Secretary Department of Public Works and Labor, P.Q.
N.B.—No reproduction of this notice without special order in writing from this Department.

TO LOVERS OF ST. ANTHONY

To those who have not helped I would say:—For the sake of the Cause give something, if only a "little." It is easier and more pleasant to give than to beg. Speed the glad hour when I need no longer plead for a permanent Home for the Blessed Sacrament

Father Gray, Catholic Mission. Fakenham, Norfolk, England.

P.S.—I will gratefully and prompt-ly acknowledge the smallest donation and send with my acknowledgment a beautiful picture of the Sacred Heart and St. Anthony.

Letter from Our New Bishop."

Dear Father Gray.—You have duly accounted for the alms which you have received, and you have placed them securely in the names of Diocesan Trustees. Your efforts have gone far towards providing what is necessary for the establishment of a permanent Mission at Fakenham. I authorise you to continue to solicit alms for this object until, in my judgment, it has been fully attained. Youre faithfully in Christ, Yours faithfully in Christ,

† F. W. KEATING,

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THE USI Let us no where the bra the other pa nothing to do the brain do ing, for insta with the thr it is surprising to let the tongue held fi cles set as if attack of loc own favorite meditation, a generous in t jaw and thro fluous tension one engaged the force of proportion fundity of the certainly clear of anatomy of pure, unadult the brain is n is given to of to hold them tion, we not vagantly, but

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as a consequence and concentrate ener. "I do i I have this pec every Sunday saih to me. S of hearing, Su preacher, exce-but with a very whose mind tre the words emf often tumbled o he stumbl finding his

Su

Ha Colore