INDEX.

Measles, breeding places of the conta	
gion, 311.	
contagion of, 315.	voluntary, 662, 666.
" duration of, 321.	Muscular contraction, 663.
description of, 297, 298.	fibre, 665.
duties of school authorities regard	Mushrooms, composition of, 427.
ing, 346.	Muskoka, health resorts of 203
incubation, 320.	Mustard, adulterations of, 460
Meat, 438-443.	Mutton, fat, composition of, 427.
bad, 438-443.	lean, composition of, 427.
boiled, composition of, 427.	Myopia (see "Near-sight.")
diseases caused by, 438-443.	
examination of, 443.	Narcotics, antidotes for, 729.
roast, composition of, 427.	Natural ventilation, 94, et seq.
Memphis, 220, 252.	"Near-sight," 596.
Mental exercise, 687-707.	increase of, in modern times, 617.
alternated with physical, 703.	remedy for, 598.
elasticity lost, 693.	Neck-covering, 364.
faculties their relation to what i	Nervousness, increase of, 693.
faculties, their relation to physical	Newport, reduction of death-rate in. 13
and moral faculties, 688. overstrain, 688, 690.	Nitrate of silver, antidotes for, 729.
rest, 703.	Introgen for formation of tissue, 408
too long continued, 701.	North-West Expedition, food used in.
Mercury, antidotes for, 729.	429.
Merthyr reduction of death	Nurses' duties in cases of infectious
Merthyr, reduction of death rate in, 13.	diseases, 334.
Microbes, micro-organisms, micro- zymes, 295.	Nutritive principles in food, 427-430.
Microscopicevamination of the 150 and	Nux vomica, antidotes for, 729.
Microscopicexamination of air, 153–155. of flour, 448.	
of meat, 443.	Oatmeal, composition of, 427.
of tea, 453.	Occupations, relative healthfulness of,
of water, 543.	14.
Mildew in flour, 448.	Oidium lactis, 446.
Milk, adulterations of, 447.	Oil of vitriol, antidotes for, 729.
bad, effects of, 446.	"Old-sight," 599.
composition of, 427, 430.	Ontario, health resorts of, 203.
examination of, 447.	statistics of, 5, 7, 12, 14, 16, 67.
new, composition of, 427.	Ophthalmia, purulent, 609, 610, 640
skim, composition of, 427.	Oplum, antidotes for, 729.
Milliners, average age of, at death, 14.	chloral, and other narcotics, 523,
Mind, 687, 688.	024.
Mineral acids, antidotes for, 729.	effects on circulation, 498.
Miquel, 330.	Optical defects, 595-604.
Moccasins, 368.	Organic aliments, 409-411.
Moisture in air, 79, 141, 157, 175, 176.	Organisms in air, 212.
in clothing, 350.	Organs, excretory, mutually depend.
in soils, 191–193.	ent, 380,
Moral faculties, 688.	"out of order," 396.
Morphine, antidotes for, 729.	Out-door employments, statistics of
	long duration of life in, 14, 15.
Mott's latrine, 270.	Outiall of sewers, 219.
Moule's dry-earth closet, 237.	Ontlets for air, cleanliness of, 92.
	position of, 83-86, 90.
Munich, sewerage and typhoid fever in, 12.	size of, 82.
Muscles, 661-666.	Overhead ventilation of drains, 227, 228.
, , , , , , , , , , , , , , , , , , , ,	262.

H H H H H

FFP PPP PPP PPP

Po Po

Po Po

\$

286

;