

The Oftener We Partake

Of the Lord's Supper the greater benefit and comfort we shall receive from it. It is by frequent acts that habits are produced. It is by often eating and drinking this spiritual food that we learn how to do it, so as to digest and convert it into proper nourishment for our souls. I never expect to see our church settled, primitive Christianity revived, and true piety and virtue flourish again among us, till the Holy Communion be oftener celebrated. We should soon find, as many have done already, that this is the great means appointed by our blessed Redeemer whereby to communicate Himself and all the merits of His most precious death and passion to us for the pardon of our sins, and for the "purging of our consciences from dead works to serve the living God."

(From Bishop Beveridge.)