

the frequent and constant repetition of the same act ; and we take the greatest interest in and pray most frequently and most earnestly for that which is constantly in our thoughts. As the envelope system has been widely adopted and with the most satisfactory results for the support of local ministrations, why should not the same method be used with the same beneficial result for the support of the wider work of the Church ? Envelopes of a different colour, or duplex envelopes perforated down the centre, may be used for the double offering for local and general purposes. Experience teaches that men will give almost as much weekly as they give quarterly, and so a much larger sum is obtained at the end of the year. The giving of large sums at long intervals—spasmodic giving—involves the experience of what has been called a “spasm,” which is always painful though seldom dangerous. The frequent giving of small sums produces larger results and obviates that painful and forbidding experience. This method clearly has the sanction of common sense and experience ; it has higher sanction still ; “Upon the first day of the week, let every one of