

hemorrhages. Skin dry and hot. As symptoms increase, the mind becomes more and more confused, and a muttering delirium supervenes. The heat of the body also increases, and the patient is disturbed with frightful dreams; the face is flushed; the arteries throb; the pulse intermits or is irregular; the urine becomes acid, etc. As soon as the first symptoms appear, begin with the following treatments:—

EXTERNAL.

One heaping tablespoonful White Oakbark  
 Two " " White Poplarbark  
 One " teaspoonful Arnica Flowers  
 Two " tablespoonfuls Salt  
 Apply once a day with the spine treatment along the spine.

INTERNAL.

One heaping teaspoonful Arnica Flowers  
 One " " Marygold  
 One " " Willow bark  
 One " " Blessed Thistle  
 (Prepare as Directed on Page 20)

**SUNSTROKE, THERMIS FEVER.**

**Symptoms:**—A condition strongly resembling apoplexy is produced accompanied with high temperature, rapid pulse, headache, loss of memory, inability to swallow. If not quickly relieved, it may lead to fatal results. Bring the patient in the shade, pour cold water over the face and head, apply mustard poultices on the leg and bottom of spine, and rub the rest of the spine with the following mixture.

EXTERNAL.

Two heaping tablespoonfuls Johnswort  
 One " " Arnica Flowers  
 One " " Wormwood  
 One " " Salt  
 Apply once a day with spine treatment along the spine.

INTERNAL.

One heaping tablespoonful Johnswort  
 One " " Juniper Berries  
 One " " Burdock root  
 One " " Peppermint  
 Take a tablespoonful before each meal and before retiring.  
 (Prepare as Directed on Page 20)