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WINNIPEG, MAN.

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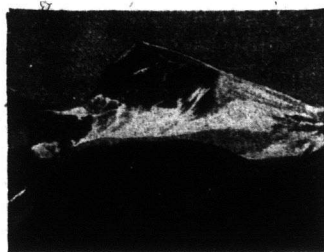
The Western Home Monthly - Winnipeg

The Wardens of The West

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answer is simple as well as convincing. Concealed within this wonderland are the very antidotes and cures for all the mental and many of the physical ailments which afflict mankind. Nothing is more calculated to restore the jaded and enfeebled human system than the health-giving air fresh from the remote, snow-capped sentinels. These old warriors of a million years have unlimited stores of Nature's health-giving elixir on hand, and they never fail to distribute the same with a lavish hand. The toil-worn wreck from afar, speedily assumes a new lease of life, and just as speedily forgets all about the torpor which travelled here with him. From the very first, a keenness of eye and a sharpness of appetite tell their own tale, and before many days are over the complaints of physical debility and mental deficiency are conspicuously absent.

The reason for this is self-evident to the thinking man. Nature cures her own children of their childish complaints.



Mt. Warren on Maligne Lake

She takes them by the hand and leads them into paths wherein are to be found inspiration after inspiration; she shows them the unsullied and entrancing delights which she has painted with a generous hand. Over that vast valley-land she points to a hoary headed giant bathed in the magnificence of the western sun, and beyond that an infinity of nameless mountain-tops which guard, like leviathan sentinels, the passes, valleys and gorges of this incomparable land. Entranced with the beauties, and amazed at its extent, the shop-soiled denizen of the throbbing city forgets his own troubles and ailments, and, in that period of forgetfulness, Nature effects her most effective, her most marvellous and most permanent cures.

To know Canada and its Rockies—"the Wardens of the West"—a trip should be made to the Pacific Coast through the Yellowhead Pass, traversing both Jasper and Mount Robson National Parks. This

route of the Canadian National Railways is stamped with widely differing characteristics and possesses an even more imposing majesty.

Cabmen are much the same wherever you find them, whether in Paris or New York or Mexico. Here is a characteristic bit of repartee that a Denver engineer related to a Washington Star reporter:

In a block once in the traffic of Mexico City my cabby, who had not the best of tempers, shrieked at the man ahead of us:

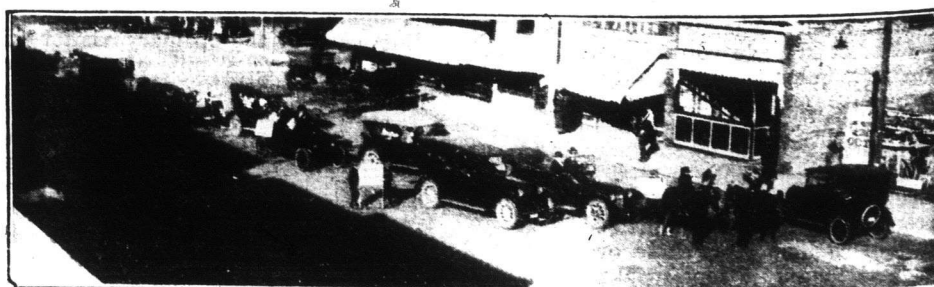
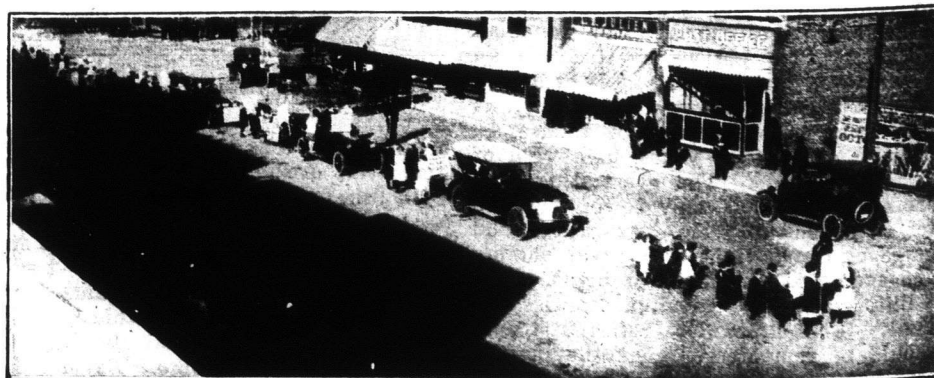
"I had a beard like yours once, but when I found what it made me look like, I cut it off!"

"Yes," answered the other cabby, "and I had a face like yours once, and when I found I couldn't cut it off, I raised a beard!"

Child Welfare in Alberta

The province of Alberta has undertaken quite an advanced course in connection with Child Welfare. It comes under the supervision of the Department of Health, the minister being Hon. A. G. MacKay. The superintendent of the nurses is Miss C. Smith, and the work is growing to such an extent that a number of assistants are necessary. There are five districts now working under the system and another is in process of organization. Each will work under the central organization.

The first formal opening of a child welfare station in the province took place quite recently at Stettler, where there was a parade and demonstration. Much interest was shown in the event, numbers being in attendance from the town and surrounding country. The merchants of the place made special window displays for the occasion. The mayor of the town and Miss Smith headed the procession, which consisted of a large number of automobiles. Hosts of banners and placards were in evidence, carrying progressive and suggestive inscriptions on the importance of child welfare work in the community. Some of them were: "Babies Health—Nations Wealth," "Give Us Fresh Air," "Give Us Protective Laws," "Give Us Fathers and Mothers Who Think," "Down With Patent Medicines," "Give Us Pure Milk—We Want Plenty of H 20," "Give Us Proper Clothing—We Want Intelligent Care," "Swat the Fly—We Don't Want Flies," "We Want Clean Homes," "We Want School Inspection," "We Must Have Regular Habits," "We Must Have Medical Attention."



The above illustrations show procession at Stettler, Alta., on occasion of formal opening of Child Welfare Station.