

most of the religious services I had performed in church. For these were in Latin, so that they were necessarily repeated much as a parrot might do it. The same was true with regard to my previous views of the Lord's Supper. I had been taught that I must eat the body of my Lord, in the same manner in which ordinary bread is eaten."

"Why, father," remarked Luella, "wouldn't that be worse cannibalism than savages are guilty of? They eat the flesh of their fellows, but we never read of their eating the flesh of their gods!"

"Of this you must judge for yourself. But I began to see the meaning of Christ's words when he said, 'Your fathers did eat manna,' as other food is eaten, 'in the wilderness and are dead.' Then, speaking of himself, he said, 'This is that bread which came down from heaven: not as your fathers did eat manna,'—that is, not in the same way of eating, with the gross organs of the body,—'not as your fathers did eat manna and are dead: he that eateth of this bread shall live forever.' This bread, then, I saw was spiritual bread, and must be partaken of spiritually and not physically. For Paul says, 'There is a natural body, and there is a spiritual body.' It is the spiritual body of Christ which we are to eat by faith.