

Polly--As a Burglar Bouncer George's Bluff.



WAS OFF WORK FOUR OR FIVE MONTHS A YEAR WITH CONSTIPATION

If the truth were only known you would find that over one-half of the ills of life are caused by allowing the bowels to get into a constipated condition. When the bowels become constipated the stomach gets out of order, the liver does not work properly, and then follows the violent sick headaches, the sourness of the stomach, heartburn, water brash, etc.

Keep your bowels regular by using Milburn's Laxa-Liver Pills. They work on the bowels gently and naturally, and will cure the worst cases of constipation. Mr. Sylvester Clements, Galt, Ont., writes: "I desire to express my heartfelt thanks for what Milburn's Laxa-Liver Pills have done for me. I have been suffering from a bad stomach and constipation, and would be off work four or five months a year. I was hardly able to be inside without getting a severe headache. I tried doctors' medicine and other remedies, but got no relief until a friend advised me to use Milburn's Laxa-Liver Pills. Now I can work inside without any headaches or pain. I would not be without your remedy for anything. I write this so that anyone suffering the same as I did may use them and be cured."

Milburn's Laxa-Liver Pills are 25c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

WAR TRADE BOARD MODIFIES RULINGS OF FRUIT EMBARGO

Certain Essential Fruits and Vegetables Can Come In.

OTTAWA, June 7.—Rulings were issued by the war trade board today in respect to restrictions governing imports of perishable fruits and vegetables covered by the recent order-in-council, passed on the recommendation of the minister of trade and commerce. The rulings provided: In order to prevent unnecessary hardship and possibility of waste in connection with purchases recently made in the United States, all imports of vegetables and fruits shipped from point of origin until Sunday, the 15th inst., will be allowed to enter Canada without restriction. The importation of certain fruits and vegetables considered essential for Canadian consumption will be permitted unless otherwise advised, with the exception of the following: Blackberries, gooseberries, currants, cucumbers, watermelons, artichokes, green peas, shallots, romane, parsnips, salsify, quinces, nectarines, mango, pomegranates, egg plant, green peppers, brussels sprouts, asparagus, mushrooms, parsley, endives, beets, turnips. To prevent delay in securing individual license in securing importation of perishable goods, clerks of customs will be instructed to permit entry under blanket license of fruit and vegetables, except those specially mentioned.

EVER FEEL "DOOPY" AFTER MEALS?

At times we all feel dull and heavy. Just one thing to do—relax the bowels and cleanse the system with Dr. Hamilton's Pills. Unclean matter is flushed out, the liver is toned, blood is purified, and at once you feel better. Good health and jovial spirits are quickly found in this celebrated medicine. Enormous benefits follow the use of Dr. Hamilton's Pills in every case; they are very mild, very prompt and guaranteed by the makers. Insist on getting Dr. Hamilton's Pills, 25c per box everywhere.

Lemon Juice For Freckles

Girls! Make beauty lotion at home for a few cents. Try it!

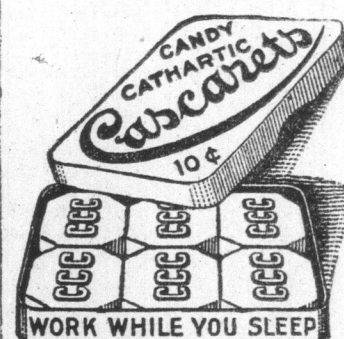
Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and white the skin becomes. Test! It is harmless.

CASCARETS SELL TWENTY MILLION BOXES PER YEAR

Best, safest cathartic for liver and bowels, and people know it.

They're fine! Don't stay bilious, sick, headachy or constipated.



Enjoy life! Keep clean inside with Cascarets. Take one or two at night and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Wake up feeling grand. Your head will be clear, your tongue clean, breath bright, stomach sweet and your liver and thirty feet of bowels active. Get a box at any drug store and straighten up. Stop the headaches, bilious spells, bad colds and bad days—Brighten up, Cheer up, Clean up! Mothers should give a whole Cascaret to children when cross, bilious, feverish or if tongue is coated—they are harmless—coming right from nature.