January 16, 1895.

PARAGRAPHIC.

Take K. D. C for sour stomach.

Solomon declares that the glory of young men is their strength; and while it is evidently physical strength of which he is speaking, the state-ment is equally true, if not more so, when applied to intellectual strength. For it a man is not to be judged by the coat he wears, neither is he to be judged by the body he possesses ; a higher test undoubtedly is his a nigher test understeary is his intellectual strength. As Dr. Aber-crombie has said, "If we are asked what constitutes the greatest difference between one man and another. considered either as intellectual or as moral beings, we cannot hositute to answer-the culture and the discipmind. ine o

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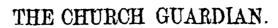
Do not, because you can do so little for others, do nothing. Look around you, first in your own family, then among your friends and neighbors, and see whether there be not someone whose little burden you can lighten, whose little care you may lessen, whose little pleasures you can promote, whose little wants and wishes you can gratify. Giving up cheerfully our own occupations to attend to others is one of the little kindness and self denials; doing little things that nobody else likes to do, but which must be done by someone, is another.

The world is tull of sorrow and trial, and we cannot live among our fellow mon and be true without sharing their loads. If we are happy, we must hold the lamp of our happiness so that its beams will fall upon the shadowed heart. If we have no bur-den, it is our duty to put our shoulders under the load of others.

The following brief mention from Crashow contains a whole sermon: Sermons he heard, yet not so many As left no time to practice any; lle heard them reverently, and then His practice preached them o'er again.

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