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HOME-MADE YEAST.—Four large potatoes, four tablespoonfuls of flour, two of sugar, one quart of lukewarm water; soak one yeast-cake in a cup of water while you are mixing up the rest; put it in a warm place twelve hours; then it is ready for use; one cupful makes five loaves; keep in a cool place.

ASTONO the latest uses to which sawdust has been applied, is in the manufacture of car-wheels. A writer states that sawdust car-wheels, sawdust bricks, sawdust fence-posts, railroad ties, and even sawdust window and door frames, wainscoting and moulding, begin to appear among the possibilities of the immediate future.

CHOCOLATE CAKE.—Two cups sugar, cup butter, three and one half cups flour, five eggs, one teaspoonful cream tartar, half a teaspoonful soda, leave out the whites of two eggs for the frosting. Make this of the whites with one and one half cups sugar, and six large spoonfuls grated chocolate. Spread it on while the cake is hot.

APPLE JELLY.—Put three quarts of water into your stew-kettle and pare one dozen large apples and slice them into the water; when all are cut, boil until soft, then pour into a jelly bag. Let drain and press out all you can. To one pint of juice add one pound of white sugar, and boil moderately for half an hour, stirring occasionally.

APPLE DUMPLING.—Make a crust of one quart of flour, two teaspoonfuls of cream of tartar, one teaspoonful of soda, one tablespoonful of butter or lard, a little salt, and milk enough to make a dough that can be rolled out. Cut this dough in eight pieces, roll them out thin, put slices of sour apples upon them, fold them up tight and steam or bake. Baking will require thirty minutes, steaming an hour. Either hard or liquid sauce may be used.

POTATO SALAD.—Slice very thinly six cold potatoes; chop very fine one small onion, or cut it in rings; boil two eggs hard, and when cooled rub the yolks smooth with two or three tablespoonfuls of sweet cream. Add a small teaspoonful of salt, a little pepper, and a sprinkling of mustard, beat the whites of the eggs, and add the potato and onion; stir in one tablespoonful of strong vinegar—more if vinegar is liked. Turn the dressing over the salad, and serve for lunch, dinner or tea.

WORTH KNOWING.—It is said that a small piece of rosin dipped in the water which is placed in a vessel on a stove (not an open fireplace) will add a peculiar property to the atmosphere of the room, which will give great relief to persons troubled with a cough. The heat of the stove is sufficient to throw off the rosin, and gives the same relief that is afforded by the combustion of the rosin. This is preferable to combustion, because the evaporation is more durable. The same rosin may be used for weeks.

RICE CREAM.—To a pint of new milk add a quarter of a pound of ground rice, a lump of butter the size of a walnut, a little lemon peel and a tablespoonful of powdered sugar. Boil them together for five minutes, then add half an ounce of isinglass which has been dissolved, and let the mixture cool. When cool add half a pint of cream whisked to a froth, mix all together, and set it for a time in a very cool place or on ice. When used turn it out of the basin into a dish, and pour fruit juice round it; or some stewed apple or pear may be served with it.

GRAHAM BISCUIT.—Stir with a spoon tepid water into a Graham flour until stiff enough to form into a dough as soft as can be kneaded; roll out when sufficiently kneaded to be well mixed, and cut into cakes three-quarters of an inch in thickness. Lay them in baking pans so they will not touch each other, and bake in a quick oven, letting them remain long enough to become brown and crisp, which, with a good heat, will require about twenty-five minutes, or taking them out when just done through, as one prefers; if not sufficiently baked they will be heavy at the bottom. Put them on a grate or colander to cool, that they may not steam and become heavy. This bread is excellent for growing children and for brain workers. None of its nutritive qualities are diminished by fermentation, and eaten with good cow's milk and some sub-acid fruit it forms perfect food.

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In an extended article in the Washington (D. C.) "Star," we notice that among others, Senator James G. Blaine, who has suffered in the past with rheumatism, now keeps St. Jacobs Oil on hand in case of any future attack.

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