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Apple Delect A Sound, Wholesome Fruit Pr	
(Government Report)	Adverti this heat
Mrs. Housewife, try our tested recipe for DELECTO You will find it quickly made and your family will find nutritious. 4 cups flour 4 teaspoons baking powder 1/2 cup DELECT 4 teaspoons baking powder 1/2 cup sugar 1/2 cup sugar	find it very
Put milk, eggs and salt into bowl. Chop the DELA with the nuts, adding sugar to prevent sticking together to the milk and eggs, then add the flour and powder. Mill y and pour into a well greased bread pan. Let stand and then bake in hot oven for 50 to 60 minutes. DELECTO RICE MOULD: Boil 1 cup of rice in plen	r. Add this ix thorough- 10 minutes Ity of water
slightly salted for 10 to 12 minutes. Drain and mix with hopped DELECTO, ½ cup sugar, ½ cup milk and pin Cook in double boiler for 40 minutes. Turn into sma harge mould. When cold and set serve with whipped creater	terms, or will full cups or am. 51-tf.
Caloric Content Equivalent to Raisins Manufactured by M. W. GRAVES & CO. Stor BRIDGETOWN, N. S.	cked by all rocers
	Farm, Gram new house an pasture, apple Also three i location in toy
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