

GUARD AGAINST THE 'FLU

Serious Outbreaks of Influenza all over Canada

GOOD HEALTH IS THE SUREST SAFEGUARD

"FRUIT-A-TIVES" Brings Vigor and Vitality and Thus Protects Against Disease

There can be no doubt that the situation regarding the spread of influenza throughout Canada is one of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused the suffering and sorrow during the terrible days of 1918. Yet there is no disputing the fact that everyone should be on their guard against the disease.

In Montreal alone, from January 20th to February 21st, three thousand, one hundred and twenty-two cases of influenza and 139 deaths from the disease were reported to the Health Department.

If the outbreak had come at the beginning of the winter instead of the end, we might reasonably feel that the very cold weather would check the spread of the disease. But coming as it has, at the end of the winter, there is grave fear that an epidemic may occur. For spring, with its lush and rain under foot, its dampness and chill, its constant changing from cold to warm and back again, is a prolific source of coughs and colds, pleurisy and pneumonia.

The best protection, in fact, the only safeguard against the 'Flu, is GOOD HEALTH.

Those who are not as well and strong as they should be; those who are underweight; those who are "run-down" through overwork or sickness; should build up at once. What they need is a Blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives", the wonderful fruit medicine.

"Fruit-a-tives" regulates the kidneys and bowels, causing these organs to eliminate waste regularly and naturally as nature intended. "Fruit-a-tives" keeps the skin active, and insures an abundant supply of pure, pink blood. "Fruit-a-tives" tones up and strengthens the organs of digestion, sharpens the appetite, brings restful sleep and renews the vitality of the nervous system. "Fruit-a-tives" contains everything that an ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would have the best possible condition to resist disease.

Now is the time to build up your health and strength, not only as a protection against the ravages of influenza, but also to protect you against "spring fever" and the inevitable reaction which comes with the appearance of warmer weather. Get a box of "Fruit-a-tives" today and let this fruit medicine keep you well.

"Fruit-a-tives" is sold by all dealers at 50c a box, 6 boxes for \$2.50, trial size 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

PORT GEORGE

Services in the Methodist church Sunday March 14th at 7 p. m.

The recent wind and hail storm did great damage to barns in this place.

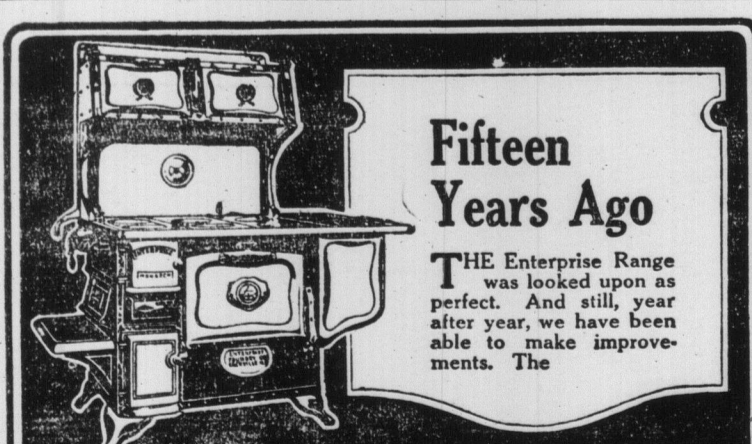
Mr. and Mrs. Oscar Stevenson, from Brooklyn were recent guests of Mrs. John Anderson.

Mrs. Lantz, from Melvern Square, is visiting her daughter, Mrs. Melbourne Donnelly.

The Busy Bee will meet at Mrs. Melbourne Donnelly's Wednesday, March 10th in the evening.

A sleighing party from this place went to Victoria Vale and spent a very pleasant time at Mrs. John Clarke's.

Mrs. Israel Kilpatrick has returned home after spending a week at Margareville, guest of her brother, Mr. McMurry.



Fifteen Years Ago THE Enterprise Range was looked upon as perfect. And still, year after year, we have been able to make improvements. The

ENTERPRISE MONARCH STEEL RANGE

today is bang up-to-the minute. It has all the real conveniences, fuel and labor saving devices of recent years, and as ever—it is the most dependable baking stove that you can buy. See your dealer and write today for our free illustrated booklet.

The Enterprise Foundry Co., Limited, Sackville, N. B. Makers of the well-known lines of Enterprise Stoves, Ranges and Furnaces.

Sold by leading dealers everywhere and in Bridgetown by

MAGGEE & CHARLTON

Digby County Monitor

Mr. W. S. Troop was a passenger to Halifax yesterday morning.

Mrs. David Ellis returned Wednesday from a trip to Boston.

Mr. Geo Wyman, of Freeport, N. S., spent the week end in Digby.

Misses E. Collins and E. Agate have returned from a trip to St. John.

Mr. M. A. Condon, contractor, of Kentville, spent the week end in Digby.

Miss Mary Dakin, of Darton, has accepted a position in the telephone office.

Mr. M. A. Condon returned to Kentville via yesterday morning's early train.

Mr. Halton A. Wright, of Amherst, spent a few days this week the guest of his father, LeCain Wright.

Mr. Ralph Dakin was a passenger from Halifax Monday and leaves today (Wednesday) for New York.

Miss Annie Vye, who has been in St. John and Moncton for the past four weeks has returned home.

Mrs. E. M. Bolen, of Everett, Mass., is visiting her parents, Mr. and Mrs. Coleman Van Tassel, Bay Road.

Mr. H. O. Turnbull, of St. John is visiting his parents, Mr. and Mrs. John O. Turnbull, of Light House Road.

Mrs. E. C. Sollows, of Tiverton, returned on Saturday last from St. John where she was attending the millinery openings.

Miss Lillian Corbin, of Weymouth, was a week end visitor in Kentville, guest of Mrs. A. L. Pelton, "Riverdale."

Mr. A. Boden was a passenger to Digby Friday from Meteghan and left Saturday to spend the week end in Bear River.

Mrs. A. J. Lutz, of Moncton, arrived on Tuesday via Halifax, to spend a short time with her parents, Mr. and Mrs. G. A. Vye.

Dr. and Mrs. Stanley MacGregor, of Smith's Cove, have been spending their honeymoon in Kentville, guests of the latter's sister, Mrs. Robert Taylor.

Middleton Outlook: Mrs. G. W. Potter and Gerald returned on Wednesday to Smith's Cove, Digby Co., after spending a week in Middleton.

Miss Marjorie Dakin leaves today for New York where she will then leave for California accompanied by Mr. and Mrs. Ralph E. Dakin and little daughter.

The funeral of the late Mrs. George McNeill took place Saturday afternoon with interment in the Methodist cemetery, services being conducted by Rev. W. I. Croft.

Mr. H. T. Waime has opened a feed store in Weymouth in the Fillett building, with Ots Barr as local manager. He will also buy and ship lumber from there.

Miss Gladys Sulis completed her trained nurse's course at the Vermont Hospital last week and on Monday morning graduated with highest honors. Miss Sulis arrived here the same day to spend a vacation at her home in Digby.

A very sudden death took place at noon Thursday when Mrs. Minnie Bent, who was washing in her home on Maiden Lane, dropped dead without warning. She was about 55 years old and leaves quite a family. An inquest was held in the afternoon and a verdict of "death from heart failure" was found.

The death of Kingsley Thibets, a native of Plympton, Digby, took place at the Yarmouth hospital, of pneumonia, Friday morning. The deceased was 42 years of age and was one of the crew of the fishing scho. Annie L. Sabinler. He was taken ill on that vessel the first of this week.

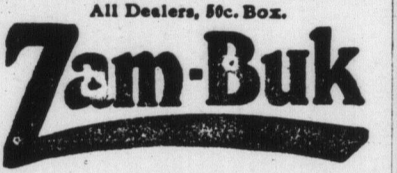
NO PROFITEERING WITH ZAM-BUK

Before the war, Zam-Buk was 50c. a box. All during the war when the cost of production was rapidly advancing, the price of Zam-Buk to the consumer remained the same. Now, with the war over, while some prices continue to soar, Zam-Buk is still 50c. a box! Not only so, but the same high standard of quality has been maintained throughout.

There has been no profiteering in regard to Zam-Buk. For every box you have bought, you have been asked to pay fair value only.

Is this method of doing business not worthy of recognition? Answer this question by continuing to recommend, to appreciate, and to use Zam-Buk—the greatest household healer of modern times.

Use it for all skin troubles, eczema, ringworm, abscesses, ulcers, boils, pimples, piles, blood-poisoning, chapped hands, cold sores, cuts, bruises, burns, scalds, etc.



and was sent to the hospital. The remains were sent to his home in Plympton by the D. A. R. Saturday morning.

The girls of the J. O. Y. Class, Mrs. Hatt, teacher, and the Tuxis Boys' Class, Major M. C. Denton, mentor, were entertained at the commodious and hospitable home of A. J. West-haver Tuesday evening. Mrs. West-haver, Mrs. Collins and Mrs. Hatt were hostesses. Over fifty were present. A most delightful evening was spent with games, contests and music. An abundance of home made candy of the choicest varieties, was in evidence during the evening and refreshments were served. A most hearty vote of thanks was extended to the hostesses on motion of Eric Morse.

The greatest good humor throughout the evening, broke up at a late hour full of the joy of a most happy occasion and wondering when and where the next social would occur.

ANNAPOLIS ROYAL (Spectator)

F. M. Dargie returned last Thursday from a trip to Boston.

Mrs. Bert Hurdwick returned Wednesday from a trip to Boston.

Alton Collins came home from Yarmouth on sick leave for a few days this week.

Mrs. K. L. Pince with her little daughter, of Kentville is visiting her mother, Mrs. Roach.

R. Leslie Hardwicke returned this week from his millinery inspection trip to Boston and New York.

Herbert S. Roy, of the L. J. Roy Clear Co., Yarmouth, was in town this week and headed west again Wednesday.

Mrs. C. A. Frost who has been visiting her parents, Mr. and Mrs. John McKay, returned to Halifax last Saturday.

Col. B. B. Hardwick left Wednesday for Halifax to be present with the Old Guard at the opening of the Provincial Legislature.

Mrs. W. H. Edwards went to Boston last week her daughter Miss Dollie, having broken her ankle by slipping while getting off a ferry boat there.

The band subscriptions to March 1 exceeded \$2,000 and therefore the contribution of ten per cent offered by F. W. Pickels will exceed \$200.

Miss L. Riorden has sold out her stock and business to D. L. Wear and closed her store on account of ill health.

Reggie Rice says the ice he is cutting this season at Lake Larose is two feet or more thick. Of course being so heavy it costs more to cut and lift it, he argues, and therefore ought to bring a better price.

It is estimated that about forty car-loads of pulpwood averaging 17 cords to the car, have so far been shipped from this station to the Liverpool mills and a lot more from Granville, this being but a beginning.

Word has been received that Mr. and Mrs. Pidgeon have gone from Boston to Florida to join Mrs. Pidgeon's parents, Mr. and Mrs. F. W. Pickles, while Mr. Pidgeon is recovering from an attack of influenza. Jack Pickles, who is also now with his parents is reported to have bought an orange grove in Florida.

BEAR RIVER

A Women's Institute was organized here on Wednesday night by Miss MacDougall. Mrs. Dr. L. J. Lovett, pres.; Mrs. Arthur Rice, Secy, and Mrs. A. B. Marshall, treas.

A "Drummond" Recital will be given by Rev. D. E. Hatt, of Digby, in Oakdene Hall on Tuesday evening, March 16th, under the auspices of the Oakdene High School Literary and Athletic Association. There is a rare treat in store for the people of Bear River and vicinity. Don't miss it.

The Only Language You Understand Is SERVICE

Words without action mean nothing to you. Talk, promises and excuses cannot take the place of definite results. You pay for Good Service and are entitled to it.

We back our statements with the most definite and sweeping guarantee ever known in the tailoring industry.

Any time our fit, style, workmanship and SERVICE are not up to every requirement you set, you are the judge. We never argue.

Opening Announcement

ON OR ABOUT MARCH 15TH, WE WILL OPEN A FULL LINE OF

Spring Hats and Caps

For the man who wants a new style. Our prices are right. We carry a full line of GENTS' FURNISHINGS. Let us know your requirements and we will give you the Best Possible SERVICE

G. O. THEIS, Merchant Tailor
RALPH LANE, Manager
TELEPHONE 68

MIDDLETON (Outlook)

Col. N. H. Parsons was in town on Tuesday.

G. N. Reagh was on a business trip to Bridgewater.

Mr. and Mrs. W. G. Parsons were to Halifax this week.

Miss Lillian Hilsley spent Sunday at her home in Cambridge.

Mr. Reeks, of Round Hill has joined the staff of the Royal Bank here.

Prof. J. H. Lindsay left Middleton, on Monday returning to Houlton, Me.

Harold Shaw, of the Royal Bank staff has been transferred to Halifax.

Col. E. C. Phinney, of N. H. Phinney and Co. Halifax, was in Middleton on Tuesday.

Capt. J. H. Charlton is round again after suffering from a recently strained ankle.

Isaac Young has been laid up from the effects of a fat but is able to be around again.

Mrs. J. H. Charlton spent the last week in Springfield, guest of her daughter, Mrs. Roop.

Mrs. T. A. Croaker returned to Clareuce on Monday after spending a few days in Middleton.

Chief Fruit Inspector, G. H. Vroom has been attending the Potato and Onion Conference at Ottawa.

Miss Hattie Carter of the Outlook staff is spending the week in Halifax with her brother, Grafton Carter.

Miss Evangeline Young left on Friday for Halifax to accept a position in Nelson and Mill's millinery parlor.

The Misses Julia and Muriel Morrison spent the week in Lawrenceton visiting their grandmother.

Lemert Young, of Winnipeg arrived yesterday and joined Mrs. Young and children, who have been spending the winter in Middleton.

Addison Fisher who came to Wolfville last week as coach to the Mt. Allison hockey team spent a few hours in Middleton on Friday last.

D. McCormick, of Kentville and Max Gesmer, of Bridgetown have been in town fitting up the new office of the Western Union in the Outlook block.

Mrs. P. R. Bentley returned home after spending several weeks in Kentville but was summoned to Boston by telegram and left on Saturday for that city.



TO ARRIVE THIS WEEK

A CAR OF

Purity Flour

J. I. FOSTER

Granville Street

Clearance Sale OF HATS

Now is your opportunity to buy.

R. L. Hardwicke THE HAT SHOPS

Annapolis Royal and Kentville APPOINTED SCHOOL COMMISSIONERS

The last issue of the Royal Gazette, among the appointments of School Commissioners, contains the following: Digby, G. I. Lettney; Annapolis Royal, Arthur M. King in place of A. E. Atlee, resigned.

45 1 3 1

Spring Cleaning Season Will Soon Be Here

We have a good stock of

Decorator White, Paris White and Alabastine, in colors.

Martin-Senour Paints and Varnishes, Varnish Stain in colors Wall Paper Samples, Brushes, Mops and Brooms.

One Car of Fresh Portland Cement.

KARL FREEMAN BRIDGETOWN, N.

Everything in Hardware, and Builders' Supplies

EXECUTOR'S NOTICE

All persons having legal demands against the estate of R. Allen Crowe, late of Bridgetown in the county of Annapolis, Tinsmith and Plumber, are requested to render the same duly attested within ten months from the date hereof and all persons indebted to the said estate are requested to make immediate payment to the undersigned. Letters of Probate granted Jan 7, 1920 Dated Middleton, N. S., Feb 9th, 1920 G. W. CROWE, Executor.

For Sale

Dwelling house and premises of subscribers on Park Street. Eight rooms including bath also good sized pantry and porch. Four bedrooms large unfinished attic, cellar under whole house. Wood furnace, electric lights, town water, storm porch, storm windows and screens. About half acre of land, well cultivated garden, small fruits and shrubs. Most desirable and attractive neighborhood, near schools and churches. Apply to ALBERT MORSE, Esq., agent for owner M. E. PIPER 47 8 1

Remember that Every added Subscription Helps to make This paper better For everybody

VOL. XLVII—No 50

THE TOWN COUNCIL Minutes of the Proceedings at the Last Regular Meeting

The regular March meeting was held on Friday evening, the 5th inst., with His Worship Mayor Salter in the chair, all Councillors being present. The Clerk read the minutes of the last regular meeting, also the minutes of the Assessment Appeal Court.

The following bills read and motion ordered paid:

Mrs. Fisher\$15.00
Ebel Davis 2.75
O. S. Punham 12.50
J. H. McLean 5.00
Union of Municipalities 10.00
Auditors' bill 70.00
J. H. Hicks & Sons 23.27
Time bill, Streets 4.80

A few other bills were referred back to committees for explanation.

After hearing read a quantity of correspondence re "Drive to the right." It was moved by Coun. Dechman, seconded by Coun. Warren and passed that it is the opinion of this Council, to turn to the right with vehicles and automobiles is to be preferred to the old system.

The Clerk laid before the Council the estimates for the current year which were duly considered and discussed whereupon it was moved by Coun. Warren seconded by Coun. Anderson and passed that the Town Council of the Town of Bridgetown do hereby authorize the levying and collection of a rate of \$1.50 on the \$100 of the assessed value of property and income assessed on the assessment roll of the Town of Bridgetown to raise the sum required to defray the general current expenses of the town for the current year.

Also a rate of \$1.25 on the \$100 of the assessed value of property and income assessed in the said town of Bridgetown and in the County of Annapolis, Assessment roll for the school section of the said town of Bridgetown, and all property outside the said school section of the said town of Bridgetown liable to the taxation for the support of the schools of the town for the current year.

The clerk laid before the Council the assessment roll and valuations for the year 1920 as finally passed by the Assessment Appeal and certified to be him as required by Section 74 of the Assessment Act and amendments thereto.

The Clerk also laid before the Council the Special Assessment and valuations for the year 1920 made by the Finance Committees of the Council of the real estate and properties in the said District liable for the Granville Street East Sewer extension as authorized and empowered by Chap 51 of the acts of the legislature of the Province of Nova Scotia for the year 1915, entitled "An act to authorize the town of Bridgetown to borrow money for the extension of the Sewerage System of the town as amended by Chap. 55 of the Acts for the year 1915," whereupon it was moved



ENTERPRISE MONARCH STEEL RANGE

In thousands of homes, daily giving complete convenience, and economy that constantly used cannot be replaced.

SOLD BY LEAD MAGEE & CHARLTON