

Nearing a Breakdown

A Condition That Calls for a Reliable Tonic

Many women give so much of their time to the cares of their household that they neglect their own health and sometimes reach the verge of a breakdown before they realize that their health is shattered. Often the heart palpitates violently at slight exertion, the stomach fails to digest food and discomfort follows. The nerves become weak and headaches grow more frequent. The body grows weak and they are always depressed. This condition requires immediate treatment with such a reliable tonic as Dr. Williams' Pink Pills which enrich and build up the blood, carrying renewed energy to every part of the body. The value of Dr. Williams' Pink Pills in a rundown condition is proved by the following statement from Mrs. Alex. McInnes, Rowsman River, Man., who says: "About a year ago I had a serious illness which left me very anæmic. I was not able to get around to do my work; in fact I could scarcely walk. I was troubled with palpitation of the heart with the least exertion. One day a friend advised me to try Dr. Williams' Pink Pills as they had done her much good. I followed this advice and took the pills for some weeks when I felt as well as ever. I have since been able to attend to all my household duties. The dizziness and palpitation have left me and I bless the day I tried Dr. Williams' Pink Pills. They are just the medicine for those who are weak and run down."

You can get these pills from any dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

INWOOD

Mr. and Mrs. Clayton Johnston and Mrs. Lloyd spent Sunday with Mr. and Mrs. James Vosburg.

Mrs. Wm. Munroe and Mrs. J. W. Johnston spent Wednesday with Mrs. Orville Lloyd.

Dr. and Mrs. Urie and son Douglas were in London on Wednesday. Mr. and Mrs. George Vosberg and family spent Sunday with Mr. and Mrs. Joseph Vosberg of Brigidon.

Mrs. Henry Johnston spent a few days in London recently.

Miss Lightfoot of Alvinston spent Sunday evening in Inwood.

Rev. P. Streeter and Mr. Alfred Beatty of Florence made several calls in Inwood Saturday.

Mr. John Tait is spending the week in London with relatives.

Miss Elinor Craig of Petrolia spent Sunday with Mr. and Mrs. L. D. Brown.

Mr. and Mrs. William Munroe and son, George, spent Sunday with Mr. and Mrs. George Code of Mt. Brydges.

Mr. and Mrs. Crawford and son, Jack, visited friends in Wyoming on Sunday.

Mrs. Fred Brune and little daughter, with Mrs. Thomas Hartley of Detroit, are visiting Mrs. Edward Chapman.

Mrs. (Dr.) Patterson and children are spending a few days with Mr. and Mrs. Patterson at Walkers.

Mr. and Mrs. John Ballantyne of St. Paul's, with Mr. and Mrs. Alex. Gourley and daughter Elsie of St. Mary's visited Mr. and Mrs. R. B. Warner recently.

Mr. Joseph Brewer of London is spending a few days with his daughter, Mrs. Albert Atkin.

Mr. and Mrs. Bishop and family spent Sunday in Sarnia.

Mr. George Chapman spent weekend with his parents, Mr. and Mrs. William Chapman.

Mr. and Mrs. Clarence Wallis spent the day at Grand Bend, Sunday.

Mr. H. Belton and Mr. George Nixon spent Sunday with Mr. and Mrs. Albert Atkin.

The following are the members of the Women's Institute of Inwood who attended the district meeting at Arkona last week: Mrs. H. McLean, Mrs. Graham, Mrs. R. J. Richardson, Mrs. Albert Atkin, Mrs. R. B. Warner, Mrs. Wm. Chapman, Mrs. Clarence Wallis.

Misses Anna and Vera Brewer of London visited their sister, Mrs. Albert Atkin on Sunday.

Mr. J. Johnston of Detroit spent Sunday with his parents, Mr. and Mrs. J. W. Johnston.

Rev. James and Mrs. Lowry of Manitoulin Island are visiting his father, Mr. Lowry here.

Thankful Mothers

Once a mother has used Baby's Own Tablets for her little one she would use nothing else. The Tablets show such results that the mother has no more words of praise and thankfulness for them. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N.S., who writes: "I have used Baby's Own Tablets for my children and from my experience I would not be without them. I would urge every other mother to keep a box of the Tablets in the house. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and make teething easy. They are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ALVINSTON

The ladies of the United Church met on Friday afternoon at the parsonage for the purpose of organizing a Ladies' Aid. Some fifty ladies were present and after a social hour spent by all, ice cream and lemonade were served. The election of officers took place as follows: president Mrs. (Dr.) E. C. Axford; vice president, Mrs. G. H. C. Norsworthy; 2nd vice president, Mrs. G. A. Hadden; secretary-treasurer, Mrs. Frank Oke.

The inauguration services of the United church of this village took place on Sunday last. Large crowds attended both morning and evening services. The pastor, Rev. A. L. Spracklin, delivered a very inspiring sermon at both services.

G. H. C. Norsworthy sang a very pleasing solo at the evening service.

The W.M.S. of Guthrie Presbyterian church held their annual garden party on the lawn of Mrs. A. B. McNeil on Friday evening. A large crowd attended and were entertained by Jock Ballantyne and his concert company of London.

The local C.G.I.T. group met on Friday evening in the church basement. At the close of the business part of the meeting the girls adjourned to the home of Dr. P. P. Winn where a lecture on first aid in drowning was given.

Mrs. W. J. McNally has returned home after spending a few days as the guest of her daughter in Sarnia.

Misses Effie and Jean McCallum spent the weekend in London.

SUCCESSFUL RURAL DEANERY MEETING IN KERWOOD

The Spring meeting of the Rural Deanery of West Middlesex and of the Deanery Woman's Auxiliary was held in St. Paul's church, Kerwood, on Wednesday, June 10th. There was a good attendance from most of the parishes in the deanery. Communion service was held at 9.30 a.m., conducted by the rector, Rev. H. R. Diehl, assisted by the Rev. H. R. Corey, returned missionary from Japan, the latter of whom also preached an interesting and impressive sermon bearing on the work in Japan, basing his remarks on the text "Desire of me and I shall give thee the heathen for thine inheritance and the uttermost part of the earth for thy possessions." Ps. 2:8. Business meeting was then held after which luncheon was provided by the ladies of the three congregations, and served in the new parish hall.

A vote of thanks was tendered to the ladies for the splendid provision and many compliments were paid the rector and congregation for their successful enterprise in erecting the new hall. The address of welcome was given in the afternoon by the rector, wherein among other things he said that St. Ann's church in the parish was the first church erected in the diocese in 1838. The first rector being Rev. S. E. Blake, the father of the late Sir Edward Blake and Hon. C. H. Blake, two men of outstanding influence in church and political life in our land. Mrs. David Williams, hon. president of the Diocese Woman's Auxiliary, then gave an interesting and inspiring address on the subject of the W. A. forward movement, showing the part the missionary work takes in the church life and the responsibility of all to engage in the same. There is no successful church that is not missionary in its aims. The work should appeal especially to women as it tends to uplift the standing of their downtrodden sex in heathen lands. She showed the various avenues of work the lady missionaries of the W. A. are engaged in throughout Honan, Japan, India and also in the West of our Dominion. Every congregation in the diocese should have a branch of the W. A. and every woman as far as possible should be a member as all can do one or other of all three things to help the cause, i.e., give, or pray. Mr. Ballantyne of Paisley chairman of Bruce Deanery Layman Association, then gave an interesting and instructive address dealing with and explaining the various objects of the diocesan budget and showing how worthy they all are of our support and that we should aim at raising 100% of the same allotted to the deanery where as last year we raised only 66% of that amount. The Bible plan was that of giving 10% of our income to God, whereas we average only 2 1/2%. Rev. Captain Pugsley leading in the discussion said if we interest ourselves in the work outside the parish the work within will prosper. A person is no Christian who is not interested in missions. Would you refuse the last request of a friend? Then why refuse the last words of Jesus "Go ye into all the world and preach the gospel." When the Duke of Wellington was asked "What do you think of missions?" he answered "What are your marching orders?" We should be thankful we have the privilege of giving to the various objects of the diocesan budget because in so doing we are uplifting some and saving them from sin and degradation. It was decided on motion of Rev. Shore, seconded by Rev. Pugsley, that each clergyman in the deanery endeavor to get three laymen in their respective parishes to attend the next deanery meeting to be held at Lucan, with a view to decide on some definite plan towards raising 100% of the deanery appointment this year. Rev. Mr. Corey continued his subject on the work in Japan. For a Japanese to become a Christian it does not mean the advancement but rather the

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NAPIER

Rev. W. Mackintosh has been attending the General Assembly of the Continuing Presbyterian Church at Toronto.

Several from here went to Walnut to witness the ball game between the Rokeby boys and the Walnut team. Walnut was defeated by a small margin, but will play at Rokeby again in the near future.

Mrs. A. Clothier has returned after spending a couple of weeks with her daughter, Mrs. Richard Searson, Strathroy, recently.

Miss Marguerite Winter is visiting her cousin, Mrs. Earl McLean.

Miss Enna Ellwood of Strathroy spent Sunday with her friend, Mrs. Basil Smith.

Mr. and Mrs. Albert Taylor spent Sunday with Mr. and Mrs. J. Towers.

Mr. and Mrs. H. Copeland and Mr. and Mrs. Steadman of Watford called on friends in this vicinity recently.

A meeting of the Women's Institute was held in the Town Hall on Wednesday when the election of officers took place which are as follows: president, Mrs. Brady; 1st vice president, Mrs. Bouby; 2nd vice president, Mrs. McIntyre; secretary-treasurer, Mrs. J. McNeil; asst., Mrs. Clothier; district director, Mrs. McIntyre; representatives to district meeting, Mrs. Beer, Mrs. J. Clothier, Mrs. Will Winter, Mrs. G. Denning; branch directors, Mrs. Geo. Denning, Mrs. Anthony; auditors, Mrs. Neville McLean and Miss Joan Beer; pianist, Mrs. eBer. Miss E. Dodd was appointed to take charge of the flower committee. The meeting adjourned to meet on Monday evening at Mrs. McNeil's to arrange the program for the year.

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