

A PAGE OF GENERAL INTEREST TO WOMEN READERS

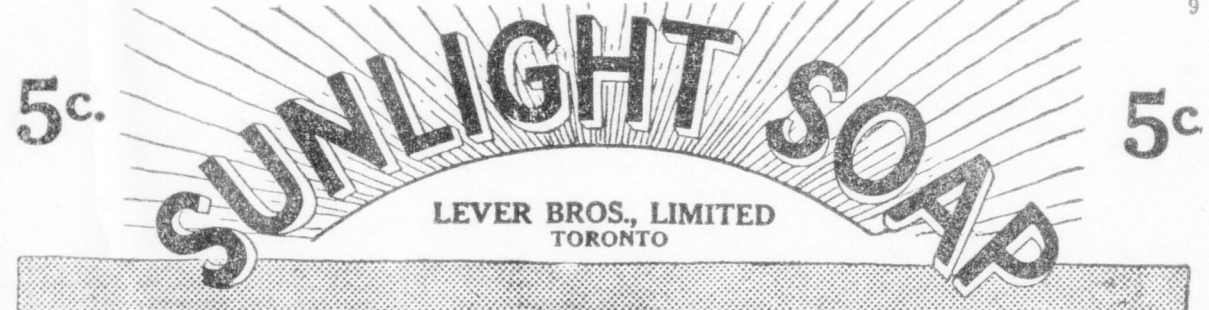


10 AM.—and Sunlight Sue, her washing through, is knitting Socks for Soldiers

Think of wash-day as a day of **SUNLIGHT**. Forget all about old-time trials, troubles and hard work. Look forward to wash-days as to other days, because you use Sunlight Soap.

Other days you need Sunlight Soap just as you do on wash-day, for besides washing clothes, it keeps the home sweet and clean. When in doubt think of the \$5,000 Guarantee of Purity that rests upon every single bar of Sunlight Soap you buy.

Sold at all grocers. Remember the name **LEVER** on soap is a guarantee of Purity and Excellence.



To Make Hand-Knitted Socks

Directions for Soldier Socks Issued by Red Cross Society.

FOR SOCKS WITH FOOT OVER 10 1/2 INCHES.

(Directions for a smaller size appeared on this page in issue of October 12th.)

Cast on 68 stitches, knit four and a half inches, two plain and two purl, knit plain seven and a half inches, twelve inches in all. **HHEEL**.—Knit plain 34 stitches onto one needle; turn purl back three 34 stitches; slip one, knit to end of row; repeat (always slipping the first stitch), till you have 34 rows in all.

With the inside of the heel towards you, purl 19 stitches, purl two together, purl one.

Turn, knit six stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl seven stitches, purl two together, purl one.

Turn, knit ten stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl nine stitches, purl two together, purl one.

Turn, knit twelve stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl thirteen stitches, purl two together, purl one.

Turn, knit fourteen stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl fifteen stitches, purl two together, purl one.

Turn, knit sixteen stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl sixteen stitches, purl two together, purl one.

Turn, knit eighteen stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl seventeen stitches, purl two together, purl one.

Turn, knit twenty stitches, slip one, knit one, purl slipped stitch over, knit one, turn, purl eighteen stitches, purl two together, purl one.

Our Jumble Corner

"Job's Youngest Sister" sends hymn, "The Shepherd Behind the Door," for "Jim's Wife." That "scratching" is just all right, "Sister." Your occupation? I can't guess.

"Poor Little Me"—Soap coupons will come in very handy, indeed, to meet the demand. The flowers were very dainty and sweet. It is kind of you to think of me.

"Mrs. R. J. C." a few Sweetheart coupons have been sent you; if more are needed, let the Mail-Box know. Thanks for ones you sent.

"A Mother" would like six or eight flannellette gum flags. In exchange she will send 50 Richards' soap wrappers or 60 Sunlight orange wrappers, and ten Sweetheart coupons.

"Glanworth Farmer's Wife," I'm glad to send you all the Sunlight ovals on hand—nearly make your number, does it not? See cake recipe in Cook-Book.

"October" sends orange wrappers; would like Gillett's. Send envelope "October," and I'll mail you some.

"Farmer's Misses" sends eight coupons for "Knit." Please send another stamp, "Knit." "F. M." "coups" will go to you if you send address.

"Farmer's Son" (10 years old) asks for tobacco coupons, as he's saving to get a watch.

Coupons have been mailed to "Daddy's Girl" and flags to "Erie Fern."

"W. A. R." sends words of "Stay in Your Own Backyard" for "Girl From the Sunny South."

"One From Seaford" wants 32 soldier flags and 21 sixteen gum flags bearing names of Canadian cities. Hopes to be of use to others next time.

"Just Fifteen" will give Comfort soap wrappers for Robin Hood coupons.

"Corona"—Coupons have been forwarded you.

"Ziska" sends addresses for patches and Comfort soap coupons for "Maple Leaf I." Will the latter send address and stamp?

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Wanted—A Boy.
Dear Miss Grey—"Young Step-mother" wanted to know what to do for a baby with a sore throat. If she will get a little boracic acid and put a little in some water and wash her mouth out four times a day, she will not have it long.

Does anybody know where we could get a little boy about 12 years of age to help on a farm?
Has anyone any Robin Hood oatmeal coupons they can spare? Would be so glad to get as many as they can spare, as I would like to get a set of spoons. A YOUNG FARMER'S WIFE.

Who Has It?
Dear Miss Grey—Would you please send me the piece in which this line appeared: "When the boys of Middlesex get there?" I want it very much and am sending a stamped address envelope. If you have it, please send it as soon as possible. If you have any patriotic or humorous reading I would be very pleased to receive them soon.

POLLY ANNE.
Ans.—I do not seem to find any trace of the poem among my clippings, but have likely overlooked it. Could anyone else supply it?
Your writing, rather irregular and a bit hard to read.

Like "Chuck's" Letters.
Dear Miss Grey—Here I am back again to bother you, but you must take the blame as you said I could come. Well you made a pretty good guess at my age, as I was twenty yesterday.

If a "Lonely Glendale Girl" could get "Down Our Way," she'd get a lot of cute recitations from that. "Melinda's First Journey" is from the first chapter.

I love to read "Chuck's" letters and all the farmers' wives. I quite agree with them, although I love the khaki. I've got four brothers in France now and one at Borden.

Now one question: How do you make a flag cushion? I may have a few left over when I finish that I'll send to you.

Here is a nice recipe for buns: Butter, the size of an egg, a pinch of salt, 1/4 tablespoon baking powder, 1 cup flour; mix together and add enough water to make a dough; bake in a hot oven.

Please may I come again? I've a lot more recitations I'll send you when I've more time. Please let me know, as ever, sincerely yours,

5TH GIRL.
Ans.—Who is the author of the book you recommend to "Glendale Girl"? It might help her obtain it. I've never made a flag cushion, so can give you little help. One shown at the Western Fair had narrow blue ribbon stitched on (by the machine) between the flags. I suppose they had first been basted in place on a foundation. A frill of white ribbon stitched near the edge completed the cushion.

Of course you may. I simply haven't the heart to say no to your pathetic entreaty! Now smile.

Kitty's Busy Busy.
Dear Miss Grey—I have been "most too busy" to write to the page editor, but I need a little advice, so here I am.

1. Have a barbershop which is very rusty; it is almost new otherwise, and I would like to know how to clean it to look as new as possible. It was thoroughly cleaned with lard before being stored away, yet that didn't make it rust-proof.

2. What will remove peach stains from a white muslin dress?
I was back to see you back again. "Snowdrop." I began to think you had melted away during our hot July days.

3. I have a barbershop which is very rusty; it is almost new otherwise, and I would like to know how to clean it to look as new as possible. It was thoroughly cleaned with lard before being stored away, yet that didn't make it rust-proof.

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ADVERTISER PATTERNS

1592

A PRACTICAL COMFORTABLE PLAY OR SCHOOL SUIT.
1592—Dress or Apron With Bloomers for Girls.

This design will readily appeal to the busy mother who appreciates comfort and simplicity. The dress, which may serve as an apron, and the bloomers may be of the same material. The bloomers will take the place of petticoats. They are ideal for play and school wear, giving freedom of movement and fullness under the dress. For warmth, wear flannel, serge or fannel could be used, gingham, galatea, percale, repp, poplin, linen and flannele are all appropriate materials for these two practical garments. The pattern comprises both, and is cut in five sizes—2, 4, 6, 8 and 10 years. It requires for a 6-year size 3 1/4 yards of 27-inch material, with 2 1/4 yards for the bloomers.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.
Please send above-mentioned pattern, as per directions given below, to:

Name
Address
Town
Province
Age (if child's or miss's) pattern
Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern. Write only the name of the pattern, whatever it may be. When in waist measure, give waist and length measure. When miss's or child's pattern, give age. It is not necessary to write dress or years. Patterns cannot be reached by anyone but one week from date of application.

place is in a riot of colors and perfumes, and one can fairly gloat over nature's perfection. I think in Canada we miss a lot of nature's beauties, the seasons are so short and there is not the time to devote into the woods as there is at "home," still it is a lovely place just the same, and I for one have met lots of lovely people and have the best of neighbors, so that one doesn't feel as homesick as they would. I wonder if anyone has an old, simple dress of the pieces come in like this: "I'll buy a bran new gown, lassie!"

Now will finish with a little snack for supper. Some may not like the recipe of it: Onion Pie—Cut up 5 or 6 large onions, partly boil them; while boiling, mix plate with pastry; take your onions and strain, put into pie plate, and salt them to taste, beat an egg with a cup of milk, pour over onions, cover with pastry and bake. Will inclose a mile for prisoner's fund. Sincerely yours, SUSSEX GIRL.

Ans.—I believe the "Sussex Girl" asks for a copy. S. G. Could send you a copy.

Colors for Girls.
Dear Miss Grey—What day did September 4, 1888, come on?

2. What colors are most worn this winter for young girls?

3. May I call again? ERNE FERN. P. S.—I am long waiting to take a parcel to go to France in time for Christmas?

Ans.—A Tuesday.

4. Blue, green and brown are very popular colors for school wear. Sheep-herd's plaids, dainty sateen made of ribbon or silk, padding and powder. Think!

5. It is fairly good. Shall try and save you some coupons.

A Birthday Gift.
Dear Miss Grey—I. What are the meanings of the following names: Marian, Lela, Johnson, Madeline, Ruth and Reid?

2. How many coupons does "Young Step-mother" need to get before she can get the kitchen cabinet?

3. What would be a nice birthday present for a girl of 14?

4. I will sign myself, WEWA DAD. Ans.—The name Marian means bitterness, Madeline, belonging to Magdala; Ruth, beauty.

2. Referred to "Y. S."

3. Some article for her toilet table: white ivory (buttonhook, comb, hairbrush, tray, etc.), patriotic pin, bright jewelry, or hair ribbon, dainty sateen made of ribbon or silk, padding and powder. Think!

4. It is fairly good. Shall try and save you some coupons.

Wild Grape Jelly.
Dear Miss Grey—I saw in last night's paper where "Snow Drop" was asking for a recipe for wild grape jelly. I make it every year, and have good success.

Wash and stem grapes and put in kettle with very little water, keep mashing, done, put in bag and drain over night, boil a kettle of crabapples same as for jelly, and drain, add the grape juice and boil down one-half, add sugar pound for pound; this is good. Now can you tell me how to clean a white felt hat?

GRAY'S, LIMITED

Blankets and Comforters

Off in the chilly nights will you be glad of the warmth and comfort of these fine blankets and comforters. Fill your wants now while our stock is complete and the present good values are to be had.

Union and Wool Blankets

WE SELL THEM SINGLY OR IN PAIRS.

WHITE WOOL BLANKETS, each blanket finished separately. Very special value at \$3.39 a pair.

OUR SPECIAL BLANKET, with pink or blue borders, finished separately. At \$3.75 a pair.

FINE WOOL BLANKETS, complete assortment of excellent qualities. At \$3.95, \$4.50, \$5.00, \$5.50, \$5.75, \$6.00, \$7.00, \$7.50 and \$7.95 a pair.

CHILDREN'S CRIB BLANKETS, in pink or blue, in two sizes. At 50c, 75c, 85c each.

GREY UNION BLANKETS, very special values. At \$2.39 and \$2.79 a pair.

"NASHUA" WOOLNAP BLANKETS, in blue, tan and grey plaids, sizes 60x80. At \$3.75 pair.

"NASHUA" WOOLNAP BLANKETS, with pink or blue borders, size 60x80. At \$3.75 a pair.

ALL WHITE FLANNELETTE SHEETS: Plain. Twilled. Size 60x80, 75c each. Size 60x90, \$1.10 ea.

Secure your Flannelette Blankets now to insure against the further advances in price. We have a large stock on hand of all sizes 10-4, 11-4 and 12-4.

EXTRA LARGE-SIZED COMFORTERS, with plain colored borders and dainty patterns in centre, in blue, pink and rose; size 72x78.

Those with sateen borders are \$3.95 each. Those with silk borders are \$4.50 each.

FANCY SATEEN COMFORTERS, in pretty Dresden effects, a good-wearing and practical comforter. At \$3.50 each.

New Comforters

Receiving a large shipment the past week, our stock is now complete.

PRETTY COMFORTERS, with plain borders of pink, yellow, blue or green. Very special at \$2.95 each.

LOW-PRICED COMFORTERS in great variety. At each \$1.50, \$1.95, \$2.19, \$2.50 and \$2.75.

DOWN COMFORTERS at \$5.00, \$7.50, \$10.00, \$13.50, \$15.00 and \$16.00.

GRAY'S LIMITED.

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS
140 DUNDAS STREET
Phone 115, 116.

GRAY'S LIMITED.

that has mud stains on? Gasoline has no effect on it?

Has anyone a good recipe for sweet pickles and how to keep them green like the ones we get at the store?

Thanking you in advance, I remain one born in.

OCTOBER.
Ans—"Snow Drop" will surely be pleased to note your recipe.

White felt is pretty difficult to deal with. You might try the method advised by this reader, who had good success in cleaning a Panama hat. "Some- one told me to get a toothbrush and a bottle of peroxide, and just put a little in a saucer and dip the toothbrush in the peroxide and brush the hat well. Be sure the hat is on a flat surface with something white underneath. When you have gone over all the hat just wipe it gently with a nice clean cloth. It is best also to brush the hat off well before starting to clean. My hat is now just as good as new and perfectly clean. This, I think, might apply in the case of felt hats also, but it would be best to put the hat in the sun afterwards to bleach."

2. Referred to readers.

Who Said Lemon Pie?
Dear Miss Grey—I am sending a recipe for lemon pie filling, which I learned at our W. C. I. cooking class. I think a great deal of it, and they say I home here that it is about the only thing I can cook good. I hope some- body likes it. I am in the second form of the Windsor Collegiate. Am I far enough advanced for my age?

If I were you I would not be able to stand to hear what some say about the soldiers and their wives. Well, here is a usual question. What do you think of my writing? Also, I weigh 135 pounds and am 5 feet. Am I very badly proportioned? I remain, A STUDENT.

Ans.—Well, place the recipe in the Cook Book anyway, and see what success folks have with it.

I should say you were getting on quite well at school. Your writing is neat. Cannot say about the proportions, as it largely depends on how the hundred plus is distributed.

Has Rosy Checks.
Dear Miss Grey—I. I have rosy cheeks lately and am becoming quite blotchy. Could you give me some remedy to cure this?

2. Could you give me the name of some good face cream? Is it harmful to the skin if put on at night and washed off again in the morning?

3. I am nearly 16 years old and have a good voice I am told. Do you think too young to take vocal lessons?

I sign myself, A CLERK.

Ans.—The root of the trouble is probably impurities in the system. Clear the blood by means of a physician's prescription, keep the bodily organs in good working order, exercise freely in outdoor air, eat food not too rich or highly spiced, and you should have your rosy cheeks back once more, free from blemish.

2. There are many very good preparations sold, and by trying different brands, you can get one that suits your skin. Can do no harm if applied as you suggest.

3. Should think not, but a voice teacher could tell much better than I can.

Should Admire All.
Dear Miss Grey,—In answer to "I Don't Know," letter, I guess she is a Canadian girl, you think. Kind of Grey, that she would any kind of 16th? She says the band plays beautifully. The band has nothing to do with the bravery or goodness of the safe return. World was received of another boy's death from this town last Sunday. There have been good boys leave from all parts of Canada, so let

"I Don't Know" hide her face till she has the heart to come into the Mail-Box and praise all battalions. I remain,

A BADEN-POWELL GIRL GUIDE.

Is No Trouble.
Dear Miss Grey,—I have inclosed addressed envelope for return of recipe from "W. A. S." as I have another inquiry for it. Sorry to bother you over such a trifle.

I was rather amused to note that "Without a Struggle" referred to me as "her." Sure and I thought the Mail-Box people were wise to "Lonely." Thanking you for your trouble, I am, sincerely yours, ORIGINAL LONELY.

Ans.—No bother at all, "O. L." The recipe is returned, with thanks.

Husband and Sons.
Dear Miss Grey,—Inclosed find four Magic Baking Powder coupons. If "Cheatin'" has (or could get) pair of boy's rompers that did up the backs of any kind, and cut pattern from them, with longer leg, and shape of foot from child's stocking, she would have a fine pair of sleepers for her boy.

I often have a cry over the letters regarding soldiers' wives. My husband and two sons are all soldiers; the eldest boy was wounded during July after fourteen months in trenches, the other boy went with the 4th, and my husband is still in Borden. It was hard for him to see his wife and two boys after part from them one after the other. Have also four brothers in the British army, one of whom has the D. C. M. and Victoria cross; also two brothers-in-law killed. One was killed in August, 1915, and they have only just heard from war office to that effect, as he was first reported missing for over a year. There are also in both my husband's and my people's families fighting in the British army and Red Cross nurses.

Trusting I have not intruded too long and may come again.

SOLDIER WIFE AND MOTHER.
Ans.—There's very few of us but are touched more or less by the tragedy of the great conflict, but some seem to have more than their share of loneliness and anxiety. May heaven bless you and your family, dear woman, and restore all safely to you.

"A Student."
Recipe for Lemon Pie Filling.—Three-eighths cup flour, 1 cup sugar; mix together; 1 cup boiling water; stir quickly into the flour and sugar; cook in a double boiler until quite thick. Stir in beaten yolks of two eggs, also during the one teaspoon butter, 4 tablespoons lemon juice. If not thick enough cook longer.

"Patience" Comes Again.
Dear Miss Grey,—Here I am again to bother you. I could not make a block for "Aunt Nanette's" love quilt, but I am sending 10 cents. Has "True Patriot" ever sent in her hair recipe yet? I would like to get it. I will sign my name, PATIENCE.

P. S.—Could you give me some points on writing a letter of congratulations to a married sister, who is living in another city?

Ans.—Your time is added to Auntie's fund. "True Patriot," how about that hair-growing recipe?

Letters to sisters are not, as a rule, formal, my dear. Should think you'd just be bubbling over with joy to think of your sister's happiness, and then it's not so difficult to write your thoughts. Say how glad you were to hear of her marriage, that you long to see her; voice every good wish for her mutual happiness, and a long wedded life together. A flood of home news as sisters always do, for, no doubt, her thoughts will turn to "home" occasionally, even though she's ever so happy and busy in fixing up the new nest!

Does She Mean Tr—?
Dear Miss Grey,—I. Do you think it would be all right for the members of the Women's Emergency Corps to wear a uniform?

2. What color would be nice for a W. E. C. uniform?

3. Of all the nations at war, which one has the largest aeroplanes?

4. How many troops has Canada under arms at present date?

5. Could you tell me how many officers and men are in a company, a platoon, a battalion, etc.?

6. Would like to adopt one of "Engineer's Wife's" orphans. Will explain what I want. It is this: The full name and address of a soldier now in France, that hasn't any relations to send him parcels. I think I could send a couple of letters a month.

7. What does C. C. L. H. stand for?

8. What do you think of my writing? Am inclosing 10 cents for "Aunt Nanette's" Will sign.

COLONEL TIDLEY OF THE K. K. C.'S.
Ans.—I. They have my permission, I'm sure; but it is not a matter for the officers and members to decide? Would not a badge or button do equally well?

2. Couldn't say.

3. It might take hours to find such information, and then I doubt if it would be absolutely up-to-date.

4. Here again, I'm not able to obtain definite figures, but it's something like two hundred thousand.

5. A section is composed of 16 men, in charge of a sergeant; 4 sections make a platoon (60), under a lieutenant, and (second in command) platoon sergeant; four platoons make a company (240 men), under a major, and (second) captain; 4 companies make a battalion (1,000), including officers, commanded by a lieutenant-colonel, senior major, junior major, and adjutant; four battalions make a brigade; four brigades make a division.

6. The name of one of the "orphans" will be sent you.

7. I do not know.

8. Not very much. Please use ink or a better pencil next time.

GET RID OF THOSE PIMPLES
Cuticura Soap and Cuticura Ointment will help you when all else fails. Nothing better for the skin, sample of each free with 32-page skin book. Address Cuticura, Boston, U. S. A.