Toronto.

in Canada

ission will



Y GERMANS



unk by the Germans on on the Great Lakes and

irdered sitting at the b. shot through the

LENTEN RECIPES FOR HOUSEWIFE

Devilled Crabs One pint meat from shells, I tea spoonful each of made mustard ninced parsley and lemon juice; fill shells with mixture, crumb and bak in a hot oven; garnish with green parsley and lemon.

MRS. JOHN W. MADDEN

This strong, dust-tight carton, packed by

machinery at the refin-

ery, is appreciated by particular housewives

not only for its perfect

cleanliness but for its

convenience. Just cut

off the corner and

pour out the sugar as

Lantic

Sugar

"The All-Purpose Sugar"

2 and 5-lb cartons

10 and 20-lb bags

ATLANTIC SUGAR

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Power Building

Have you

Indigestion?

Your food will continue to dis-

agree with you, and cause dis-

tress until you strengthen your

digestive organs, and tone and

sweeten the stomach. You can

do this quickly and surely by

Their natural action relieves

the stomach of undigested food,

stimulates the flow of gastric

uice, renews the activity of

the liver and bowels, and

strengthens the digestive sys-

tem. Take them with confidence, for 60 years' experience prove that Beecham's Pills

Are good for

the Stomach

AGREEMENT REACHED.

Calgary, Alb., March 20 .- Provis-

tors show a reasonable attitude in

the negotiations now in progress has

been reached by the sub-committee in conference between the operators

ave been made by each side and the

perators have signified their con-

sent to a five per cent. increase and

rom five to twelve and one half per

cent until the end of the war.

e retention of the war bonus of

For the Laundry

For the Household

It is the greatest value in soup

you can get

today - it

is really

very

nd their employees. Concessi

by Courier Leased Wire.

you need it.

Lobster a la Newburg Take one whole lobster; cut up in pieces about as large as a hipkory nut; put in the same pan with a piece of butter size of a walnut; season with salt and pepper to taste, and thicken with heavy cream sauce; add the yolk of one egg and 1-2 cun sherry wine. Worcester. MRS. EDNA W. FORD.

Scallops Drain them, season with salt and pepper, dredge with flour or dip in beaten egg and bread crumbs: put them in a frying basket; plunge in boiling fat and cook a minute and a half; lift them out; lay on brown paper to drain: serve on hot dish garnished with parsley and sliced mon. MRS. L. M. GREELEY. Concord, N. H.

Creamed Salt Codfish One box shredded codfish: rinse in cold water; add 1 pint milk; let come to a boil; beat the yolk of two eggs to a cream; stir in the crean till it begins to thicken: do not le it boil; now whip the whites to stiff froth and stir it; add 1 table spoonful butter, pepper to taste; served with boiled or baked potatoes.

LUCY BAKER.

Escalloped Oysters One quart fine oysters, 1 coffee cupful pounded cracker, 2 table spoonfuls butter, 1-2 cup cream; season to taste; butter a baking dish and cover the bottom pretty thickly with pounded cracker; we with oyster liquor and a few spoon fuls cream: next lay oysters 1 deep closely over these; pepper and salt and small piece of butter on each; another layer of crumbs, wet as be-fore, more oysters; proceed in same way until the dish is full, making top layer of crumbs with butter dotted over it; put in oven: invert plate or tin pan over dish, bake un- it not be ranked as the least consid- She has a grievance against them. till juice bubbles up to top; uncover; set upon upper grating of oven to brown; serve in baking dish with New Dorchester. MARY S. GRAY.

RAILWAY REORGANIZATION

plan for reorganization of the Boston and Maine railroad system which it is said has been endorsed by the Boards of directors of all the lines involved was announced yesterday morning by Benjamin A. Kimball, president of the Concord and Montreal road. It proposes the forma-tion of a new corporation, which

ontinue at the same rate.

Common stock holders of the Boson and Maine will be asked to sub- will resent that!

SENSORSHIP ABOLISHED By Courier Leased Wire Copenhagen, March 19 .- The ediional agreement, whereby the miners tor of The Russky Slovoe of Moscow in this district will continue work has sent a telegram to the newsafter March 31, providing the opera- papers in Stockholm and Sweden, announcing that all political censorship in Russia has been abolished. This was the first private telegram received here from Russia in a week,

HOTEL DAMAGED.

By Courier Leased Wire Poughkeepsie, N.Y., March 20. Fire early to-day destroyed the Morgan House with a loss of more than \$250,000, routing 75 guests in their nightclothing, and causing injury to a score or more of persons. Apparently there was no loss of life. At least three large business concerns were wrecked by fire and water.

COST OF THE WAR

Courier Leased Wire. London, March 20 .- Replying to a question in the House of Commons esterday, Andrew Bonar Law, chandaily expenditure of the British Government from April 1, 1916, to March 31, 1917, would work out at

Aeroplanes skimmed above the everglades of Florida seeking three New York engineers believed to be lost in the swamps.

COURIER AGENTS

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deGREGOR, J., corner Pearl and Rich-

The RITCHIE BUTTON Co. Phone 2055 53 Colborne St.

Scalloping,



New Salada Tea Building, Boston, Mass.

This new building for the "SALADA" Tea Company is situated at Stuart and Berkeley Streets, Boston. It is constructed of granite and limestone and has eight stories and basement. It is believed to be the largest building in the world devoted exclusively to the product of the tea-gardens. Architects, Densmore & LeClear, Boston.



"And among the merits and hap-, Some little disagreement comes up piness of Elinor and Marianne, let between the wife and her family. erable that though sisters, and liv- She magnifies it (as people with coolness between their husbands.

That is the concluding sentence of ears. one of my favorite novels, Jane Aus-Concord, N. H., March 20.—The lan for reorganization of the Bosmany of Jane's Austen's apparently commonplace sentences, there are volumes of suggestion packed away.

She Thinks Wives Produce This tion of a new corporation, which shall assume by consolidation existing leases or accomplishment of the plans through the present corporation. Dividends to leased lines will is sometimes the fault of the wife.

Why indeed? One Way In Which They Do It. And yet I think many women do.

And this, I think, is one way that

they do it.

ing almost within sight of each other grievances do); she goes back into they could live without disagreement the past and drags out other griev-between themselves or producing ances to keep it company. And she tle man who had come with him but pours all this into her husband's he was nowhere to be seen. Of course he sympathizes with her ed their feet in the air.

and agrees that her family are unappreciative and unreasonable. He Doesn't Get Over it so Easily
Then by-and-by the wife has her

grievance out with her family with one of those storms of air clearing Land before." frankness which is permissible withments. And she expects her husband to forget as quickly. But he has not had the same air-clearing thunder. Tommy. on the surface but underneath there is often a residue of resentment of upside down men, frightening them

gret and try in every way to do ed his toys, right side up. away with.

this picture.

Our Daily :: Pattern Service

Valuable Suggestions for the Handy Homemaker_Order any Pattern Through The Courier. Be sure to State Size

CHILD'S DKESS.



evils that hindered many from reaching maturity were folds about the feet, around the neck and a bood over the head. To-day the children have a niche to themselves in the world of dress and we find them healthy and comfortable. Any woman with a child to dress will interested in the little frock pictured.

The waist is cut on plain lines, made with front closing and is finished at the neck with a cape collar of contrasting goods. A one piece gathered skirt allows freedom of movement necessary for the happiness of a lively child. Long or short sleeves may be chosen, and while the pockets may be omitted they really look as if they belong to the dress. Gingham, linen, galatea or the light-

weight woollen goods in checked pattern and trimmed with buttons will give a pretty little frock. Just now the shops are showing an assortment of spring and summer goods that will arouse any one's enthusiasm. The "eye value" of the dress should prompt you to copy the model. One of the important things that has The dress pattern No. 8,180 cuts in happened in the last few years is the iu- sizes 2 to 8 years. To make in size 4 re-

crease of sense in dressing infante and quires 1% yards of 36 inch material and children. Time was when they were 1/2 yard of 18 inch contrasting goods. swathed in flannels, bandages and stiff To obtain the pattern send 10 cents to materials that caught the dirt, and other the office of this publication,

Buttons,

Hemstitching,

Pleating, Picot Edging

IN THE LAND OF UPSIDE DOWN One day when Tommy was playing in the nursery, he heard a tiny cough at his side. There stood a little man, head down, walking on his

"Well, of all things! Don't you know you're upside down?" asked

"Upside down yourself; little boys are always walking upside down to us in Upside-down Land," replied the little man. The lion and tiger ran out of the

corner and stood on their heads, roaring loudly, the toy horse followed, and before long all the toys in the nursery were walking on their heads. Tommy tried to stand on his head too, but fell down. "Oh you can't stand on your head

until you have first been to the land of Upside Down," said the little man, and he told Tommy to jump on his hobby horse and he would take him there. So Tommy sat on the horse and the little man got on behind him, waving his feet above Tommy's head.
They rode a long way through

fairy forest. All the animals were walking on their heads, birds flying in the air were upside down. trees and flowers grew upside down.
"This is a funny land," thought
Tommy, and he was glad he came. They reached a cave. It was so dark that Tommy was afraid to enter, but the horse bounded in. beautiful little town spread before him; all the houses were upside down. In the centre stood the palace of Upside Down Land, and the little man hopped off the horse and ran up the steps and knocked. A little man opened the door, and he too was standing on his head.

Everything Was Upside Down "I have brought Tommy to see Upside Down Land," said Tommy's companion, and he bade Tommy en-

The horse ran up the steps into the palace. The halls were crowded with little people all walking on their heads, and they stopped to stare at

Tommy and his horse. "Have you ever been in "Upside-down-land before?" asked the King, who was sitting on his throne upside-down, and Tommy said "No."
"Who brought him in?" cried the

all crowded around Tommy and wav-"Turn him upside-down," com

manded the King, "for he is the one who has turned us upside-down." "That is impossible," said Tommy "for I never was in Upside-down

"That's true, but there's hardly It is the latter part of the senin families. She gets all over her a day goes by that you do not stand in families. She gets all over her some of us toys on our heads. Do as send the particularly interested "mad" and forgets all her resent-

From behind the throne rushed storm and he cannot have the same change of heart. He may appear to Tommy's toy animals. The lion and

ton and Maine will be asked to subscribe \$30 for each share of their present holdings to a new issue of common stock. It is proposed to acquire the Hampden railroad by bond issues.

will resent that!

They will say, "How foolish!
That's the very last thing we would we have any have become great enough to produce that coolness which the wife will then bitterly result in the grievances she painted to him so away.

"Come!" cried the soldier boy, jumping behind Tommy on the horse residue may have become great enough to produce that coolness which the wife will then bitterly result in the grievances she painted to him so away.

"Come!" cried the soldier boy, jumping behind Tommy on the horse residue may have become great enough to produce that coolness which the wife will then bitterly result and ran over in the corner and turnation.

"That was a narrow escape, I wonder if any wife will recognize fellow," said Tommy as he patted the soldier boy on the back.

WOMEN'S INSTITUTE

The regular meeting of the Moje Franquility Women's Institute was held at the home of Mrs. Depew, Paris Road on March 14th, wit's about forty members present. The President Mrs. G. T. Wood presiding. O, Canada was sung as the opening selection followed by the rollicall. Letters were read from a number of the boys overseas, thank-ing the ladies for boxes sent to them at Christmas. It was decided to send boxes to them again during the present week. A hearty vote of thanks was tendered Tranquility Farmber's Club for their very gentary to the Institute in erous donation to their very gen-erous donation to the Institute in aid of their Red Cross Work. A beautiful instrumental solo was giv-en by Miss Depew, Mrs. Sayles ren-dered a vocal solo which was very much appreciated by all. An address was given by Mrs. George Barnie of The Charm of Personality," and talk and demonstration on China Painting. These being exceptionally good were very much enjoyed. The hostess served dainty refreshments and the singing of God Save the King brought a happy and profitable afternoon to a close. The next meeting will be held at the home of Mrs. R. Crichton in April.

Motor car thefts in Kansas City verage in value \$2,000 each day, and insurance companies propose to revise their rates upward as regards ing wind which so intense is, it ning, all pleased that she enjoys that city. Some makes of cars will not be insured at all on account of their attractiveness to thieves.

WHEEZY COUGH and ASTHMA Cured By

ENO'S LIGHTNING COUGH CURE It is quite wonderful how Veno's Lightning Cough Cure overcomes Veno's is one of the highest value. It gives tone and strength to the stores throughout Canada.

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Anna Case (The Miracle Girl of the Metropolitan.)
Albert Spalding (America's Premeir Violinist)
Marie Rappold (Prima Donna Soprano of Metropolitan)
Thomas Chalmers (Baritone of Boston Opera Company) Otto Goritz (Baritone of Metropolitan Opera Company)
Zenatello (Recently Knighted by the King of Italy)
We may also mention Martinelli, Bonci, Cisneros, Karl Jorn,
Heinrich, Calr Flesch, and many others. Edison Phonographs are sold by-

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Let us supply your needs from our complete stock of enamelware, Aluminum ware and Galv. Ware.

All goods first quality and prices right.

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All sizes. Preserving Kettles All sizes.

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120 MARKET STREET - Open Evenings ******



In March the climate has gone noon we're roaming, and we are

crazy; one day is sweet and calm and hazy, like something swiped from Indian summer; the next day is an old time hummer, with howiblows you through some barbed wire her inning. The grim old winter's down and pelts you, and then the tropic sunshine melts you, and while month is throwing, to celebrate old

A storm of hail comes gallivanting; that is the moral of a sudden deluge drowns you, a streak of lightning comes and down you. No man can say just what the weather will be for two short hours together. We're sunstruck when at

The railroads of the United States those wheezy coughs that are so troublesome. The reason is that Veno's losens the phlegm which are facing an increase of \$130,000,causes the cough, and so the sufferer declared officials, who expressed gets relief at once. In Asthma also concern at the effect on earning concern at the effect on earning

power and credit.
Six thousand six hundred bushels bronchial system, and helps nature of potatoes are being held in cars in one railroad yard at Buffalo and have been there from six to ten days. Freely during attack. Price 30 cents Demurrage charges are said to be less then the cert for unloading and and 60 cents, from druggists and less than the cost for unloading and storing potatoes.

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